

14. THERAmed-ADAM-RIESE Silvesterlauf 2024

Hauptlauf - 31.12.2024 - Bad Staffelstein



| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Runde 1 | Runde 2 | Runde 3 | Runde 4 | Zeit |
|-------|---------|---------|------------------------|-----------------------------|------|------|-------|----------|----------|----------|----------|----------|
| 1 | 1 | 65 | David Gärtlein | TSV 1860 Staffelstein | | 1992 | M30 | 00:03:48 | 00:10:35 | 00:17:25 | 00:24:14 | 00:31:01 |
| 2 | 1 | 80 | Leon Schübel | Laufteam Bayern | | 1997 | MU30 | 00:03:50 | 00:10:56 | 00:18:05 | 00:25:19 | 00:32:29 |
| 3 | 2 | 204 | Florian Beck | SV Bergdorf Höhn | | 1995 | MU30 | 00:04:01 | 00:11:13 | 00:18:25 | 00:25:37 | 00:32:37 |
| 4 | 2 | 217 | Michael Kalb | Team P3 | | 1993 | M30 | 00:04:02 | 00:11:13 | 00:18:25 | 00:25:37 | 00:32:47 |
| 5 | 1 | 253 | Dominic Arnold | SC Kemmern | | 1987 | M35 | 00:04:07 | 00:11:46 | 00:19:26 | 00:27:03 | 00:34:38 |
| 6 | 3 | 69 | Maximilian Fleischmann | TSV Iphofen | | 1997 | MU30 | 00:04:12 | 00:11:59 | 00:19:41 | 00:27:28 | 00:35:03 |
| 7 | 3 | 260 | Luca Rausch | | | 1991 | M30 | 00:04:14 | 00:11:58 | 00:19:43 | 00:27:30 | 00:35:06 |
| 8 | 4 | 2 | Maxi Spahn | Giant Hersbruck/RVC Trieb | | 1995 | MU30 | 00:04:02 | 00:11:45 | 00:19:42 | 00:27:31 | 00:35:26 |
| 9 | 1 | 229 | Johannes Kroiß | TG Kitzingen | | 1979 | M45 | 00:04:15 | 00:12:10 | 00:20:10 | 00:28:07 | 00:35:58 |
| 10 | 5 | 307 | Markus Thierstein | | | 2000 | MU30 | 00:04:24 | 00:12:19 | 00:20:16 | 00:28:20 | 00:36:13 |
| 11 | 1 | 290 | Stefan Zimmermann | SV Einheit Eisenach | | 1981 | M40 | 00:04:30 | 00:12:33 | 00:20:30 | 00:28:30 | 00:36:23 |
| 12 | 4 | 328 | Mario Knop | SG Eltmann Mainathlon | | 1993 | M30 | 00:04:28 | 00:12:39 | 00:20:50 | 00:28:51 | 00:36:41 |
| 13 | 6 | 85 | Paul Kaiser | | | 1997 | MU30 | 00:04:29 | 00:12:32 | 00:20:29 | 00:28:33 | 00:36:50 |
| 14 | 5 | 309 | Johannes Zillig | IfA Nonstop Bamberg | | 1994 | M30 | 00:04:39 | 00:12:48 | 00:20:58 | 00:29:02 | 00:36:55 |
| 15 | 2 | 285 | Frank Neumann | TSV 1860 Staffelstein | | 1986 | M35 | 00:04:45 | 00:13:08 | 00:21:21 | 00:29:20 | 00:37:07 |
| 16 | 7 | 312 | Julian Hatzold | TV Redwitz | | 2003 | MU30 | 00:04:29 | 00:12:43 | 00:21:01 | 00:29:23 | 00:37:36 |
| 17 | 1 | 145 | Julius Kaul | | | 2006 | MJU20 | 00:04:24 | 00:12:42 | 00:21:05 | 00:29:29 | 00:37:40 |
| 18 | 6 | 327 | Martin Hinkelmann | SG Eltmann Mainathlon | | 1994 | M30 | 00:04:15 | 00:12:40 | 00:20:52 | 00:29:20 | 00:37:40 |
| 19 | 8 | 142 | Nicolai Graß | ASC Kronach-Frankenwald | | 2000 | MU30 | 00:04:50 | 00:13:14 | 00:21:30 | 00:29:43 | 00:37:48 |
| 20 | 7 | 225 | Matthias Seiller | Böhnlein Sports Bamberg | | 1994 | M30 | 00:04:39 | 00:13:09 | 00:21:36 | 00:30:08 | 00:38:26 |
| 21 | 9 | 331 | Jonas Thiede | ATS Kulmbach/ Team Wohleben | | 1996 | MU30 | 00:04:28 | 00:12:34 | 00:21:04 | 00:29:45 | 00:38:33 |
| 22 | 8 | 232 | Toni Heimbürger | ASC Kronach-Frankenwald | | 1994 | M30 | 00:04:50 | 00:13:21 | 00:21:47 | 00:30:16 | 00:38:43 |
| 23 | 3 | 241 | Fritz Ferner | ASC Marktrodach | | 1986 | M35 | 00:04:49 | 00:13:21 | 00:21:47 | 00:30:15 | 00:38:43 |
| 24 | 1 | 81 | Michael Mettin | Laufteam Bayern | | 1967 | M55 | 00:04:46 | 00:13:15 | 00:21:47 | 00:30:22 | 00:38:57 |
| 25 | 9 | 219 | Lucas Schindhelm | SV Bergdorf Höhn | | 1993 | M30 | 00:04:19 | 00:12:51 | 00:21:34 | 00:30:20 | 00:38:58 |
| 26 | 2 | 296 | Daniel Deuber | IfA Nonstop Bamberg | | 1984 | M40 | 00:04:41 | 00:13:07 | 00:21:39 | 00:30:17 | 00:38:58 |
| 27 | 3 | 236 | Matthias Fröhlich | SC Kemmern | | 1982 | M40 | 00:04:52 | 00:13:28 | 00:22:12 | 00:30:59 | 00:39:39 |
| 28 | 4 | 317 | Chris Klein | | | 1986 | M35 | 00:04:52 | 00:13:41 | 00:22:25 | 00:31:09 | 00:39:46 |
| 29 | 10 | 333 | Elias Hertel | | | 2000 | MU30 | 00:04:30 | 00:12:48 | 00:21:51 | 00:31:16 | 00:40:16 |
| 30 | 11 | 111 | Paul Zeise | Turbine Silvester | | 1997 | MU30 | 00:05:05 | 00:13:45 | 00:22:39 | 00:31:35 | 00:40:21 |
| 31 | 12 | 256 | Joshua Kaul | Vwi Bayreuth e.V | | 2004 | MU30 | 00:04:27 | 00:13:16 | 00:22:26 | 00:31:34 | 00:40:22 |
| 32 | 2 | 330 | Sven Müller | ASC Kronach-Frankenwald | | 1978 | M45 | 00:04:43 | 00:13:39 | 00:22:39 | 00:31:38 | 00:40:26 |
| 33 | 13 | 122 | Luis Grambole | TV 1848 Coburg | | 2001 | MU30 | 00:05:00 | 00:13:55 | 00:22:51 | 00:31:44 | 00:40:34 |
| 34 | 3 | 298 | Steffen Ehrlich | SV Schottenstein | | 1977 | M45 | 00:05:05 | 00:14:16 | 00:23:15 | 00:32:09 | 00:40:43 |
| 35 | 2 | 266 | Klaus Geuß | SC Kemmern | | 1965 | M55 | 00:04:47 | 00:13:42 | 00:22:43 | 00:31:46 | 00:40:50 |
| 36 | 10 | 249 | Vadim Kuscher | Böhnlein Sports Bamberg | | 1994 | M30 | 00:04:34 | 00:13:32 | 00:22:40 | 00:31:52 | 00:40:56 |
