

13. THERAmed-ADAM-RIESE Silvesterlauf 2023

Hauptlauf - 31.12.2023 - Bad Staffelstein



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde 1	Runde 2	Runde 3	Runde 4	Zeit
1	1	189	Julia Skala	Team P		1995	WU30	00:04:29	00:12:39	00:20:57	00:29:11	00:37:09
2	1	243	Sophia Franz	LAC Quelle Fürth		1992	W30	00:04:28	00:12:39	00:20:57	00:29:11	00:37:21
3	1	212	Tina Klement	LG Telis Finanz Regensburg		2004	WJU20	00:04:41	00:13:13	00:21:44	00:30:24	00:38:56
4	2	210	Denise Hiemann	TV 1848 Coburg		1990	W30	00:04:49	00:13:28	00:22:04	00:30:44	00:39:14
5	3	97	Jessica Ittner	TSV 1860 Staffelstein		1992	W30	00:04:48	00:13:28	00:22:05	00:30:49	00:39:24
6	1	160	Kathrin Byczok	Run and Bike-Team Coburg		1988	W35	00:04:48	00:13:29	00:22:11	00:31:05	00:39:50
7	2	12	Annalena Raithel	Spvg Eicha		1998	WU30	00:04:33	00:13:19	00:22:11	00:31:16	00:40:04
8	4	133	Jana Seel	LG Nord Berlin Ultrateam		1992	W30	00:04:49	00:13:29	00:22:12	00:31:15	00:40:14
9	1	202	Helene Krome	Sc Kemmern		2007	WJU18	00:04:57	00:13:57	00:23:05	00:32:22	00:41:20
10	5	128	Marie-Luise Dr. Bräuer	TV 1848 Coburg		1991	W30	00:04:48	00:13:45	00:23:02	00:32:22	00:41:23
11	1	169	Manuela Glöckner	SC Kemmern		1976	W45	00:04:57	00:14:27	00:24:07	00:34:02	00:43:52
12	3	179	Isabel Raithel	Spvg Eicha		1998	WU30	00:04:47	00:14:13	00:24:06	00:34:07	00:44:04
13	2	201	Kathrin Krome	Sc Kemmern		1975	W45	00:05:05	00:14:50	00:24:42	00:34:46	00:44:32
14	4	114	Nicole Distler	Team Cool		1995	WU30	00:05:38	00:15:26	00:25:05	00:34:55	00:44:34
15	3	93	Petra Kurpanik	TSV 1860 Staffelstein		1977	W45	00:05:27	00:15:12	00:25:03	00:35:00	00:44:53
16	2	146	Tanja Kopsch	SC Kemmern		1984	W35	00:05:56	00:16:11	00:26:03	00:35:40	00:45:00
17	6	155	Tabea Renner	Run and Bike-Team Coburg		1993	W30	00:05:29	00:15:13	00:25:10	00:35:15	00:45:18
18	1	135	Anke Härtl	GMRV		1966	W55	00:05:16	00:15:08	00:25:02	00:35:07	00:45:25
19	7	194	Annika Röcker	WeRun4Fun e.V.		1990	W30	00:05:26	00:15:16	00:25:15	00:35:22	00:45:30
20	1	60	Kerstin Spindler	TV Redwitz		1971	W50	00:05:16	00:15:13	00:25:13	00:35:25	00:45:36
21	3	234	Simone Röckelein	DJK SC Vorra		1984	W35	00:05:29	00:15:15	00:25:13	00:35:37	00:45:48
22	4	7	Julia Müller	SG Stern Nürnberg		1985	W35	00:05:36	00:15:48	00:25:54	00:36:02	00:46:00
23	8	162	Nicole Postler	SC Kemmern		1990	W30	00:05:10	00:15:17	00:25:51	00:36:33	00:47:09
24	1	76	Anke Teodorovic	TV 1848 Coburg		1982	W40	00:05:21	00:15:34	00:26:06	00:36:51	00:47:37
25	2	118	Karin Zohner	MOLL Batterien		1968	W55	00:05:30	00:15:50	00:26:25	00:37:09	00:47:49
26	5	23	Veronika Zenkel			1998	WU30	00:05:19	00:15:21	00:26:00	00:37:00	00:47:50
27	2	157	Sabine Nitzsche	Run and Bike-Team Coburg		1979	W40	00:05:39	00:15:58	00:26:31	00:37:21	00:48:07
