

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|----------------------|--------------------------------------|------|------|----|----------|----------|
| 1 | | 112 | Marie Düker | Romantik Hotel zur Schwane | | 1996 | W | 00:31:07 | 00:31:05 |
| 2 | | 62 | Daniela Firsching | Viva Vitalzentrum | | 2001 | W | 00:32:16 | 00:32:15 |
| 3 | | 84 | Anastasia Alieva | SC Grün Weiß Schnappatmung | | 1991 | W | 00:34:49 | 00:33:50 |
| 4 | | 70 | Menninger Susanne | Deutsche Post Niederlassung Würzburg | | 1976 | W | 00:35:33 | 00:34:25 |
| 5 | | 208 | Franziska Kowalka | ÜZ Mainfranken eG | | 1994 | W | 00:35:10 | 00:34:51 |
| 6 | | 236 | Stefanie Djalek | Fachklinikum Mainschleife GmbH | | 1980 | W | 00:36:47 | 00:35:10 |
| 7 | | 343 | Birgitt Hack | Stadt Kitzingen | | 1968 | W | 00:37:08 | 00:35:24 |
| 8 | | 189 | Jasmin Zapf | EDEKA Schliermann | | 2003 | W | 00:36:09 | 00:35:55 |
| 9 | | 216 | Rebecca Hauk | ÜZ Mainfranken eG | | 1995 | W | 00:37:18 | 00:36:01 |
| 10 | | 183 | Nadine Müller | EDEKA Schliermann | | 1982 | W | 00:36:08 | 00:36:02 |
| 11 | | 338 | Edith Rößner | Stadt Kitzingen | | 1967 | W | 00:37:47 | 00:36:03 |
| 12 | | 344 | Angelika Schmitt | Stadt Kitzingen | | 1964 | W | 00:37:50 | 00:36:06 |
| 13 | | 73 | Rosi Hertwig | Deutsche Post Niederlassung Würzburg | | 1972 | W | 00:36:56 | 00:36:08 |
| 14 | | 91 | Sandra Hegwein | Frankana-Freiko-Maincamp | | 1980 | W | 00:40:24 | 00:39:11 |
| 15 | | 168 | Anja Fischer | Meßmer Werk Grettstadt | | 1981 | W | 00:40:26 | 00:39:16 |
| 16 | | 121 | Katharina Kunzelmann | Coolworld Rentals | | 1985 | W | 00:39:33 | 00:39:28 |
| 17 | | 329 | Stefanie Timm | Bundeswehr | | 1986 | W | 00:40:47 | 00:39:39 |
| 18 | | 132 | Franziska Meder | - | | 1991 | W | 00:40:05 | 00:39:47 |
| 19 | | 234 | Karin Endres | Riemenschneider-Apotheke | | 1985 | W | 00:41:06 | 00:40:20 |
| 20 | | 71 | Anja Amend | Deutsche Post Niederlassung Würzburg | | 1970 | W | 00:41:25 | 00:40:23 |
| 21 | | 51 | Isabell Lef | Dullinger Immobilien Verwaltung | | 1975 | W | 00:40:43 | 00:40:25 |
| 22 | | 130 | Alexandra Kummer | Jäcklein Architekten | | 1992 | W | 00:42:27 | 00:40:35 |
| 23 | | 330 | Vicky Kühn | Bundeswehr | | 1988 | W | 00:43:02 | 00:41:54 |
| 24 | | 83 | Myriam Bott | SC Grün Weiß Schnappatmung | | 1996 | W | 00:43:41 | 00:42:19 |
| 25 | | 166 | Natalia Resler | - | | 1992 | W | 00:43:05 | 00:42:21 |
| 26 | | 395 | Edith Rösner | Fachklinikum Mainschleife | | 1963 | W | 00:44:07 | 00:42:36 |
| 27 | | 49 | Sabine Dullinger | Dullinger Immobilien Verwaltung | | 1977 | W | 00:44:01 | 00:42:42 |
| 28 | | 75 | Bayer Kristina | Deutsche Post Niederlassung Würzburg | | 1996 | W | 00:43:53 | 00:42:50 |