| 37 | 14 | 211 | Christopher Freund | | | 1997 | MU30 | 00:04:52 | 00:13:48 | 00:22:54 | 00:32:03 | 00:41:05 |
| 38 | 2 | 257 | Samuel Kaul | FC Coburg | | 2006 | MJU20 | 00:04:27 | 00:13:15 | 00:22:32 | 00:32:23 | 00:41:13 |

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| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Runde 1 | Runde 2 | Runde 3 | Runde 4 | Zeit |
|-------|---------|---------|--------------------|------------------------------------|------|------|-------|----------|----------|----------|----------|----------|
| 39 | 15 | 132 | Stefan Schnapp | 1.FC Altenkunstadt | | 1995 | MU30 | 00:04:56 | 00:14:09 | 00:23:26 | 00:32:43 | 00:41:15 |
| 40 | 3 | 182 | Nils Körber | | | 2005 | MJU20 | 00:05:00 | 00:13:53 | 00:22:47 | 00:32:08 | 00:41:15 |
| 41 | 16 | 54 | Nico Neudorfer | RMV Concordia Strullendorf | | 1995 | MU30 | 00:04:34 | 00:13:38 | 00:22:51 | 00:32:12 | 00:41:18 |
| 42 | 4 | 72 | Andreas Greiner | SV Bergdorf Höhn | | 1981 | M40 | 00:05:00 | 00:13:52 | 00:22:56 | 00:32:09 | 00:41:21 |
| 43 | 11 | 36 | Lukas Geuß | TV Ebern Handball | | 1993 | M30 | 00:04:45 | 00:13:38 | 00:22:36 | 00:32:03 | 00:41:30 |
| 44 | 5 | 293 | Peter Dietz | IfA Nonstop Bamberg | | 1986 | M35 | 00:04:53 | 00:13:58 | 00:23:15 | 00:32:37 | 00:41:40 |
| 45 | 17 | 329 | Fabian Will | Die 3 von der Tankstelle | | 2001 | MU30 | 00:05:20 | 00:14:18 | 00:23:22 | 00:32:46 | 00:41:43 |
| 46 | 6 | 128 | Patrick Engelhardt | Run and Bike-Team Coburg e.V. | | 1987 | M35 | 00:05:03 | 00:14:09 | 00:23:26 | 00:32:55 | 00:41:57 |
| 47 | 12 | 268 | Walter Epp | SC Kemmern | | 1992 | M30 | 00:04:50 | 00:13:56 | 00:23:15 | 00:32:44 | 00:41:58 |
| 48 | 7 | 258 | Ivan Solskyy | Bamberg:UA | | 1988 | M35 | 00:05:08 | 00:14:17 | 00:23:35 | 00:32:58 | 00:42:06 |
| 49 | 1 | 164 | Joachim Kleinlein | SG Neunkirchen am Brand | | 1963 | M60 | 00:05:01 | 00:14:26 | 00:23:43 | 00:32:57 | 00:42:07 |
| 50 | 3 | 233 | Matthias Schmidt | ASC Kronach-Frankenwald | | 1968 | M55 | 00:05:09 | 00:14:28 | 00:23:43 | 00:32:58 | 00:42:12 |
| 51 | 4 | 321 | Sven Unterer | ASC Kronach-Frankenwald | | 1977 | M45 | 00:04:51 | 00:13:56 | 00:23:25 | 00:33:02 | 00:42:28 |
| 52 | 5 | 303 | Sebastian Fischer | Fanclub Marlene Fischer | | 1980 | M40 | 00:05:15 | 00:14:30 | 00:23:43 | 00:33:13 | 00:42:37 |
| 53 | 8 | 289 | Heinrich Hofmann | RVC Trieb | | 1988 | M35 | 00:05:23 | 00:14:26 | 00:23:37 | 00:33:01 | 00:42:43 |
| 54 | 9 | 250 | Rolf Herrling | Team Icehouse e.V. | | 1986 | M35 | 00:05:19 | 00:14:32 | 00:23:53 | 00:33:19 | 00:42:52 |
| 55 | 6 | 130 | Florian Kolb | 1.FC Altenkunstadt | | 1982 | M40 | 00:05:07 | 00:14:29 | 00:23:58 | 00:33:36 | 00:42:56 |
| 56 | 7 | 263 | Oliver Ochs | Team Wagner Keller Kemmern | | 1983 | M40 | 00:05:01 | 00:14:19 | 00:23:52 | 00:33:42 | 00:43:33 |
| 57 | 18 | 161 | Elmar Geuß | FFW Ebern | | 2002 | MU30 | 00:04:48 | 00:14:29 | 00:24:17 | 00:34:04 | 00:43:35 |
| 58 | 5 | 240 | Andreas Wicovsky | R.V. Concordia Wolfsloch | | 1978 | M45 | 00:05:18 | 00:14:53 | 00:24:31 | 00:34:11 | 00:43:36 |
| 59 | 8 | 210 | Sebastian Gründel | FFW Uetzing | | 1982 | M40 | 00:05:14 | 00:14:45 | 00:24:20 | 00:34:01 | 00:43:37 |
| 60 | 19 | 67 | Philip Schnapp | | | 2003 | MU30 | 00:06:05 | 00:15:15 | 00:25:51 | 00:34:54 | 00:43:44 |
| 61 | 9 | 325 | Michael Hartmann | | | 1982 | M40 | 00:04:54 | 00:13:59 | 00:23:33 | 00:33:33 | 00:43:56 |
| 62 | 20 | 34 | Nico Senff | TV Ebern Handball | | 2001 | MU30 | 00:04:55 | 00:14:25 | 00:24:18 | 00:34:22 | 00:44:21 |
| 63 | 6 | 246 | Andy Jacob Law | | | 1979 | M45 | 00:05:12 | 00:15:04 | 00:25:02 | 00:34:46 | 00:44:26 |
| 64 | 21 | 212 | Jonas Dinkel | Schwabthaler SV | | 1996 | MU30 | 00:05:40 | 00:15:35 | 00:25:27 | 00:35:14 | 00:44:28 |
| 65 | 10 | 276 | Michael Ultsch | Böhnlein Sports Bamberg | | 1980 | M40 | 00:05:15 | 00:14:47 | 00:24:27 | 00:34:34 | 00:44:30 |
| 66 | 13 | 44 | Simon Rippstein | 1. FC Rentweinsdorf | | 1994 | M30 | 00:05:27 | 00:15:25 | 00:25:26 | 00:35:13 | 00:44:31 |
| 67 | 1 | 121 | Leo Gagel | TSV Ebensfeld Fussball | | 2008 | MJU18 | 00:04:51 | 00:14:20 | 00:24:34 | 00:34:45 | 00:44:39 |
| 68 | 7 | 27 | Sven Hofmann | Bayernstammtisch Kronachtal | | 1975 | M45 | 00:05:43 | 00:15:41 | 00:25:32 | 00:35:17 | 00:44:44 |
| 69 | 14 | 104 | Jonas Weissenseel | | | 1993 | M30 | 00:06:14 | 00:15:44 | 00:25:15 | 00:35:02 | 00:44:51 |
| 70 | 11 | 147 | Rene Redelberger | Radfahrverein Concordia Birkenfeld | | 1981 | M40 | 00:05:09 | 00:14:48 | 00:24:52 | 00:35:14 | 00:45:09 |
| 71 | 12 | 186 | Florian Maier | | | 1981 | M40 | 00:05:47 | 00:15:48 | 00:25:46 | 00:35:35 | 00:45:11 |