28	5	61	Marlen Wenzel	SV Bergdorf Höhn / Team Landrover		1986	W35	00:05:49	00:16:24	00:27:11	00:38:06	00:48:52
29	6	50	Jutta Geuß	TV Ebern		1995	WU30	00:05:40	00:16:26	00:27:39	00:38:35	00:49:22
30	9	68	Lydia Lauterbach			1990	W30	00:05:41	00:16:14	00:26:57	00:37:53	00:49:28
31	4	248	Jessica Vogt	SC Kemmern		1978	W45	00:06:03	00:17:08	00:28:23	00:39:35	00:50:02
32	3	213	Nicole Bauernsachs-Seidl	TVE Gehülz		1982	W40	00:06:05	00:16:57	00:28:02	00:39:19	00:50:23
33	7	27	Anna-Sofie Franke	Turbine Silvester		1997	WU30	00:06:04	00:17:19	00:28:26	00:39:36	00:50:27
34	2	37	Helge Will	TV Redwitz		1973	W50	00:05:43	00:16:42	00:28:01	00:39:24	00:50:34
35	6	242	Lisa Braunreuther	TV Ketschendorf		1988	W35	00:06:09	00:17:32	00:28:50	00:39:41	00:50:41
36	3	180	Christine Geuß	SC Kemmern		1966	W55	00:06:04	00:17:09	00:28:24	00:39:40	00:50:47
37	8	102	Eileen Hopfenmüller			1998	WU30	00:06:24	00:17:32	00:29:02	00:40:38	00:52:13
38	4	164	Antje Petersohn	ASC Kronach-Frankenwald		1979	W40	00:06:27	00:17:50	00:29:21	00:40:54	00:52:27

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde 1	Runde 2	Runde 3	Runde 4	Zeit
39	1	134	Smilla Biskupski	RVC Trieb		2008	WJU16	00:05:52	00:17:04	00:28:52	00:41:11	00:52:58
40	5	132	Kristin Siegenthaler			1980	W40	00:05:51	00:17:04	00:28:53	00:41:11	00:52:59
41	1	195	Christine Lieb	TV 1848 Coburg		1963	W60	00:06:11	00:18:02	00:30:01	00:42:02	00:54:04
42	6	123	Melanie Weber	SV Bergdorf Höhn / Team Landrover		1979	W40	00:06:31	00:18:41	00:30:50	00:43:09	00:55:00
43	10	124	Theresa Büttner	SV Bergdorf Höhn / Team Landrover		1990	W30	00:06:32	00:18:40	00:30:50	00:43:09	00:55:01
44	9	215	Palotas Dora			1994	WU30	00:06:48	00:19:03	00:31:05	00:43:13	00:55:02
45	7	104	Julika Franke	RunningBros Coburg		1987	W35	00:06:49	00:19:03	00:31:06	00:43:14	00:55:02
46	8	22	Franziska Keiselt			1985	W35	00:06:31	00:18:34	00:30:46	00:43:08	00:55:25
47	2	207	Ulrike Hümmer	TSV 1860 Staffelstein		1962	W60	00:06:23	00:18:30	00:30:53	00:43:20	00:55:28
48	2	80	Eva Franke	Reundorfer Rüttel		2004	WJU20	00:06:53	00:19:03	00:31:26	00:43:47	00:55:29
49	10	30	Love Kristoffersson	Turbine Silvester		1997	WU30	00:06:37	00:19:03	00:31:28	00:43:47	00:55:44
50	9	16	Bettina Fösel			1985	W35	00:07:03	00:19:23	00:31:48	00:44:19	00:55:56
51	11	84	Mareike Wendelmuth			1994	WU30	00:06:48	00:19:04	00:31:19	00:43:49	00:55:57
52	7	138	Marta Cerina	TSV Sonnefeld		1980	W40	00:06:32	00:18:55	00:31:24	00:44:04	00:56:35
53	3	258	Britta Reich	SV Heubach		1971	W50	00:06:50	00:19:08	00:31:37	00:44:20	00:57:10
54	10	88	Tanja Ochs			1988	W35	00:06:38	00:18:57	00:31:32	00:44:22	00:57:16
55	8	45	Vanessa Sommer			1980	W40	00:07:11	00:19:38	00:32:04	00:44:43	00:57:23
56	5	81	Susanne Stedler	Ohne		1978	W45	00:06:52	00:18:55	00:31:22	00:44:25	00:57:31
57	12	90	Sophia Treubel	TSV 1860 Staffelstein		1998	WU30	00:06:39	00:19:01	00:31:32	00:44:36	00:57:48