| 29 | | 200 | Mona Ludwig | ÜZ Mainfranken eG | | 1996 | W | 00:44:10 | 00:42:52 |
| 30 | | 18 | Katharina Knoppe | Romantik Hotel zur Schwane | | 1990 | W | 00:44:39 | 00:42:59 |
| 31 | | 113 | Julia Knoppe | Romantik Hotel zur Schwane | | 1990 | W | 00:44:39 | 00:42:59 |
| 32 | | 232 | Katja Hattermann | Riemenschneider-Apotheke | | 1979 | W | 00:44:00 | 00:43:11 |
| 33 | | 97 | Valeria Jessen | PR-COM | | 1992 | W | 00:43:33 | 00:43:13 |
| 34 | | 126 | Alexandra Laackman | Team Bundeswehr JgBtl 291 | | 1972 | W | 00:43:23 | 00:43:14 |
| 35 | | 227 | Annika Mittenzwei | Stadt Iphofen | | 2002 | W | 00:43:55 | 00:43:18 |
| 36 | | 284 | Sophia Einwag | Bundeswehr | | 1993 | W | 00:44:04 | 00:43:37 |
| 37 | | 116 | Bianca Nippold | CK Solutions & Allianz Maeumbaed | | 1974 | W | 00:43:59 | 00:43:38 |
| 38 | | 145 | Anke Wanderer | Löwenstark | | 1977 | W | 00:45:32 | 00:44:09 |

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|-----------------------|--------------------------------|------|------|----|----------|----------|
| 39 | | 265 | Franziska Girscht | eology GmbH | | 1995 | W | 00:45:07 | 00:44:18 |
| 40 | | 124 | Alla Lohinova | Kernkraftwerk Grafenheinfeld | | 1980 | W | 00:44:40 | 00:44:30 |
| 41 | | 102 | Alexandra Liebenstein | KreativQuartier | | 1989 | W | 00:45:34 | 00:44:42 |
| 42 | | 55 | Jessica Emrich | Flitzpiepen | | 1997 | W | 00:46:39 | 00:45:06 |
| 43 | | 345 | Nadja Bischoff | Stadt Kitzingen | | 1999 | W | 00:46:38 | 00:45:06 |
| 44 | | 12 | Jasmin Lussert | Blutspendedienst des BRK | | 1990 | W | 00:46:13 | 00:45:18 |
| 45 | | 243 | Anna Zimmermann | EIKONA Coderunners | | 2006 | W | 00:46:23 | 00:45:54 |
| 46 | | 94 | Sandra Eichhorn | Frankana-Freiko-Maincamp | | 1974 | W | 00:47:17 | 00:46:04 |
| 47 | | 263 | Lara Meister | eology GmbH | | 1992 | W | 00:47:02 | 00:46:06 |
| 48 | | 147 | Verena Löwe | Löwenstark | | 1981 | W | 00:47:32 | 00:46:10 |
| 49 | | 19 | Eva Pfaff-Düker | Romantik Hotel zur Schwane | | 1963 | W | 00:48:09 | 00:46:47 |
| 50 | | 204 | Sabrina Stengel | ÜZ Mainfranken eG | | 1990 | W | 00:48:21 | 00:46:54 |
| 51 | | 33 | Melanie Bauer | Arnd Bauer Baudienstleistungen | | 1975 | W | 00:48:38 | 00:47:01 |
| 52 | | 134 | Alex Scheuring | Strong Family CrossWorkout | | 1982 | W | 00:47:34 | 00:47:02 |
| 53 | | 214 | Franziska Wenzel | ÜZ Mainfranken eG | | 1993 | W | 00:48:29 | 00:47:05 |
| 54 | | 270 | Anna Strobel | Vfl Volkach | | 2007 | W | 00:48:00 | 00:47:07 |
| 55 | | 199 | Julia Steinruck | ÜZ Mainfranken eG | | 1995 | W | 00:48:32 | 00:47:10 |
| 56 | | 150 | Anna Menzel | Burmester und Partner | | 2004 | W | 00:48:30 | 00:47:36 |