| 72 | 22 | 156 | Winfried Geuß | FFW Ebern | | 1997 | MU30 | 00:05:26 | 00:15:13 | 00:25:07 | 00:35:38 | 00:45:14 |
| 73 | 4 | 53 | Stephan Westhäuser | ASC Marktrodach | | 1965 | M55 | 00:05:32 | 00:15:33 | 00:25:21 | 00:35:17 | 00:45:17 |
| 74 | 23 | 248 | Johannes Degel | | | 1995 | MU30 | 00:05:31 | 00:15:34 | 00:25:31 | 00:35:32 | 00:45:17 |
| 75 | 10 | 281 | Sebastian Dicker | | | 1988 | M35 | 00:05:40 | 00:15:41 | 00:25:41 | 00:35:39 | 00:45:17 |
| 76 | 13 | 25 | Markus Kerner | | | 1982 | M40 | 00:05:26 | 00:15:14 | 00:25:18 | 00:35:27 | 00:45:18 |

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|-------|---------|---------|----------------------|-------------------------------|------|------|-------|----------|----------|----------|----------|----------|
| 77 | 14 | 271 | Bastian Byczok | Coburg CrossFit | | 1984 | M40 | 00:05:34 | 00:15:34 | 00:25:29 | 00:35:34 | 00:45:28 |
| 78 | 24 | 40 | Daniel Reich | SV Heubach | | 1999 | MU30 | 00:05:08 | 00:15:13 | 00:25:32 | 00:35:35 | 00:45:29 |
| 79 | 25 | 324 | Tim Steinke | SC Maroldsweisach | | 1996 | MU30 | 00:05:07 | 00:14:47 | 00:25:04 | 00:35:22 | 00:45:33 |
| 80 | 2 | 71 | Rainer Niekisch | ASV Triathlon Kulmbach | | 1961 | M60 | 00:05:26 | 00:15:24 | 00:25:26 | 00:35:33 | 00:45:36 |
| 81 | 11 | 127 | Björn Frötschner | Run and Bike-Team Coburg e.V. | | 1989 | M35 | 00:05:49 | 00:16:06 | 00:26:07 | 00:36:03 | 00:45:37 |
| 82 | 2 | 137 | Niklas Mohrand | 1.FC Altenkunstadt | | 2007 | MJU18 | 00:05:10 | 00:14:59 | 00:25:10 | 00:35:33 | 00:45:37 |
| 83 | 15 | 47 | Sebastian Fischer | Coburg CrossFit | | 1984 | M40 | 00:05:52 | 00:15:52 | 00:25:49 | 00:35:52 | 00:45:40 |
| 84 | 3 | 46 | Wolfgang Thiem | TSV 1860 Staffelstein | | 1960 | M60 | 00:05:33 | 00:15:41 | 00:25:44 | 00:35:50 | 00:45:45 |
| 85 | 15 | 107 | Max Schulz | | | 1994 | M30 | 00:05:20 | 00:15:18 | 00:25:28 | 00:35:51 | 00:45:45 |
| 86 | 1 | 28 | Dieter Wolf | TV - Burgkunstadt | | 1958 | M65 | 00:05:33 | 00:15:39 | 00:25:42 | 00:35:48 | 00:45:51 |
| 87 | 16 | 87 | Felix Ultsch | | | 1991 | M30 | 00:04:50 | 00:14:42 | 00:25:20 | 00:35:48 | 00:45:52 |
| 88 | 4 | 267 | Felix Harthan | SC Kemmern | | 2005 | MJU20 | 00:05:05 | 00:15:10 | 00:25:26 | 00:35:58 | 00:45:54 |
| 89 | 8 | 199 | Tobias Winkler | der-marathon-toby | | 1979 | M45 | 00:05:32 | 00:15:38 | 00:25:49 | 00:36:08 | 00:45:57 |
| 90 | 12 | 131 | Stefan Dinkel | 1.FC Altenkunstadt | | 1985 | M35 | 00:05:45 | 00:15:56 | 00:26:05 | 00:36:12 | 00:46:10 |
| 91 | 26 | 322 | Philip Kler | | | 2002 | MU30 | 00:05:59 | 00:15:46 | 00:26:03 | 00:36:22 | 00:46:26 |
| 92 | 9 | 153 | Martin Petzendorfer | Team Icehouse e.V. | | 1975 | M45 | 00:06:03 | 00:16:20 | 00:26:35 | 00:36:52 | 00:46:30 |
| 93 | 1 | 20 | Florian Rank | Team Icehouse e.V. | | 1974 | M50 | 00:05:25 | 00:15:32 | 00:25:45 | 00:36:06 | 00:46:36 |
| 94 | 16 | 284 | Matthias Leicht | | | 1982 | M40 | 00:05:54 | 00:15:54 | 00:26:04 | 00:36:23 | 00:46:39 |
| 95 | 17 | 208 | Heiko Andert | | | 1980 | M40 | 00:05:48 | 00:16:09 | 00:26:28 | 00:36:46 | 00:46:45 |
| 96 | 13 | 19 | Tobias Mücke | Coburg CrossFit | | 1986 | M35 | 00:06:06 | 00:16:22 | 00:26:32 | 00:36:47 | 00:46:51 |
| 97 | 17 | 13 | Michael Dressel | Coburg CrossFit | | 1990 | M30 | 00:06:11 | 00:16:13 | 00:26:58 | 00:37:24 | 00:47:19 |
| 98 | 18 | 334 | Florian Betz | | | 1990 | M30 | 00:05:53 | 00:15:59 | 00:26:18 | 00:37:12 | 00:47:31 |
| 99 | 2 | 203 | Oliver Griepentrog | Malicrew e.V. Bayreuth | | 1970 | M50 | 00:05:50 | 00:16:13 | 00:26:38 | 00:37:16 | 00:47:34 |
| 100 | 10 | 200 | Timo Reiß | RunningBros Coburg | | 1975 | M45 | 00:05:44 | 00:16:18 | 00:26:52 | 00:37:32 | 00:47:35 |
| 101 | 14 | 273 | Matthias Fritz | TSV Staffelstein | | 1986 | M35 | 00:06:04 | 00:16:43 | 00:27:22 | 00:37:51 | 00:47:35 |
| 102 | 3 | 222 | Thomas Günther | | | 1972 | M50 | 00:06:07 | 00:16:24 | 00:26:47 | 00:37:16 | 00:47:36 |
| 103 | 1 | 149 | Hannes Friedrich | WSV Scheibe-Alsbach | | 2012 | MJU14 | 00:05:40 | 00:15:45 | 00:26:05 | 00:36:36 | 00:47:40 |
| 104 | 19 | 125 | Christoph Holzheimer | SC Mitwitz | | 1993 | M30 | 00:05:49 | 00:16:16 | 00:26:40 | 00:37:14 | 00:47:48 |
| 105 | 4 | 57 | Holger Stranz | RunningBros Coburg | | 1971 | M50 | 00:05:49 | 00:16:18 | 00:26:57 | 00:37:38 | 00:47:52 |
| 106 | 15 | 51 | Navid Mirzahosseini | | | 1986 | M35 | 00:05:54 | 00:16:15 | 00:26:38 | 00:37:17 | 00:47:54 |
| 107 | 11 | 242 | Markus Lämmlein | Feuerwehr Untertzellitz | | 1979 | M45 | 00:06:07 | 00:16:37 | 00:27:11 | 00:37:52 | 00:47:57 |
| 108 | 18 | 120 | Thomas Borth | d.velop AG Standort Meppen | | 1981 | M40 | 00:05:35 | 00:15:46 | 00:26:24 | 00:37:13 | 00:47:58 |