58	3	150	Petra Bayerl	ATSV Kallmünz		1963	W60	00:06:35	00:19:02	00:31:30	00:44:34	00:57:54
59	11	159	Irene Schemberger	Run and Bike-Team Coburg		1986	W35	00:06:28	00:19:03	00:31:55	00:45:04	00:58:03
60	13	229	Vojer Jacqueline			1995	WU30	00:07:21	00:20:15	00:33:06	00:45:56	00:58:26
61	6	184	Peggy Schönheit			1978	W45	00:06:22	00:18:57	00:31:45	00:45:16	00:59:16
62	4	238	Ute Meixner	RunningBros Coburg		1973	W50	00:06:49	00:19:37	00:32:51	00:46:15	00:59:36
63	5	199	Kristin Pitschmann			1972	W50	00:06:57	00:19:48	00:32:58	00:46:23	00:59:49
64	9	236	Mandy Wittmann	RunningBros Coburg		1979	W40	00:06:55	00:19:45	00:33:12	00:46:53	01:00:39
65	3	197	Sarah Schwierz			2005	WJU20	00:06:55	00:19:47	00:33:18	00:47:38	01:01:24
66	14	15	Michaela Ultsch			1998	WU30	00:06:39	00:19:07	00:33:02	00:47:11	01:01:29
67	7	14	Maja Curcic			1975	W45	00:07:33	00:21:13	00:34:53	00:48:42	01:02:20
68	6	264	Pia Neubauer			1970	W50	00:07:13	00:21:06	00:35:27	00:49:39	01:03:59
69	15	34	Katharina Bätz			1999	WU30	00:07:24	00:21:06	00:35:21	00:50:04	01:04:44
70	10	203	Stephanie Rößler			1983	W40	00:07:55	00:22:19	00:36:49	00:51:14	01:05:01
71	11	41	Julia Müller			1992	W30	00:07:59	00:22:41	00:37:05	00:51:28	01:05:14
72	11	106	Anna Toczydlowska			1982	W40	00:07:45	00:22:02	00:36:39	00:51:11	01:05:44
73	12	156	Jessika Kaebel	Run and Bike-Team Coburg		1979	W40	00:07:16	00:21:16	00:35:50	00:50:55	01:05:46
74	4	105	Bozena Schiepert			1965	W55	00:07:46	00:22:05	00:36:48	00:51:55	01:07:24
75	13	32	Emese Tóth	RunningBros Coburg		1980	W40	00:07:37	00:22:43	00:38:19	00:54:34	01:10:20
76	4	55	Marlene Breunig	TV 04 Würth		1959	W60	00:08:07	00:23:36	00:39:24	00:55:16	01:10:44

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77	5	59	Claudia Falkenberg	CJR Coburg		1967	W55	00:07:56	00:22:27	00:37:49	00:53:22	01:12:32
1	1	190	Michael Kalb	Team P		1993	M30	00:04:01	00:11:17	00:18:40	00:26:09	00:33:38
2	1	256	Hannes Spahn	FT Schweinfurt		1997	MU30	00:03:57	00:11:24	00:18:56	00:26:30	00:33:59
3	2	265	Michael Köhnlein	TSV 1860 Staffelstein		1999	MU30	00:04:01	00:11:35	00:19:19	00:27:02	00:34:42
4	3	246	René Kotschy	TV 1848 Coburg		1999	MU30	00:04:08	00:11:51	00:19:32	00:27:20	00:34:50
5	1	171	Fritz Ferner	ASC Markrodach		1986	M35	00:04:05	00:11:46	00:19:34	00:27:22	00:35:06
6	4	249	Hannes Hittinger			2002	MU30	00:04:05	00:11:43	00:19:34	00:27:33	00:35:14
7	2	110	Andreas Krenz	SV Bergdorf Höhn / Team Landrover		1984	M35	00:04:05	00:11:52	00:19:41	00:27:33	00:35:16
8	5	108	Markus Geiger	Faserinstitut Bremen		1994	MU30	00:04:13	00:12:08	00:20:00	00:27:58	00:35:48
9	6	255	Maxi Spahn	RVC Trieb		1995	MU30	00:04:05	00:11:53	00:19:41	00:27:48	00:35:59
10	7	141	Markus Thierstein			2000	MU30	00:04:21	00:12:32	00:20:38	00:28:42	00:36:36