| 57 | | 207 | Sophie Blattner | ÜZ Mainfranken eG | | 1996 | W | 00:49:11 | 00:47:52 |
| 58 | | 31 | Nina Opfermann | Schimmelreiter | | 1990 | W | 00:48:29 | 00:47:55 |
| 59 | | 24 | Kathrin Christel | ÜZ Mainfranken eG | | 1997 | W | 00:50:13 | 00:48:53 |
| 60 | | 257 | Annika Maroth | eology GmbH | | 1991 | W | 00:50:15 | 00:49:24 |
| 61 | | 275 | Melissa Popp | Bundeswehr | | 1996 | W | 00:51:33 | 00:49:55 |
| 62 | | 276 | Mirjam Hofmeister | Bundeswehr | | 1992 | W | 00:51:34 | 00:49:56 |
| 63 | | 25 | Jasmin Burger | ÜZ Mainfranken eG | | 1992 | W | 00:51:36 | 00:50:19 |
| 64 | | 53 | Sarah Eitelwein | Schimmelreiter | | 1987 | W | 00:51:02 | 00:50:25 |
| 65 | | 65 | Nancy Greipel | Schmutzfink | | 1978 | W | 00:51:07 | 00:50:47 |
| 66 | | 26 | Manuela Schranz | Fachklinikum Mainschleife | | 1983 | W | 00:53:02 | 00:51:23 |
| 67 | | 300 | Selina Firsching | Bundeswehr | | 1999 | W | 00:51:53 | 00:51:46 |
| 68 | | 305 | Ann-Cathrin Schroeder | Bundeswehr | | 2003 | W | 00:51:54 | 00:51:47 |
| 69 | | 256 | Alina Hahn | eology GmbH | | 2000 | W | 00:52:23 | 00:52:07 |
| 70 | | 115 | Kathrin Ritzel | Romantik Hotel zur Schwane | | 1995 | W | 00:53:03 | 00:52:15 |
| 71 | | 188 | Carolin Otto | EDEKA Schliermann | | 1986 | W | 00:52:38 | 00:52:31 |
| 72 | | 23 | Schorr Anna-Lena | ÜZ Mainfranken eG | | 1996 | W | 00:54:52 | 00:53:33 |
| 73 | | 44 | Martina Bäuerlein | Einzelperson | | 1984 | W | 00:55:32 | 00:53:52 |
| 74 | | 45 | Susanne Schwartling | Einzelperson | | 1980 | W | 00:55:32 | 00:53:52 |
| 75 | | 267 | Irene Ruhl | eology GmbH | | 1988 | W | 00:54:22 | 00:54:02 |
| 76 | | 137 | Christine Marx | Strong Family CrossWorkout | | 1970 | W | 00:54:51 | 00:54:19 |

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|-------------------------|--|------|------|----|----------|----------|
| 77 | | 104 | Ellen Kimmel | KreativQuartier | | 1986 | W | 00:55:22 | 00:54:30 |
| 78 | | 103 | Christa Hünting | KreativQuartier | | 1988 | W | 00:55:23 | 00:54:31 |
| 79 | | 341 | Anna Goldschmidt | Stadt Kitzingen | | 1981 | W | 00:56:13 | 00:54:32 |
| 80 | | 337 | Karin Pabst | Stadt Kitzingen | | 1970 | W | 00:57:43 | 00:55:59 |
| 81 | | 4 | Theresa Ott | Stadt Volkach | | 1993 | W | 00:57:25 | 00:56:17 |
| 82 | | 60 | Yasmin Faßbinder | Volkacher Reisebüro /Buntstift Volkach | | 1961 | W | 01:00:09 | 00:58:58 |
| 83 | | 235 | Gaby Hoferer | Riemenschneider-Apotheke | | 1977 | W | 01:00:01 | 00:59:14 |
| 84 | | 187 | Heike Klos | EDEKA Schliermann | | 1989 | W | 01:01:10 | 01:00:30 |
| 85 | | 110 | Melina Kohr | Romantik Hotel zur Schwane | | 2001 | W | 01:06:41 | 01:05:07 |
| 86 | | 114 | Svitlana Karpluk | Romantik Hotel zur Schwane | | 1979 | W | 01:06:44 | 01:05:07 |