| 109 | 20 | 209 | Stefan Heidenreich | Tricamp | | 1990 | M30 | 00:06:03 | 00:16:35 | 00:27:16 | 00:37:53 | 00:47:59 |
| 110 | 27 | 37 | Julius Bätz | TV Ebern Handball | | 2001 | MU30 | 00:05:55 | 00:16:20 | 00:26:58 | 00:37:35 | 00:48:01 |
| 111 | 19 | 314 | Richard Wolf | | | 1983 | M40 | 00:06:12 | 00:16:49 | 00:27:24 | 00:37:57 | 00:48:05 |
| 112 | 4 | 144 | Jochen Franz | TSV 1860 Staffelstein | | 1961 | M60 | 00:05:40 | 00:16:15 | 00:26:47 | 00:37:26 | 00:48:08 |
| 113 | 28 | 12 | Niklas Dressel | Coburg CrossFit | | 1999 | MU30 | 00:06:12 | 00:16:14 | 00:26:58 | 00:37:38 | 00:48:13 |
| 114 | 29 | 135 | Niklas Dill | 1.FC Altenkunstadt | | 2001 | MU30 | 00:05:46 | 00:16:09 | 00:26:43 | 00:37:37 | 00:48:14 |

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| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Runde 1 | Runde 2 | Runde 3 | Runde 4 | Zeit |
|-------|---------|---------|---------------------|--------------------------------|------|------|-------|----------|----------|----------|----------|----------|
| 115 | 20 | 311 | Markus Geldner | | | 1980 | M40 | 00:06:17 | 00:16:54 | 00:27:30 | 00:37:53 | 00:48:15 |
| 116 | 5 | 313 | Bernd Großmann | DAV Lichtenfels | | 1969 | M55 | 00:06:13 | 00:16:53 | 00:27:29 | 00:38:04 | 00:48:34 |
| 117 | 21 | 31 | Markus Dürr | FF Remtweinsdorf | | 1991 | M30 | 00:06:00 | 00:16:47 | 00:27:38 | 00:38:33 | 00:48:39 |
| 118 | 30 | 112 | Benedikt Fichtinger | Turbine Silvester | | 1997 | MU30 | 00:05:58 | 00:16:38 | 00:27:23 | 00:38:11 | 00:48:41 |
| 119 | 2 | 259 | Helmut Köhler | TS Herzogenaurach | | 1958 | M65 | 00:05:55 | 00:16:16 | 00:26:50 | 00:37:40 | 00:48:53 |
| 120 | 31 | 332 | Florian Jungkunz | Die Kurzentzschlossenen | | 1997 | MU30 | 00:05:42 | 00:15:45 | 00:26:06 | 00:37:03 | 00:48:59 |
| 121 | 5 | 48 | Johannes Donhauser | TSV 1860 Staffelstein | | 1970 | M50 | 00:06:00 | 00:16:46 | 00:27:30 | 00:38:20 | 00:49:06 |
| 122 | 5 | 251 | Pius Martin | TSV Windheim 1904 | | 1960 | M60 | 00:05:51 | 00:16:39 | 00:27:33 | 00:38:32 | 00:49:08 |
| 123 | 3 | 280 | Eduard Sebald | | | 1959 | M65 | 00:05:51 | 00:16:28 | 00:27:23 | 00:38:22 | 00:49:14 |
| 124 | 22 | 172 | Michael Schadeck | FC Hirschfeld | | 1992 | M30 | 00:05:16 | 00:15:24 | 00:26:06 | 00:37:37 | 00:49:18 |
| 125 | 4 | 227 | Roland Kraus | SC Kemmern | | 1957 | M65 | 00:05:48 | 00:16:29 | 00:27:30 | 00:38:31 | 00:49:19 |
| 126 | 1 | 30 | Jonte Herbst | | | 2010 | MJU16 | 00:05:23 | 00:16:20 | 00:27:02 | 00:38:14 | 00:49:19 |
| 127 | 23 | 189 | Savas Ari | 1. FC Mitwitz | | 1991 | M30 | 00:05:35 | 00:16:08 | 00:27:03 | 00:38:13 | 00:49:21 |
| 128 | 32 | 108 | Karl Burchardt | Turbine Silvester | | 1997 | MU30 | 00:06:17 | 00:17:00 | 00:27:54 | 00:38:48 | 00:49:22 |
| 129 | 33 | 255 | Lars Hucke | | | 2001 | MU30 | 00:06:09 | 00:16:41 | 00:27:28 | 00:38:32 | 00:49:27 |
| 130 | 6 | 76 | Hartmut Bauer | Sparkasse Coburg - Lichtenfels | | 1960 | M60 | 00:06:11 | 00:17:13 | 00:28:08 | 00:39:05 | 00:49:59 |
| 131 | 16 | 116 | Marko Hohner | TSV Buchenrod e.V. | | 1988 | M35 | 00:06:33 | 00:17:53 | 00:28:59 | 00:39:44 | 00:50:02 |
| 132 | 6 | 8 | Heiko Stedler | Ohne | | 1970 | M50 | 00:06:09 | 00:16:46 | 00:27:44 | 00:38:53 | 00:50:06 |
| 133 | 17 | 320 | Christoph Hitzke | | | 1989 | M35 | 00:06:24 | 00:17:24 | 00:28:28 | 00:39:26 | 00:50:10 |
| 134 | 21 | 29 | Jan Martin Herbst | TSVE 1890 Bielefeld | | 1982 | M40 | 00:06:49 | 00:18:14 | 00:29:17 | 00:39:57 | 00:50:17 |
| 135 | 24 | 243 | Joseph Teuber | Aperolis | | 1994 | M30 | 00:06:08 | 00:16:58 | 00:28:01 | 00:39:25 | 00:50:26 |
| 136 | 12 | 214 | Sven Stöckert | Schwabthaler SV | | 1976 | M45 | 00:06:17 | 00:17:03 | 00:27:51 | 00:39:00 | 00:50:27 |
| 137 | 25 | 117 | Johannes Wawrzinek | TSV Buchenrod e.V. | | 1990 | M30 | 00:06:34 | 00:17:54 | 00:28:59 | 00:39:46 | 00:50:29 |
| 138 | 26 | 181 | Kai Fischer | FC Bayern Fanclub Reundorf | | 1992 | M30 | 00:05:27 | 00:15:34 | 00:27:05 | 00:39:03 | 00:50:30 |
| 139 | 18 | 134 | Lukas Friedlein | 1.FC Altenkunstadt | | 1989 | M35 | 00:05:47 | 00:16:26 | 00:27:18 | 00:38:40 | 00:50:31 |
| 140 | 7 | 59 | Frank Pfeufer | RunningBros Coburg | | 1971 | M50 | 00:06:06 | 00:17:23 | 00:28:41 | 00:39:47 | 00:50:34 |
| 141 | 8 | 278 | Jens Wagner | | | 1974 | M50 | 00:06:11 | 00:17:06 | 00:28:13 | 00:39:30 | 00:50:41 |
| 142 | 9 | 274 | Dirk Ress | RunningBros Coburg | | 1971 | M50 | 00:06:13 | 00:17:35 | 00:28:54 | 00:40:07 | 00:50:51 |
| 143 | 6 | 323 | Erich Kler | | | 1968 | M55 | 00:06:10 | 00:16:53 | 00:28:10 | 00:39:25 | 00:50:52 |
| 144 | 13 | 173 | Thomas Löffler | TSV Windheim 1904 e.V. | | 1979 | M45 | 00:05:52 | 00:16:46 | 00:28:23 | 00:40:03 | 00:51:02 |