11	8	259	Julian Stengel	Team Fittertec		1998	MU30	00:04:20	00:12:29	00:20:35	00:28:43	00:36:48
12	9	154	Leon Holzheid	1. FC Lichtenfels		1998	MU30	00:04:44	00:13:01	00:21:21	00:29:30	00:37:06
13	10	237	Johannes Stielper	Lauffreunde Gößweinsteinst		1995	MU30	00:04:27	00:12:39	00:20:56	00:29:11	00:37:26
14	3	186	Dominic Arnold	SC Kemmern		1987	M35	00:04:13	00:12:24	00:20:47	00:29:11	00:37:39
15	11	99	Graß Nicolai	ASC Kronach-Frankenwald		2000	MU30	00:04:52	00:13:25	00:21:42	00:29:57	00:38:00
16	2	260	Tim Stengel	Team Fittertec		1993	M30	00:04:29	00:12:49	00:21:20	00:29:55	00:38:20
17	4	98	Daniel Deuber	Böhnlein Sports Bamberg e.V.		1984	M35	00:04:37	00:13:01	00:21:29	00:30:01	00:38:27
18	1	230	Markus Mayers	Böhnlein Sports Bamberg		1970	M50	00:04:37	00:13:00	00:21:28	00:30:02	00:38:31
19	1	241	Alexander Bauer	TV 1848 Coburg		1976	M45	00:04:31	00:13:04	00:21:38	00:30:19	00:38:51
20	2	211	Klaus Klement	LG Fichtelgebirge		1971	M50	00:04:41	00:13:12	00:21:44	00:30:24	00:38:56
21	3	168	Joachim Sturm			1989	M30	00:04:39	00:13:09	00:21:45	00:30:31	00:39:06
22	12	101	Luca Schwamm	TSV 1860 Staffelstein		1995	MU30	00:04:35	00:12:58	00:21:29	00:30:20	00:39:07
23	13	163	Toni Heimbürger	ASC Kronach-Frankenwald		1994	MU30	00:04:53	00:13:29	00:22:04	00:30:43	00:39:09
24	1	38	Stefan Wirsing	SV Bosphorus Coburg		1979	M40	00:04:31	00:13:08	00:21:46	00:30:34	00:39:12
25	2	20	Jan Martin Herbst	TSVE 1890 Bielefeld		1982	M40	00:04:29	00:13:04	00:21:46	00:30:33	00:39:17
26	1	136	Stephan Bayer	GMRV		1961	M60	00:04:34	00:13:13	00:21:53	00:30:35	00:39:20
27	2	173	Scott Milligan			1978	M45	00:04:48	00:13:30	00:22:05	00:30:49	00:39:23
28	1	261	Ullrich Pfuhlmann	SG Eltmann		1968	M55	00:04:37	00:13:12	00:21:52	00:30:39	00:39:25
29	3	208	Mike Büttner	Böhnlein Sports Bamberg e.V.		1981	M40	00:04:36	00:13:01	00:21:45	00:30:43	00:39:30
30	14	252	Julian Speyerer	LAV Neustadt		1994	MU30	00:04:27	00:13:03	00:21:48	00:30:55	00:39:55
31	2	181	Klaus Geuß	SC Kemmern		1965	M55	00:04:38	00:13:20	00:22:08	00:31:01	00:40:01
32	4	177	Lucas Schindhelm	SV Bergdorf Höhn / Team Landrover		1993	M30	00:04:21	00:13:03	00:22:00	00:31:10	00:40:08
33	15	216	Jakob Wedler	SC Kemmern		2002	MU30	00:04:30	00:13:10	00:22:06	00:31:24	00:40:18
34	5	226	Torben Heck	Marathon-Club Menden		1989	M30	00:04:49	00:13:25	00:22:26	00:31:31	00:40:22
35	5	161	Matthias Schmitt	Run and Bike-Team Coburg		1986	M35	00:04:48	00:13:26	00:22:00	00:30:45	00:40:44
36	6	176	Jonathan Schuldt	XtraMile		1992	M30	00:05:04	00:14:14	00:23:08	00:32:15	00:41:09
37	4	167	Christian Hanke	TSV Ebensfeld		1981	M40	00:04:46	00:13:29	00:22:30	00:31:50	00:41:13

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38	5	122	Andreas Greiner	SV Bergdorf Höhn / Team Landrover		1981	M40	00:05:02	00:14:01	00:23:03	00:32:20	00:41:42