| 87 | | 184 | Eulabie Saldua | EDEKA Schliermann | | 1987 | W | 01:05:34 | 01:05:28 |
| 1 | | 266 | Florian Staudt | eology GmbH | | 1989 | M | 00:25:53 | 00:25:51 |
| 2 | | 64 | Maximilian Fuß | VfL Volkach | | 1991 | M | 00:27:00 | 00:27:00 |
| 3 | | 340 | Steffen Kraus | Stadt Kitzingen | | 2002 | M | 00:27:16 | 00:27:14 |
| 4 | | 323 | Carsten Schubert | Bundeswehr | | 1984 | M | 00:27:47 | 00:27:37 |
| 5 | | 212 | Raphael Wedel | ÜZ Mainfranken eG | | 1990 | M | 00:27:50 | 00:27:50 |
| 6 | | 48 | Carsten Schmidt | Dullinger Immobilien Verwaltung | | 1967 | M | 00:27:58 | 00:27:56 |
| 7 | | 242 | Jarek Pietrasina | EIKONA Coderunners | | 1999 | M | 00:28:16 | 00:28:13 |
| 8 | | 117 | Cayne Krapf | CK Solutions & Allianz Maeumbaed | | 1986 | M | 00:28:27 | 00:28:27 |
| 9 | | 351 | Jörn Hannaske | jan.a.team Coaching | | 1989 | M | 00:28:40 | 00:28:39 |
| 10 | | 350 | Jan-Frederik Dammenhain | jan.a.team Coaching | | 1992 | M | 00:28:46 | 00:28:45 |
| 11 | | 139 | Steffen Sikora | Strong Family CrossWorkout | | 1994 | M | 00:28:56 | 00:28:52 |
| 12 | | 16 | Eduard Pallisé Álvarez | TG 48 Schweinfurt | | 1986 | M | 00:28:57 | 00:28:56 |
| 13 | | 141 | Benjamin Meixner | FC Pogo | | 1988 | M | 00:29:02 | 00:29:00 |
| 14 | | 79 | Oliver Bremer | Deutsche Post Niederlassung Würzburg | | 1989 | M | 00:29:21 | 00:29:18 |
| 15 | | 172 | Dennis Bender | Meßmer Werk Grettstadt | | 1982 | M | 00:29:59 | 00:29:56 |
| 16 | | 39 | Christian Lüttmann | Vogel Communications Group | | 1990 | M | 00:31:09 | 00:30:01 |
| 17 | | 162 | Dogan Cinbir | Team DriveCon | | 1982 | M | 00:30:48 | 00:30:13 |
| 18 | | 118 | Matthias Hitz | CK Solutions | | 1988 | M | 00:30:41 | 00:30:41 |
| 19 | | 56 | Patrick Engel | SKF | | 1987 | M | 00:31:03 | 00:30:50 |
| 20 | | 215 | Samuel Graf | ÜZ Mainfranken eG | | 1997 | M | 00:30:56 | 00:30:52 |
| 21 | | 333 | Kevin Borst | Die Borstis | | 1993 | M | 00:31:03 | 00:31:02 |
| 22 | | 34 | Benedikt Röhl | Arnd Bauer Baudienstleistungen | | 2003 | M | 00:32:40 | 00:31:04 |
| 23 | | 28 | Niklas Stark | Zapf & Hörlin | | 2003 | M | 00:31:59 | 00:31:11 |
| 24 | | 107 | Sebastian Kimmel | KreativQuartier | | 1984 | M | 00:31:23 | 00:31:11 |
| 25 | | 308 | André Gerhardinger | Bundeswehr | | 1993 | M | 00:31:29 | 00:31:21 |
| 26 | | 63 | Nils Haupt | Viva Vitalzentrum | | 1999 | M | 00:31:31 | 00:31:29 |
| 27 | | 41 | Marius Schneider | Vogel Communications Group | | 1997 | M | 00:31:47 | 00:31:45 |

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|----------------------|---|------|------|----|----------|----------|
| 28 | | 129 | Markus Moller | Lilie Volkach | | 1981 | M | 00:32:10 | 00:31:49 |