| 145 | 34 | 245 | Florian Willnecker | FC Burgkunstadt | | 1997 | MU30 | 00:06:48 | 00:17:42 | 00:28:56 | 00:40:32 | 00:51:41 |
| 146 | 35 | 61 | Max Hauptmann | TSV 1860 Staffelstein | | 1998 | MU30 | 00:06:47 | 00:18:32 | 00:30:03 | 00:41:18 | 00:51:49 |
| 147 | 36 | 185 | Christian Will | | | 1997 | MU30 | 00:06:47 | 00:18:32 | 00:30:03 | 00:41:17 | 00:51:49 |
| 148 | 37 | 184 | Lukas Faulstich | | | 1998 | MU30 | 00:06:47 | 00:18:32 | 00:30:04 | 00:41:18 | 00:51:50 |
| 149 | 14 | 56 | Stefan Borrmann | | | 1975 | M45 | 00:06:23 | 00:17:53 | 00:29:16 | 00:40:42 | 00:51:53 |
| 150 | 19 | 301 | Florian Goller | FC Bayern Fanclub Reundorf | | 1985 | M35 | 00:06:16 | 00:17:41 | 00:29:07 | 00:40:32 | 00:51:54 |
| 151 | 27 | 305 | Sebastian Rößner | Kampfsportschule Rögner | | 1992 | M30 | 00:07:05 | 00:19:09 | 00:30:28 | 00:41:24 | 00:51:56 |
| 152 | 20 | 197 | Ralph Schmidt | | | 1986 | M35 | 00:06:40 | 00:17:58 | 00:29:12 | 00:40:26 | 00:51:58 |

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| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Runde 1 | Runde 2 | Runde 3 | Runde 4 | Zeit |
|-------|---------|---------|---------------------|---------------------------------------|------|------|-------|----------|----------|----------|----------|----------|
| 153 | 7 | 169 | Manfred Pechtold | RunningBros Coburg | | 1967 | M55 | 00:06:06 | 00:17:21 | 00:28:40 | 00:40:19 | 00:52:02 |
| 154 | 15 | 230 | Mihael Teodorovic | TV 1848 Coburg | | 1978 | M45 | 00:05:20 | 00:16:08 | 00:27:17 | 00:39:33 | 00:52:08 |
| 155 | 22 | 3 | Oliver Langbein | | | 1983 | M40 | 00:06:44 | 00:18:04 | 00:29:26 | 00:41:04 | 00:52:26 |
| 156 | 38 | 43 | Frank Geuß | TV Ebern Handball | | 1999 | MU30 | 00:06:44 | 00:18:07 | 00:29:23 | 00:40:59 | 00:52:33 |
| 157 | 23 | 175 | André Löffler | Freiwillige Feuerwehr Hirschfeld e.V. | | 1983 | M40 | 00:06:11 | 00:17:30 | 00:29:08 | 00:41:10 | 00:52:50 |
| 158 | 3 | 138 | Kilian Geist | 1.FC Altenkunstadt | | 2007 | MJU18 | 00:05:48 | 00:17:05 | 00:29:04 | 00:41:08 | 00:52:52 |
| 159 | 8 | 218 | Michael Heil | Team Schmäuß | | 1969 | M55 | 00:06:12 | 00:17:40 | 00:29:21 | 00:41:29 | 00:53:26 |
| 160 | 9 | 310 | Markus Schwierz | Sparkasse Coburg - Lichtenfels | | 1968 | M55 | 00:06:24 | 00:17:56 | 00:29:41 | 00:41:35 | 00:53:31 |
| 161 | 7 | 78 | Holker Bangert | TV Ketschendorf | | 1961 | M60 | 00:06:35 | 00:18:23 | 00:30:17 | 00:42:08 | 00:54:00 |
| 162 | 16 | 163 | Martin Krapp | Power on Bike Köttel | | 1978 | M45 | 00:06:14 | 00:17:31 | 00:29:06 | 00:41:13 | 00:54:03 |
| 163 | 28 | 160 | Kevin Aumüller | FFW Ebern | | 1991 | M30 | 00:06:07 | 00:17:36 | 00:29:26 | 00:41:37 | 00:54:07 |
| 164 | 21 | 179 | Martin Hellmuth | FC Bayern Fanclub Reundorf | | 1989 | M35 | 00:06:29 | 00:18:05 | 00:30:01 | 00:42:22 | 00:54:13 |
| 165 | 22 | 180 | Christopher Fischer | FC Bayern Fanclub Reundorf | | 1989 | M35 | 00:06:29 | 00:18:06 | 00:30:03 | 00:42:25 | 00:54:13 |
| 166 | 23 | 300 | Dennis Schunke | FC Bayern Fanclub Reundorf | | 1989 | M35 | 00:06:28 | 00:18:05 | 00:30:02 | 00:42:21 | 00:54:13 |
| 167 | 24 | 231 | Christoph Dormeier | | | 1982 | M40 | 00:06:58 | 00:19:01 | 00:30:55 | 00:42:52 | 00:54:45 |
| 168 | 25 | 60 | Stefan Batz | 1. FC Rentweinsdorf e.V. | | 1980 | M40 | 00:06:42 | 00:18:59 | 00:31:06 | 00:43:23 | 00:55:02 |
| 169 | 24 | 84 | Cüneyt Tez | Coburg CrossFit | | 1986 | M35 | 00:07:09 | 00:19:07 | 00:31:02 | 00:42:58 | 00:55:13 |
| 170 | 39 | 150 | Felix Schmidt | Aperolis | | 1995 | MU30 | 00:07:04 | 00:19:12 | 00:31:20 | 00:43:28 | 00:55:15 |
| 171 | 8 | 196 | Roger Mayer | Elektro Mayer | | 1962 | M60 | 00:06:58 | 00:19:18 | 00:31:22 | 00:43:22 | 00:55:22 |
| 172 | 10 | 261 | Peter Pitschmann | Lg-Frauenwald | | 1969 | M55 | 00:06:40 | 00:18:48 | 00:30:51 | 00:42:48 | 00:55:37 |
| 173 | 26 | 302 | Johannes Bouillon | | | 1981 | M40 | 00:07:04 | 00:19:10 | 00:31:26 | 00:43:44 | 00:55:37 |
| 174 | 27 | 63 | Stefan Herr | SV Schottenstein / 1. FC Trieb | | 1982 | M40 | 00:07:04 | 00:20:29 | 00:32:11 | 00:44:24 | 00:56:16 |
| 175 | 28 | 140 | Stefan Schwabe | | | 1980 | M40 | 00:06:40 | 00:18:35 | 00:30:38 | 00:43:35 | 00:56:17 |
| 176 | 29 | 124 | Moritz Köhn | Freiwillige Feuerwehr Markt Mitwitz | | 1994 | M30 | 00:06:13 | 00:18:10 | 00:30:46 | 00:43:52 | 00:56:29 |
| 177 | 4 | 136 | Toni Petteirich | 1.FC Altenkunstadt | | 2008 | MJU18 | 00:06:45 | 00:19:25 | 00:31:51 | 00:44:50 | 00:56:39 |
| 178 | 5 | 139 | David Kestel | 1.FC Altenkunstadt | | 2008 | MJU18 | 00:06:45 | 00:19:24 | 00:31:51 | 00:44:50 | 00:56:39 |