39	1	165	Lukas Lurz	TSV Ebensfeld		2006	MJU18	00:04:49	00:13:32	00:22:41	00:32:16	00:41:50
40	6	220	Christian Birke	Vital Birke - DJK Teutonia Gaustadt		1984	M35	00:04:58	00:14:08	00:23:18	00:32:34	00:41:53
41	16	240	Simon Klein			1995	MU30	00:05:06	00:14:25	00:23:48	00:32:59	00:42:01
42	3	191	Claus Roberto	LG Kreis Dachau		1973	M50	00:04:50	00:14:04	00:23:24	00:32:57	00:42:17
43	4	70	Thomas Lauterbach	SGB Stadtsteinach		1970	M50	00:04:59	00:14:24	00:23:47	00:33:10	00:42:20
44	7	239	Walter Epp	SC Kemmern		1992	M30	00:04:58	00:13:57	00:23:24	00:32:58	00:42:28
45	6	263	Sebastian Fischer			1980	M40	00:04:58	00:14:14	00:23:35	00:33:07	00:42:41
46	7	192	Florian Kolb			1982	M40	00:04:59	00:14:09	00:23:32	00:33:05	00:42:44
47	17	111	Matthias Hofmann			1994	MU30	00:05:14	00:14:40	00:24:05	00:33:35	00:42:46
48	18	73	Elmar Geuß	FFW Ebern		2002	MU30	00:05:28	00:14:59	00:24:31	00:33:48	00:42:49
49	19	205	Felix Willmer	Lanserhof		1994	MU30	00:05:11	00:14:39	00:24:05	00:33:36	00:43:03
50	8	183	Andy Jacob Law	TEAM KAESER		1979	M40	00:05:00	00:14:23	00:23:51	00:33:31	00:43:07
51	8	188	Ian-Eric Schwenk	TSV 1947 Ebensfeld e.V.		1989	M30	00:05:17	00:14:50	00:24:29	00:34:05	00:43:18
52	9	217	Christian Quinger	TSV 1860 Staffelstein		1981	M40	00:05:17	00:14:50	00:24:30	00:34:10	00:43:19
53	10	94	Michael Ultsch	Böhnlein Sports Bamberg e.V.		1980	M40	00:04:54	00:14:22	00:24:02	00:33:56	00:43:28
54	20	54	Jan Weiß	TV Ebern		2003	MU30	00:05:06	00:14:53	00:24:49	00:34:23	00:43:29
55	2	149	Georg Bayerl	SWC Regensburg		1960	M60	00:05:28	00:15:04	00:24:33	00:34:10	00:43:32
56	7	206	Manuel Kutnyak	SC Kemmern		1986	M35	00:05:18	00:14:51	00:24:31	00:34:10	00:43:33
57	8	223	Nico Zitzmann	BAUR-Gruppe		1988	M35	00:05:07	00:14:27	00:24:05	00:34:01	00:43:41
58	21	225	Samuel Müller			1994	MU30	00:05:28	00:15:03	00:24:34	00:34:13	00:43:45
59	22	139	Matthias Butz			1997	MU30	00:04:58	00:14:31	00:24:29	00:34:17	00:43:46
60	3	227	Andreas Wicovsky	R.V. Concordia Wolfsloch		1978	M45	00:05:24	00:15:08	00:24:48	00:34:29	00:43:53
61	4	148	Florian Rank	Team Icehouse e.V.		1974	M45	00:05:02	00:14:44	00:24:30	00:34:18	00:44:10
62	23	78	Daniel Schramm	Reundorfer Rüttel		2001	MU30	00:04:54	00:14:24	00:24:08	00:34:12	00:44:13
63	11	67	Sebastian Gründel	FFW Uetzing		1982	M40	00:05:22	00:15:10	00:25:03	00:34:57	00:44:30
64	24	51	Nico Senff	TV Ebern		2001	MU30	00:05:05	00:14:53	00:24:52	00:35:03	00:44:45
65	9	257	Christoph Hitzke	SV Radibor		1989	M30	00:05:29	00:15:15	00:25:04	00:34:59	00:44:49
66	5	231	Stephan Klemt			1975	M45	00:04:44	00:14:38	00:24:45	00:34:55	00:44:52
67	9	44	Sebastian Fischer	Schwabthaler SV		1984	M35	00:05:37	00:15:17	00:25:09	00:35:10	00:44:56
68	3	253	Wolfgang Thiem	TSV 1860 Staffelstein		1960	M60	00:05:09	00:14:46	00:24:38	00:34:56	00:45:06