| 29 | | 171 | Andreas Berninger | Meßmer Werk Grettstadt | | 1992 | M | 00:32:59 | 00:31:54 |
| 30 | | 348 | Stefan Münch | Stadt Kitzingen | | 1982 | M | 00:31:59 | 00:31:57 |
| 31 | | 322 | Tobias Müller | Bundeswehr | | 1986 | M | 00:32:17 | 00:32:06 |
| 32 | | 47 | Maximilian Dullinger | Dullinger Immobilien Verwaltung | | 2004 | M | 00:33:36 | 00:32:20 |
| 33 | | 316 | Sandro Heidrich | Bundeswehr | | 1995 | M | 00:32:38 | 00:32:27 |
| 34 | | 210 | Robert Scheder | ÜZ Mainfranken eG | | 1994 | M | 00:33:09 | 00:32:36 |
| 35 | | 226 | Reiner Straub | Stadt Iphofen | | 1969 | M | 00:33:04 | 00:32:52 |
| 36 | | 106 | Michael Kimmel | KreativQuartier | | 1990 | M | 00:33:19 | 00:33:04 |
| 37 | | 105 | Michael Proschek | KreativQuartier | | 1985 | M | 00:33:20 | 00:33:06 |
| 38 | | 72 | Daniel Lux | Deutsche Post Niederlassung Würzburg | | 1979 | M | 00:33:32 | 00:33:09 |
| 39 | | 69 | Florian Mützel | Deutsche Post Niederlassung Würzburg | | 2001 | M | 00:34:11 | 00:33:09 |
| 40 | | 138 | Bernd Hennig | Strong Family CrossWorkout | | 1990 | M | 00:33:18 | 00:33:13 |
| 41 | | 233 | Johannes Unger | Riemenschneider-Apotheke | | 1983 | M | 00:33:59 | 00:33:13 |
| 42 | | 273 | Andreas Karg | Bundeswehr | | 1979 | M | 00:34:28 | 00:33:28 |
| 43 | | 211 | Luca Friedrich | ÜZ Mainfranken eG | | 2000 | M | 00:34:57 | 00:33:34 |
| 44 | | 186 | Tino Drum | EDEKA Schliermann | | 1988 | M | 00:33:53 | 00:33:36 |
| 45 | | 198 | Sebastian Schmitt | SV Herschfeld | | 1980 | M | 00:34:01 | 00:33:51 |
| 46 | | 163 | Felix Schreiber | Team DriveCon | | 1998 | M | 00:34:43 | 00:34:02 |
| 47 | | 223 | Josef Rößner | Deutsche Akademie für Kinder-und Jugend-Literatur | | 1983 | M | 00:35:54 | 00:34:08 |
| 48 | | 225 | Mario Servatius | Flitzpiepen | | 1973 | M | 00:34:13 | 00:34:09 |
| 49 | | 272 | Marcel Oertel | Bundeswehr | | 1981 | M | 00:34:45 | 00:34:09 |
| 50 | | 169 | Jerome Bendia | Meßmer Werk Grettstadt | | 1994 | M | 00:36:09 | 00:34:13 |
| 51 | | 313 | Willi Justus | Bundeswehr | | 1995 | M | 00:34:27 | 00:34:14 |
| 52 | | 86 | Daniil Kozlov | SC Grün Weiß Schnappatmung | | 2001 | M | 00:35:41 | 00:34:17 |
| 53 | | 213 | Markus Anger | ÜZ Mainfranken eG | | 1991 | M | 00:34:49 | 00:34:21 |
| 54 | | 209 | Johannes Dallner | ÜZ Mainfranken eG | | 1993 | M | 00:35:11 | 00:34:43 |
| 55 | | 67 | Reinhold Balbach | Deutsche Post Niederlassung Würzburg | | 1959 | M | 00:35:32 | 00:34:44 |
| 56 | | 185 | Finn Petersen | EDEKA Schliermann | | 2005 | M | 00:34:48 | 00:34:45 |
| 57 | | 259 | Daniel Unger | eology GmbH | | 1986 | M | 00:35:10 | 00:34:46 |
| 58 | | 205 | Christian Schraut | ÜZ Mainfranken eG | | 1979 | M | 00:36:14 | 00:34:47 |