| 179 | 10 | 66 | Juergen Schnapp | | | 1971 | M50 | 00:07:05 | 00:19:47 | 00:32:48 | 00:45:34 | 00:57:20 |
| 180 | 29 | 152 | Frank Fleischmann | ASC Kronach-Frankenwald | | 1982 | M40 | 00:06:43 | 00:18:49 | 00:31:16 | 00:44:10 | 00:57:23 |
| 181 | 5 | 228 | Wolfgang Tluczykont | TSV 1860 Staffelstein | | 1959 | M65 | 00:07:10 | 00:19:53 | 00:32:31 | 00:45:15 | 00:57:33 |
| 182 | 1 | 269 | Werner Büttner | TS Lichtenfels | | 1951 | M70 | 00:07:03 | 00:19:32 | 00:32:09 | 00:44:51 | 00:57:38 |
| 183 | 17 | 292 | Thilo Kraus | Feuerwehr Altenkunstadt | | 1976 | M45 | 00:07:03 | 00:19:21 | 00:31:32 | 00:44:44 | 00:57:40 |
| 184 | 30 | 11 | Patrick Pavlic | Coburg CrossFit | | 1990 | M30 | 00:07:13 | 00:19:51 | 00:32:31 | 00:44:49 | 00:58:06 |
| 185 | 31 | 299 | Ahmet Topal | Coburg CrossFit | | 1994 | M30 | 00:07:13 | 00:19:50 | 00:32:15 | 00:44:48 | 00:58:06 |
| 186 | 25 | 102 | Alexander Zech | | | 1989 | M35 | 00:06:52 | 00:19:46 | 00:32:34 | 00:45:28 | 00:58:24 |
| 187 | 40 | 202 | Max Woldrich | | | 2003 | MU30 | 00:07:17 | 00:20:10 | 00:33:04 | 00:45:53 | 00:58:37 |
| 188 | 11 | 287 | Elmar Váth | TC Winterbach | | 1974 | M50 | 00:07:42 | 00:20:54 | 00:33:50 | 00:46:46 | 00:59:25 |
| 189 | 18 | 68 | Jens Aumüller | | | 1977 | M45 | 00:07:05 | 00:19:48 | 00:32:49 | 00:46:29 | 00:59:42 |
| 190 | 12 | 129 | Riccardo Celani | | | 1974 | M50 | 00:07:38 | 00:20:36 | 00:33:30 | 00:46:39 | 00:59:48 |

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| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Runde 1 | Runde 2 | Runde 3 | Runde 4 | Zeit |
|-------|---------|---------|--------------------|-----------------------------------|------|------|-------|----------|----------|----------|----------|----------|
| 191 | 2 | 194 | Simon Körber | | | 2009 | MJU16 | 00:06:30 | 00:18:54 | 00:32:20 | 00:46:12 | 00:59:56 |
| 192 | 6 | 38 | Ferdinand Klehr | TV Ebern Handball | | 2008 | MJU18 | 00:07:19 | 00:20:05 | 00:33:56 | 00:48:10 | 00:59:57 |
| 193 | 19 | 247 | Daniel Weber | | | 1977 | M45 | 00:07:10 | 00:20:31 | 00:33:45 | 00:47:05 | 01:00:27 |
| 194 | 2 | 279 | Lothar Greiner | SV Bergdorf Höhn | | 1952 | M70 | 00:07:04 | 00:20:10 | 00:33:27 | 00:47:04 | 01:00:53 |
| 195 | 41 | 35 | Jan Senff | TV Ebern Handball | | 2004 | MU30 | 00:06:53 | 00:20:14 | 00:34:15 | 00:48:10 | 01:01:09 |
| 196 | 32 | 151 | Philipp Mitschke | Aperolis | | 1994 | M30 | 00:07:04 | 00:19:48 | 00:33:17 | 00:47:32 | 01:01:52 |
| 197 | 13 | 94 | Slawomir Schiepert | | | 1971 | M50 | 00:07:28 | 00:21:00 | 00:34:37 | 00:48:32 | 01:02:37 |
| 198 | 33 | 133 | Johannes Oppel | 1.FC Altenkunstadt | | 1993 | M30 | 00:07:21 | 00:20:29 | 00:34:08 | 00:48:10 | 01:03:16 |
| 199 | 9 | 176 | Roland Pfeuffer | SV Schottenstein | | 1962 | M60 | 00:07:44 | 00:21:27 | 00:35:24 | 00:49:38 | 01:04:00 |
| 200 | 34 | 224 | Simon Neumann | | | 1990 | M30 | 00:07:29 | 00:21:43 | 00:36:04 | 00:50:41 | 01:04:10 |
| 201 | 1 | 168 | Josef Blickling | VfB Einberg | | 1949 | M75 | 00:06:26 | 00:20:36 | 00:35:17 | 00:50:24 | 01:04:54 |
| 202 | 26 | 159 | André Engelhardt | FFW Ebern | | 1985 | M35 | 00:08:22 | 00:22:35 | 00:36:49 | 00:51:16 | 01:04:58 |
| 203 | 42 | 86 | Philipp Sürgers | | | 1998 | MU30 | 00:07:46 | 00:21:39 | 00:36:11 | 00:50:48 | 01:05:14 |
| 204 | 43 | 195 | Tim Landzettel | Sport-Club Lichtenfels | | 2001 | MU30 | 00:08:25 | 00:22:40 | 00:36:53 | 00:51:14 | 01:05:54 |
| 205 | 10 | 154 | Michael Kroll | Sportstudio Highlight Lichtenfels | | 1963 | M60 | 00:08:26 | 00:22:41 | 00:36:54 | 00:51:14 | 01:05:55 |
| 206 | 11 | 89 | Mark Stemmler | | | 1960 | M60 | 00:08:30 | 00:22:55 | 00:37:13 | 00:52:04 | 01:06:12 |
| 207 | 20 | 55 | Detlef Bergmann | Hase 04 | | 1978 | M45 | 00:07:39 | 00:21:52 | 00:36:25 | 00:51:39 | 01:06:43 |
| 208 | 1 | 238 | Wolfgang Senft | 1. FC Waldstein | | 1943 | M80 | 00:07:53 | 00:22:16 | 00:36:42 | 00:51:52 | 01:06:53 |
| 209 | 14 | 141 | Bianca Herbst | Sportstudio Highlight Lichtenfels | | 1973 | M50 | 00:08:24 | 00:22:41 | 00:37:17 | 00:52:26 | 01:07:51 |
| 210 | 2 | 88 | Berthold Wolf | TS Lichtenfels | | 1942 | M80 | 00:08:05 | 00:23:00 | 00:38:12 | 00:53:49 | 01:09:43 |
| 211 | 35 | 32 | Benjamin Jaeger | www.kappelleelauf.de | | 1992 | M30 | 00:08:31 | 00:23:38 | 00:39:49 | 00:56:34 | 01:13:24 |
| 1 | 1 | 216 | Julia Skala | Team P3 | | 1995 | WU30 | 00:04:29 | 00:12:32 | 00:20:29 | 00:28:30 | 00:36:26 |
| 2 | 1 | 235 | Denise Hiemann | TV 1848 Coburg | | 1990 | W30 | 00:04:43 | 00:13:08 | 00:21:28 | 00:29:48 | 00:37:57 |
| 3 | 1 | 304 | Elina Gradi | SC Kemmern | | 1977 | W45 | 00:04:46 | 00:13:27 | 00:22:02 | 00:30:30 | 00:38:51 |
| 4 | 1 | 21 | Katja Stöcker | Team Icehouse e.V. | | 1983 | W40 | 00:04:44 | 00:13:31 | 00:22:19 | 00:31:11 | 00:39:52 |