69	10	63	Korbinian Kolb			1987	M35	00:05:30	00:15:29	00:25:34	00:35:32	00:45:07
70	4	5	Rainer Niekisch	ASV Triathlon Kulmbach		1961	M60	00:05:16	00:15:07	00:25:05	00:35:04	00:45:11
71	11	47	Tim Richard Jäger	Running Foxes		1988	M35	00:05:28	00:15:30	00:25:37	00:35:54	00:45:29
72	10	245	Manuel Fuchs			1989	M30	00:05:25	00:14:55	00:24:48	00:35:09	00:45:32
73	25	232	Felix Gast	Stiftung Wadentest		2002	MU30	00:05:44	00:15:30	00:25:31	00:35:39	00:45:34
74	11	126	Jonas Rübesam	TV 1861 Burgkunstadt		1989	M30	00:05:29	00:15:27	00:25:32	00:35:39	00:45:45
75	26	72	Winfried Geuß	FFW Ebern		1997	MU30	00:05:11	00:14:49	00:25:24	00:35:45	00:45:48

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde 1	Runde 2	Runde 3	Runde 4	Zeit
76	12	8	Tommy Bonk	SG Stern Nürnberg		1984	M35	00:05:36	00:15:48	00:25:55	00:36:01	00:45:51
77	6	75	Reiß Timo	RunningBros Coburg		1975	M45	00:05:29	00:15:34	00:25:57	00:36:13	00:46:06
78	12	219	David Rainer Renner	Coburger Turnerschaft 1861 e.V.		1989	M30	00:05:27	00:15:09	00:25:04	00:35:15	00:46:09
79	27	52	Daniel Reich	SV Heubach		1999	MU30	00:05:10	00:15:19	00:25:40	00:36:20	00:46:19
80	5	6	Ralf Haag	Triathlon Team indeland		1973	M50	00:05:18	00:15:21	00:25:38	00:36:16	00:46:27
81	7	262	Uli Götz	ATSV Run Loose		1977	M45	00:05:30	00:15:25	00:25:29	00:35:55	00:46:29
82	28	36	Jonas Weidner			1997	MU30	00:06:10	00:16:33	00:26:51	00:37:01	00:46:45
83	3	222	Uwe Pötzsch	Erfurt		1965	M55	00:05:59	00:16:26	00:26:46	00:36:58	00:46:48
84	6	235	Bernd Großmann	DAV Lichtenfels		1969	M50	00:05:47	00:16:05	00:26:23	00:36:39	00:46:50
85	8	86	Sven Hofmann	TEAM Schmäuß		1975	M45	00:05:53	00:16:15	00:26:40	00:37:06	00:47:03
86	1	2	Wolf	TV - Burgkunstadt		1958	M65	00:05:36	00:16:03	00:26:32	00:37:01	00:47:29
87	13	10	Florian Müller			1989	M30	00:05:25	00:15:25	00:25:52	00:37:03	00:47:31
88	29	115	Felix Niegel	Team Cool		1994	MU30	00:05:39	00:16:05	00:26:37	00:37:18	00:47:35
89	12	193	Thomas Borth			1981	M40	00:05:17	00:15:30	00:26:10	00:37:08	00:47:38
90	9	143	Matthiad Kaller	LG Tatzelheim		1976	M45	00:05:51	00:16:18	00:26:51	00:37:29	00:47:39
91	30	26	Luis Grambole	ohne Verein		2001	MU30	00:05:38	00:15:59	00:26:32	00:37:20	00:47:41
92	7	83	Holger Stranz	RunningBros Coburg		1971	M50	00:05:38	00:16:05	00:26:39	00:37:23	00:48:09
93	31	4	Julian Willnecker	FC Burgkunstadt		2002	MU30	00:05:39	00:15:30	00:26:04	00:37:10	00:48:20
94	13	121	Florian Maier	DJK/FC Seßlach		1981	M40	00:05:41	00:16:04	00:26:49	00:37:40	00:48:37
95	14	198	Markus Gagel	TSV 1860 Staffelstein		1983	M40	00:05:44	00:16:22	00:27:12	00:38:05	00:48:47
96	32	29	Hans Krugenberg	Turbine Silvester		1997	MU30	00:06:04	00:16:43	00:27:29	00:38:24	00:49:01
97	8	3	Heiko Stedler	Ohne		1970	M50	00:06:20	00:17:07	00:27:51	00:38:42	00:49:15