| 59 | | 11 | Markus Schmid | | | 1982 | M | 00:36:04 | 00:34:56 |
| 60 | | 9 | Antonios Smyrmaios | eology GmbH | | 1998 | M | 00:35:45 | 00:35:00 |
| 61 | | 260 | David Limmer | eology GmbH | | 1993 | M | 00:35:44 | 00:35:04 |
| 62 | | 6 | Alois Kissner | Stadt Volkach | | 1985 | M | 00:35:47 | 00:35:08 |
| 63 | | 279 | Bernd Kursz | Bundeswehr | | 1990 | M | 00:35:19 | 00:35:09 |
| 64 | | 291 | Richard Mesmer | Bundeswehr | | 1983 | M | 00:35:30 | 00:35:21 |
| 65 | | 122 | Alexandro Duru | Coolworld Rentals | | 2005 | M | 00:35:29 | 00:35:25 |

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|------------------------|--|------|------|----|----------|----------|
| 66 | | 346 | Tobias Haupt | Stadt Kitzingen | | 1976 | M | 00:35:56 | 00:35:38 |
| 67 | | 206 | Maximilian Herget | ÜZ Mainfranken eG | | 2000 | M | 00:36:00 | 00:35:41 |
| 68 | | 315 | Julian Fahr | Bundeswehr | | 1997 | M | 00:36:38 | 00:35:47 |
| 69 | | 319 | Dustin Dreißigacker | Bundeswehr | | 1991 | M | 00:36:14 | 00:35:48 |
| 70 | | 81 | Joachim Hirt | FWG und Freunde | | 1967 | M | 00:35:51 | 00:35:50 |
| 71 | | 35 | Julian Bauer | Arnd Bauer Baudienstleistungen | | 1998 | M | 00:37:28 | 00:35:54 |
| 72 | | 29 | Bastian Härtling | Passavant-Geiger GmbH | | 1987 | M | 00:37:02 | 00:35:57 |
| 73 | | 178 | Leonie Rabenstein | EDEKA Schliermann | | 2005 | M | 00:36:11 | 00:35:58 |
| 74 | | 82 | Fabian Hollmann | Schimmelreiter | | 1988 | M | 00:36:44 | 00:36:01 |
| 75 | | 167 | Alexander Resler | - | | 1988 | M | 00:36:31 | 00:36:01 |
| 76 | | 222 | Stefan Dörr | Ultima Power | | 1985 | M | 00:37:27 | 00:36:01 |
| 77 | | 148 | Fabian Ziegler | Burmester und Partner | | 1983 | M | 00:37:07 | 00:36:02 |
| 78 | | 239 | Florian Lussert | Strabag | | 1987 | M | 00:36:28 | 00:36:14 |
| 79 | | 258 | Mario Strack | eology GmbH | | 1986 | M | 00:36:47 | 00:36:28 |
| 80 | | 175 | Stefan Proschek | EDEKA Schliermann | | 1981 | M | 00:36:55 | 00:36:37 |
| 81 | | 170 | Marcel Lechner | Meßmer Werk Grettstadt | | 1996 | M | 00:37:52 | 00:36:45 |
| 82 | | 244 | Gilles Renou | EIKONA Coderunners | | 1981 | M | 00:37:26 | 00:36:55 |
| 83 | | 302 | Daniel Heinickel | Bundeswehr | | 1988 | M | 00:37:23 | 00:37:12 |
| 84 | | 50 | Christian Dr.Dullinger | Dullinger Immobilien Verwaltung | | 1970 | M | 00:38:33 | 00:37:15 |
| 85 | | 269 | Manuel Alber | Bundeswehr | | 1995 | M | 00:38:00 | 00:37:16 |
| 86 | | 125 | Thomas Schnepf | Kernkraftwerk Grafenrheinfeld | | 1962 | M | 00:37:32 | 00:37:22 |
| 87 | | 336 | Oliver Graumann | Stadt Kitzingen | | 1962 | M | 00:39:04 | 00:37:22 |
| 88 | | 142 | Demian Löwe | Löwenstark | | 2006 | M | 00:37:40 | 00:37:37 |