| 5 | 1 | 270 | Kathrin Byczok | Coburg CrossFit | | 1988 | W35 | 00:04:54 | 00:13:48 | 00:22:45 | 00:31:51 | 00:40:47 |
| 6 | 2 | 23 | Anna Raithel | SpVgg Ebing | | 1998 | WU30 | 00:04:45 | 00:13:47 | 00:22:58 | 00:32:13 | 00:41:17 |
| 7 | 3 | 22 | Isabel Raithel | SpVgg Ebing | | 1998 | WU30 | 00:04:46 | 00:13:48 | 00:23:02 | 00:32:25 | 00:41:38 |
| 8 | 2 | 286 | Steffi Neumann | TSV 1860 Staffelstein | | 1990 | W30 | 00:05:09 | 00:14:31 | 00:23:44 | 00:32:51 | 00:41:40 |
| 9 | 2 | 294 | Kathrin Krome | SC Kemmern | | 1975 | W45 | 00:04:59 | 00:14:09 | 00:23:36 | 00:33:00 | 00:42:24 |
| 10 | 1 | 171 | Ellen Bialkowski | SG Neunkirchen am Brand | | 1974 | W50 | 00:05:14 | 00:14:34 | 00:23:55 | 00:33:24 | 00:42:58 |
| 11 | 4 | 26 | Laura Dressel | | | 1998 | WU30 | 00:05:06 | 00:14:28 | 00:23:54 | 00:33:35 | 00:43:18 |
| 12 | 1 | 205 | Hannah Baysal | TV 1848 | | 2005 | WJU20 | 00:05:23 | 00:14:48 | 00:24:32 | 00:34:09 | 00:43:32 |
| 13 | 3 | 220 | Manuela Glöckner | SC Kemmern | | 1976 | W45 | 00:05:01 | 00:14:33 | 00:24:11 | 00:34:06 | 00:44:00 |
| 14 | 3 | 105 | Carolin Hack | | | 1991 | W30 | 00:05:46 | 00:15:34 | 00:25:19 | 00:35:09 | 00:44:36 |
| 15 | 2 | 10 | Kerstin Spindler | TV Redwitz | | 1971 | W50 | 00:05:26 | 00:15:23 | 00:25:17 | 00:35:13 | 00:44:48 |
| 16 | 4 | 6 | Melanie Lechner | | | 1979 | W45 | 00:05:41 | 00:15:31 | 00:25:22 | 00:35:19 | 00:45:05 |
| 17 | 4 | 252 | Nicole Postler | SC Kemmern | | 1990 | W30 | 00:05:10 | 00:14:57 | 00:24:58 | 00:35:08 | 00:45:16 |

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| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Runde 1 | Runde 2 | Runde 3 | Runde 4 | Zeit |
|-------|---------|---------|---------------------------|-------------------------------|------|------|-------|----------|----------|----------|----------|----------|
| 18 | 5 | 58 | Petra Kurpanik | TSV 1860 Staffelstein | | 1977 | W45 | 00:05:26 | 00:15:26 | 00:25:24 | 00:35:27 | 00:45:30 |
| 19 | 5 | 198 | Katharina Paul | | | 1996 | WU30 | 00:06:07 | 00:16:13 | 00:26:16 | 00:36:09 | 00:45:53 |
| 20 | 6 | 262 | Melanie Kruscha | Lg-Frauenwald | | 1999 | WU30 | 00:05:51 | 00:15:56 | 00:26:05 | 00:36:12 | 00:46:09 |
| 21 | 2 | 239 | Tina Chrobok | Zirndorf | | 1983 | W40 | 00:05:21 | 00:15:21 | 00:25:35 | 00:36:03 | 00:46:14 |
| 22 | 1 | 226 | Anke Härtl | Rennsteiglaufverein | | 1966 | W55 | 00:05:31 | 00:15:40 | 00:25:49 | 00:36:03 | 00:46:15 |
| 23 | 6 | 193 | Doris Körber | | | 1978 | W45 | 00:05:27 | 00:15:32 | 00:25:48 | 00:36:27 | 00:46:54 |
| 24 | 2 | 272 | Sarah Schwierz | | | 2005 | WJU20 | 00:06:04 | 00:16:26 | 00:27:01 | 00:37:38 | 00:47:26 |
| 25 | 5 | 288 | Rebecca Schmauch | | | 1990 | W30 | 00:06:15 | 00:16:50 | 00:27:17 | 00:37:40 | 00:47:27 |
| 26 | 7 | 109 | Anna-Sofie Franke | Turbine Silvester | | 1997 | WU30 | 00:06:16 | 00:17:00 | 00:27:30 | 00:37:56 | 00:48:17 |
| 27 | 1 | 221 | Smilla Biskupski | RVC Trieb | | 2008 | WJU18 | 00:05:15 | 00:16:01 | 00:27:12 | 00:38:26 | 00:49:02 |
| 28 | 3 | 7 | Vanessa Sommer | | | 1980 | W40 | 00:06:16 | 00:17:13 | 00:28:03 | 00:38:53 | 00:49:26 |
| 29 | 8 | 254 | Emma Lauer | | | 2001 | WU30 | 00:06:09 | 00:16:41 | 00:27:28 | 00:38:32 | 00:49:27 |
| 30 | 4 | 223 | Daniela Günther | | | 1982 | W40 | 00:06:07 | 00:16:43 | 00:27:47 | 00:38:44 | 00:49:40 |
| 31 | 5 | 118 | Anke Teodorovic | TV 1848 Coburg | | 1982 | W40 | 00:05:30 | 00:16:07 | 00:27:19 | 00:38:30 | 00:49:52 |
| 32 | 7 | 277 | Cindy Schneider | TV 1848 Coburg | | 1975 | W45 | 00:06:12 | 00:17:06 | 00:28:14 | 00:39:31 | 00:50:42 |
| 33 | 6 | 275 | Mareike Wendelmuth | | | 1994 | W30 | 00:06:34 | 00:17:57 | 00:29:07 | 00:40:12 | 00:51:04 |
| 34 | 9 | 126 | Luisa Autsch | Run and Bike-Team Coburg e.V. | | 1995 | WU30 | 00:06:04 | 00:17:20 | 00:28:42 | 00:40:09 | 00:51:25 |
| 35 | 8 | 316 | Kristin Hopf | Meininger Lauf Club | | 1977 | W45 | 00:06:23 | 00:17:27 | 00:28:43 | 00:40:03 | 00:51:34 |
| 36 | 7 | 207 | Julia Wohlmuth | FC Bayern Fanclub Reundorf | | 1992 | W30 | 00:06:15 | 00:17:41 | 00:29:08 | 00:40:32 | 00:51:53 |
| 37 | 10 | 33 | Jutta Geuß | TV Ebern Handball | | 1995 | WU30 | 00:06:14 | 00:17:53 | 00:29:23 | 00:40:57 | 00:52:22 |
| 38 | 9 | 178 | Antje Petersohn | ASC Kronach-Frankenwald | | 1979 | W45 | 00:06:19 | 00:17:45 | 00:29:21 | 00:41:02 | 00:52:44 |
| 39 | 11 | 114 | Annalena Serft | 1. FC Waldstein | | 2002 | WU30 | 00:06:18 | 00:17:46 | 00:29:26 | 00:41:14 | 00:52:58 |
| 40 | 6 | 215 | Julia Rauh | Schwabthaler SV | | 1984 | W40 | 00:06:18 | 00:17:57 | 00:29:38 | 00:41:20 | 00:52:59 |