98	13	125	Immanuel Zitzmann			1984	M35	00:06:30	00:17:23	00:28:09	00:38:51	00:49:17
99	5	56	Herbert Breunig	TV 04 Würth		1961	M60	00:05:55	00:16:36	00:27:29	00:38:37	00:49:22
100	14	172	Arthur Schwarz			1992	M30	00:06:29	00:17:25	00:28:10	00:38:52	00:49:37
101	33	175	Fabian Will			2001	MU30	00:06:29	00:17:24	00:28:10	00:38:52	00:49:37
102	6	131	Jochen Franz	TSV 1860 Staffelstein		1961	M60	00:06:20	00:17:33	00:28:21	00:39:06	00:49:42
103	10	77	Oliver Teodorovic	TV 1848 Coburg		1975	M45	00:05:51	00:16:37	00:27:30	00:38:50	00:49:52
104	15	145	Markus Schmidt			1991	M30	00:05:43	00:16:14	00:27:19	00:38:54	00:49:55
105	11	69	Bekim Kursoni			1976	M45	00:05:48	00:16:27	00:27:31	00:38:55	00:50:12
106	15	116	Daniel Schümann	MOLL Batterien		1983	M40	00:05:34	00:16:15	00:27:23	00:38:45	00:50:17
107	9	214	Roland Schmid			1972	M50	00:06:05	00:16:57	00:28:02	00:39:18	00:50:22
108	2	185	Roland Kraus	SC Kemmern		1957	M65	00:06:08	00:17:00	00:27:55	00:39:12	00:50:25
109	34	28	Karl Burchardt	Turbine Silvester		1997	MU30	00:06:05	00:17:19	00:28:26	00:39:36	00:50:28
110	35	228	Noah Fiedler	/		2000	MU30	00:06:27	00:18:01	00:29:05	00:40:09	00:51:02
111	10	153	Michael Heil	Team Schmäuß		1969	M50	00:05:54	00:16:54	00:28:23	00:39:58	00:51:19
112	4	100	Alfred Fuchs	Run Loose		1968	M55	00:06:07	00:17:19	00:28:35	00:40:00	00:51:24
113	11	250	Norbert Lengl	Sportfreunde Veenendal		1969	M50	00:05:58	00:16:54	00:28:13	00:39:55	00:51:25

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde 1	Runde 2	Runde 3	Runde 4	Zeit
114	12	71	Markus Appel	FFW Ebern		1975	M45	00:05:58	00:16:58	00:27:56	00:39:00	00:51:26
115	14	92	Andreas Müller	Laufen gegen Leiden		1985	M35	00:06:15	00:17:24	00:28:40	00:40:04	00:51:27
116	36	87	Robin Bulsch	TSV 1860 Staffelstein		2001	MU30	00:06:24	00:17:32	00:29:03	00:40:39	00:52:15
117	16	254	Florian Betz			1990	M30	00:05:53	00:17:05	00:28:53	00:40:49	00:52:18
118	13	11	Martin Krapp	Power on bike Köttel		1978	M45	00:05:48	00:16:36	00:28:15	00:40:24	00:53:16
119	37	19	Pascal Lauterbach			1996	MU30	00:06:34	00:18:10	00:29:49	00:41:36	00:53:20
120	5	196	Markus Schwierz	Sparkasse Coburg - Lichtenfels		1968	M55	00:06:35	00:18:09	00:29:49	00:41:34	00:53:29
121	16	151	Christian Pabstmann	Black Root Runners		1982	M40	00:05:49	00:17:06	00:29:11	00:41:34	00:53:36
122	6	48	Jens-Uwe Dr. Grünberg			1965	M55	00:05:57	00:17:44	00:29:43	00:41:46	00:53:41
123	38	74	Lukas Müller	FFW Ebern		1996	MU30	00:06:07	00:17:44	00:29:45	00:41:49	00:53:44
124	17	82	Frank Fleischmann	ASC Kronach-Frankenwald		1982	M40	00:06:27	00:17:59	00:29:52	00:41:47	00:53:45
125	14	13	Dorde Curcic			1978	M45	00:06:43	00:18:37	00:30:21	00:42:10	00:53:46
126	7	103	Michael Zimmermann	TV Lützelbuch		1967	M55	00:06:52	00:18:53	00:30:51	00:42:56	00:54:26