| 89 | | 202 | Rainer Kriegbaum | ÜZ Mainfranken eG | | 1967 | M | 00:38:47 | 00:37:37 |
| 90 | | 247 | Kai Binkowsky | EIKONA Coderunners | | 1993 | M | 00:38:00 | 00:37:39 |
| 91 | | 339 | Stefan Güntner | Stadt Kitzingen | | 1981 | M | 00:39:21 | 00:37:39 |
| 92 | | 197 | Alexander Rudolph | Raiffeisenbank Mainschleife - Steigerwald eG | | 1999 | M | 00:38:04 | 00:37:41 |
| 93 | | 240 | Johann Gangl | Strabag | | 1962 | M | 00:37:58 | 00:37:43 |
| 94 | | 42 | Lars Hammer | Vogel Communications Group | | 1995 | M | 00:38:53 | 00:37:48 |
| 95 | | 155 | Jonas Zintel | Burmester und Partner | | 2003 | M | 00:38:53 | 00:37:52 |
| 96 | | 238 | Rainer Dotzel | Fachklinikum Mainschleife GmbH | | 1967 | M | 00:39:33 | 00:37:57 |
| 97 | | 327 | Eduard Frank | Bundeswehr | | 1982 | M | 00:38:38 | 00:38:02 |
| 98 | | 278 | Sergius Fischer | Bundeswehr | | 1989 | M | 00:38:38 | 00:38:03 |
| 99 | | 174 | Stefan Schiebold | Schiebold Tech | | 1960 | M | 00:38:10 | 00:38:06 |
| 100 | | 5 | Heiner Weinacht | Stadt Volkach | | 1978 | M | 00:38:57 | 00:38:11 |
| 101 | | 331 | Tobias Christ | Bundeswehr | | 1981 | M | 00:39:19 | 00:38:14 |
| 102 | | 77 | Jochen Hiller | Deutsche Post Niederlassung Würzburg | | 1964 | M | 00:39:21 | 00:38:23 |
| 103 | | 98 | Martin Ament | Zapf & Hörlin | | 1974 | M | 00:39:13 | 00:38:28 |

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|-----------------------|----------------------------------|------|------|----|----------|----------|
| 104 | | 347 | Jonas Wirth | Stadt Kitzingen | | 1998 | M | 00:38:45 | 00:38:29 |
| 105 | | 13 | Rainer Link | Blutspendedienst des BRK | | 1990 | M | 00:39:00 | 00:38:31 |
| 106 | | 262 | Louis Fischer | eology GmbH | | 1998 | M | 00:38:47 | 00:38:31 |
| 107 | | 165 | René Reichmann | Einzelperson | | 1986 | M | 00:39:37 | 00:38:38 |
| 108 | | 201 | Marcel Löwel | ÜZ Mainfranken eG | | 1994 | M | 00:40:07 | 00:38:45 |
| 109 | | 1 | Mario Rauchenberger | Stadt Volkach | | 1967 | M | 00:39:42 | 00:39:04 |
| 110 | | 92 | Torsten Scheerer | Frankana-Freiko-Maincamp | | 1973 | M | 00:40:25 | 00:39:12 |
| 111 | | 303 | Pascal Wicke | Bundeswehr | | 1985 | M | 00:39:43 | 00:39:20 |
| 112 | | 101 | Christian Liebenstein | KreativQuartier | | 1981 | M | 00:40:11 | 00:39:26 |
| 113 | | 108 | Oliver Klemke | Die Laufjunkies | | 1986 | M | 00:40:48 | 00:39:35 |
| 114 | | 66 | Frederic Gutowski | AWO | | 1986 | M | 00:40:49 | 00:39:36 |
| 115 | | 292 | Simon Delbeck | Bundeswehr | | 1991 | M | 00:40:18 | 00:39:39 |
| 116 | | 52 | Benjamin Eitelwein | Kein Team Einzelperson | | 1979 | M | 00:40:21 | 00:39:42 |
| 117 | | 10 | Sebastian Fechner | Blutspendedienst des BRK | | 1987 | M | 00:40:10 | 00:39:45 |