| 41 | 3 | 77 | Kerstin Hof | TV 1848 Erlangen | | 1972 | W50 | 00:05:55 | 00:17:14 | 00:29:12 | 00:41:33 | 00:53:42 |
| 42 | 1 | 183 | Ulrike Hümmel | TSV 1860 Staffelstein | | 1962 | W60 | 00:06:17 | 00:17:56 | 00:29:53 | 00:41:56 | 00:53:45 |
| 43 | 8 | 95 | Lea Neubauer | Keinen | | 1994 | W30 | 00:06:14 | 00:18:06 | 00:30:01 | 00:41:57 | 00:53:46 |
| 44 | 12 | 96 | Lena-Larissa Sollmann | Keinen | | 2000 | WU30 | 00:06:13 | 00:18:05 | 00:30:00 | 00:41:56 | 00:53:47 |
| 45 | 4 | 297 | Britta Reich | SV Heubach | | 1971 | W50 | 00:06:54 | 00:18:46 | 00:30:34 | 00:42:23 | 00:54:20 |
| 46 | 13 | 98 | Jennifer Scheler-Eckstein | | | 2001 | WU30 | 00:06:17 | 00:18:20 | 00:30:45 | 00:42:49 | 00:54:43 |
| 47 | 9 | 52 | Nadine Frötschner | | | 1993 | W30 | 00:06:31 | 00:18:24 | 00:30:27 | 00:42:43 | 00:54:53 |
| 48 | 14 | 264 | Sophie Lorenz | Coburg CrossFit | | 1995 | WU30 | 00:06:35 | 00:18:35 | 00:30:48 | 00:43:04 | 00:55:34 |
| 49 | 15 | 265 | Lisa Neumann | | | 1995 | WU30 | 00:06:35 | 00:18:35 | 00:30:48 | 00:43:04 | 00:55:35 |
| 50 | | 191 | Luna Forkel | | | | F | 00:06:42 | 00:18:58 | 00:31:08 | 00:43:34 | 00:55:40 |
| 51 | 16 | 97 | Alica Scheler-Eckstein | | | 2001 | WU30 | 00:06:43 | 00:18:58 | 00:31:09 | 00:43:34 | 00:55:41 |
| 52 | 10 | 73 | Melanie Weber | SV Bergdorf Höhn | | 1979 | W45 | 00:06:54 | 00:19:09 | 00:31:29 | 00:43:45 | 00:55:49 |
| 53 | 10 | 74 | Theresa Büttner | SV Bergdorf Höhn | | 1990 | W30 | 00:06:54 | 00:19:09 | 00:31:29 | 00:43:45 | 00:55:49 |
| 54 | 7 | 206 | Marta Cerina | TSV Sonnefeld | | 1980 | W40 | 00:06:19 | 00:18:33 | 00:31:07 | 00:43:40 | 00:56:11 |
| 55 | 8 | 64 | Filiz Kasim-Herr | Team aviationscouts | | 1982 | W40 | 00:07:13 | 00:19:52 | 00:32:10 | 00:44:23 | 00:56:17 |

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| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Runde 1 | Runde 2 | Runde 3 | Runde 4 | Zeit |
|-------|---------|---------|----------------------|-----------------------|------|------|-------|----------|----------|----------|----------|----------|
| 56 | 2 | 146 | Sandra Stauche | RunningBros Coburg | | 1989 | W35 | 00:06:48 | 00:19:15 | 00:31:27 | 00:44:05 | 00:56:18 |
| 57 | 3 | 18 | Anna Funk | Coburg CrossFit | | 1985 | W35 | 00:07:11 | 00:19:48 | 00:32:28 | 00:45:08 | 00:58:06 |
| 58 | 11 | 201 | Michaela Woldrich | | | 1979 | W45 | 00:07:17 | 00:20:10 | 00:33:04 | 00:45:52 | 00:58:37 |
| 59 | 12 | 9 | Susanne Stedler | Ohne | | 1978 | W45 | 00:06:57 | 00:19:48 | 00:32:49 | 00:46:06 | 00:59:07 |
| 60 | 17 | 123 | Sarah Büchner | | | 1995 | WU30 | 00:07:34 | 00:20:34 | 00:33:30 | 00:46:39 | 00:59:14 |
| 61 | 2 | 326 | Dorothee Büttner | Trisport Eiching | | 1965 | W55 | 00:07:12 | 00:20:01 | 00:33:03 | 00:46:16 | 00:59:22 |
| 62 | 4 | 283 | Katja Bischoff | TV 1848 Coburg | | 1988 | W35 | 00:06:59 | 00:19:45 | 00:32:31 | 00:46:02 | 00:59:32 |
| 63 | 1 | 282 | Finja Bischoff | TV 1848 Coburg | | 2012 | WJU14 | 00:07:00 | 00:19:46 | 00:32:32 | 00:46:03 | 00:59:33 |
| 64 | | 192 | Leonie Forkel | | | | F | 00:07:00 | 00:20:07 | 00:33:18 | 00:46:42 | 01:00:02 |
| 65 | 5 | 335 | Pia Neubauer | | | 1970 | W50 | 00:07:04 | 00:20:26 | 00:33:53 | 00:47:33 | 01:00:36 |
| 66 | 18 | 187 | Franziska Neundorfer | | | 2002 | WU30 | 00:06:08 | 00:18:45 | 00:32:04 | 00:46:52 | 01:01:55 |
| 67 | 19 | 188 | Kristin Neundorfer | | | 2002 | WU30 | 00:06:31 | 00:19:42 | 00:33:20 | 00:47:28 | 01:01:56 |
| 68 | 3 | 93 | Bozena Schiepert | | | 1965 | W55 | 00:07:29 | 00:21:02 | 00:34:39 | 00:48:33 | 01:02:37 |
| 69 | 11 | 41 | Tina Ramer | | | 1991 | W30 | 00:06:58 | 00:20:33 | 00:34:26 | 00:48:36 | 01:02:46 |
| 70 | 12 | 119 | Laurie Gack | | | 1993 | W30 | 00:07:49 | 00:21:39 | 00:35:34 | 00:49:39 | 01:03:18 |
| 71 | 2 | 177 | Isolde Pfeuffer | SV Schottenstein | | 1960 | W60 | 00:07:44 | 00:21:27 | 00:35:25 | 00:49:38 | 01:03:59 |
| 72 | 9 | 148 | Michaela Redelberger | | | 1984 | W40 | 00:07:51 | 00:22:06 | 00:36:25 | 00:50:48 | 01:04:33 |
| 73 | 20 | 16 | Anna-Lena Tetzlaff | Coburg CrossFit | | 2000 | WU30 | 00:07:45 | 00:21:36 | 00:36:11 | 00:50:47 | 01:05:14 |
| 74 | 21 | 17 | Marleen Röhner | Coburg CrossFit | | 2000 | WU30 | 00:07:46 | 00:21:38 | 00:36:12 | 00:50:47 | 01:05:15 |
| 75 | 22 | 157 | Nicole Tusch | FFW Ebern | | 1996 | WU30 | 00:08:22 | 00:22:35 | 00:36:48 | 00:51:16 | 01:05:17 |
| 76 | 23 | 158 | Franziska Porzelt | FFW Ebern | | 1996 | WU30 | 00:08:22 | 00:22:35 | 00:36:48 | 00:51:16 | 01:05:17 |
| 77 | 3 | 50 | Marion Haase | | | 1962 | W60 | 00:08:24 | 00:22:50 | 00:37:26 | 00:52:19 | 01:07:10 |
| 78 | 3 | 39 | Lea Henneberger | TV Ebern Handball | | 2006 | WJU20 | 00:07:26 | 00:22:16 | 00:39:45 | 00:57:00 | 01:15:52 |