127	3	221	Klaus Birke	Vital Birke		1956	M65	00:06:38	00:18:57	00:30:56	00:42:49	00:54:32
128	15	218	Maik Stark	TSV Sonnefeld		1974	M45	00:06:29	00:18:38	00:30:49	00:43:12	00:54:54
129	7	130	Roger Mayer	Elektro Mayer		1962	M60	00:06:53	00:19:07	00:31:19	00:43:26	00:55:15
130	39	178	Denis Yasar			1997	MU30	00:06:18	00:18:31	00:30:28	00:42:40	00:55:18
131	16	21	Christian Simon			1976	M45	00:06:32	00:18:35	00:30:47	00:43:12	00:55:26
132	15	39	Sebastian Morgenroth			1985	M35	00:06:53	00:19:03	00:31:08	00:43:48	00:55:50
133	8	58	Rainer Mattern	CJR Coburg		1967	M55	00:07:23	00:20:02	00:32:08	00:44:18	00:56:16
134	8	17	Wolfgang Desch			1963	M60	00:07:03	00:19:27	00:31:51	00:44:24	00:56:25
135	12	200	Peter Pitschmann			1969	M50	00:06:56	00:19:07	00:31:29	00:44:06	00:56:28
136	40	35	Ferdinand Dinkel	Sv Borussia Siedlung Lichtenfels		2000	MU30	00:06:36	00:18:57	00:31:28	00:44:24	00:56:39
137	41	33	Lucas Dütsch	SpVgg Rattelsdorf		1999	MU30	00:06:36	00:18:57	00:31:28	00:44:22	00:56:39
138	42	129	Manuel Stottele	TSV Burgpreppach		1996	MU30	00:06:54	00:19:03	00:31:07	00:43:48	00:56:55
139	17	113	Markus Grasser			1991	M30	00:07:22	00:20:03	00:32:35	00:45:10	00:56:58
140	16	43	David Kramer			1987	M35	00:06:19	00:18:19	00:30:54	00:44:03	00:57:03
141	1	244	Werner Büttner	TS Lichtenfels		1951	M70	00:06:54	00:19:32	00:32:13	00:44:59	00:57:42
142	18	187	Patrick Kaim	Run and Bike-Team Coburg		1991	M30	00:06:27	00:19:04	00:30:44	00:45:04	00:58:04
143	9	127	Michael Kroll	Sportstudio Highlight Lichtenfels		1963	M60	00:07:21	00:20:09	00:32:47	00:45:33	00:58:19
144	43	233	David Zapf	TSV 1860 Staffelstein		1997	MU30	00:07:22	00:20:16	00:33:07	00:45:56	00:58:27
145	19	89	Marco Eckstein			1990	M30	00:06:54	00:19:39	00:32:33	00:45:38	00:59:03
146	13	224	Frank Kutscher	SV Garitz		1969	M50	00:06:28	00:18:55	00:32:28	00:45:39	00:59:04
147	9	251	Manfred Pechtold	RunningBros Coburg		1967	M55	00:06:56	00:19:42	00:32:43	00:46:13	00:59:38
148	44	140	Johannes Flieger			1997	MU30	00:06:18	00:19:12	00:33:22	00:47:30	01:01:25
149	17	204	Jan Rößler			1984	M35	00:07:55	00:22:20	00:36:50	00:51:15	01:05:01
150	20	40	Alexander Zech			1989	M30	00:07:59	00:22:42	00:37:06	00:51:28	01:05:15
151	10	247	Stefan Schubert	RFM - Running For Myself		1960	M60	00:07:07	00:21:08	00:35:44	00:50:31	01:05:35

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde 1	Runde 2	Runde 3	Runde 4	Zeit
152	18	107	Lukas Toczydowski			1981	M40	00:07:45	00:22:02	00:36:37	00:51:03	01:05:45
153	1	66	Berthold Wolf	TS Lichtenfels		1942	M80	00:07:35	00:21:52	00:36:40	00:51:49	01:07:18
154	2	119	Pascal Schümann	MOLL Batterien		2007	MJU18	00:06:36	00:21:24	00:37:29	00:52:56	01:09:05
155	4	266	Peter Leiberich	LG Erlangen		1956	M65	00:08:35	00:24:17	00:40:46	00:57:26	01:13:51