| 118 | | 27 | Dirk Ziegler | Fachklinikum Mainschleife | | 1975 | M | 00:41:16 | 00:39:45 |
| 119 | | 328 | Peter Kammlott | Bundeswehr | | 1991 | M | 00:40:16 | 00:39:46 |
| 120 | | 15 | Viktor Schäfer | Blutspendedienst des BRK | | 1991 | M | 00:40:10 | 00:39:47 |
| 121 | | 151 | Tshikens Yilu | Burmester und Partner | | 1990 | M | 00:40:46 | 00:39:47 |
| 122 | | 228 | Andreas Gruen | Stadt Iphofen | | 1987 | M | 00:40:20 | 00:39:47 |
| 123 | | 298 | Daniel Goldstein | Bundeswehr | | 1995 | M | 00:40:13 | 00:39:48 |
| 124 | | 312 | Fabian Böhm | Bundeswehr | | 1993 | M | 00:40:41 | 00:39:56 |
| 125 | | 246 | Marcel Strasser | EIKONA Coderunners | | 1992 | M | 00:41:24 | 00:39:57 |
| 126 | | 87 | Victor Weitzmann | SC Grün Weiß Schnappatmung | | 1995 | M | 00:41:26 | 00:40:03 |
| 127 | | 164 | Michael Wimmer | Passavant-Geiger GmbH | | 1964 | M | 00:41:13 | 00:40:11 |
| 128 | | 281 | Horst Ruppe | Strabag | | 1959 | M | 00:40:26 | 00:40:11 |
| 129 | | 140 | Dani Brems | Strong Family CrossWorkout | | 1975 | M | 00:40:23 | 00:40:19 |
| 130 | | 321 | Leon Fidler | Bundeswehr | | 2002 | M | 00:40:33 | 00:40:20 |
| 131 | | 220 | Samuel Utzelmann | Ultima Power | | 1996 | M | 00:41:51 | 00:40:26 |
| 132 | | 219 | Dominik Blattmeier | Ultima Power | | 1998 | M | 00:41:55 | 00:40:30 |
| 133 | | 218 | Martin Seitz | Ultima Power | | 1987 | M | 00:41:59 | 00:40:33 |
| 134 | | 21 | Benedikt Maeumbaed | CK Solutions & Allianz Maeumbaed | | 1993 | M | 00:41:12 | 00:40:47 |
| 135 | | 229 | Matthias Mahr | Stadt Iphofen | | 1988 | M | 00:41:20 | 00:40:49 |
| 136 | | 282 | Horst Niedermeyer | Einzelperson | | 1975 | M | 00:41:32 | 00:40:52 |
| 137 | | 61 | Jannick Kariegus | Einzelperson | | 1998 | M | 00:41:00 | 00:40:53 |
| 138 | | 326 | Vincent Kullmann | Bundeswehr | | 2002 | M | 00:42:04 | 00:41:02 |
| 139 | | 57 | Felix Engert | FWG und Freunde | | 1986 | M | 00:41:36 | 00:41:03 |
| 140 | | 271 | Lucas Calligaro | Bundeswehr | | 2003 | M | 00:42:38 | 00:41:07 |
| 141 | | 128 | Jörg Linke | LA-Postpress | | 1971 | M | 00:42:51 | 00:41:10 |

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|-----------------------|--|------|------|----|----------|----------|
| 142 | | 143 | Kristian Streit | Löwenstark | | 2000 | M | 00:42:38 | 00:41:17 |
| 143 | | 349 | Jens Pauluhn | Stadt Kitzingen | | 1964 | M | 00:43:02 | 00:41:19 |
| 144 | | 152 | David Schömig | Burmester und Partner | | 1989 | M | 00:42:08 | 00:41:22 |
| 145 | | 241 | Cengiz Zarbo | FWG und Freunde | | 1983 | M | 00:42:26 | 00:41:36 |
| 146 | | 30 | Florian Schäfer | Flow | | 1987 | M | 00:42:11 | 00:41:46 |
| 147 | | 334 | Uwe Plomitzer | Stadt Kitzingen | | 1969 | M | 00:43:34 | 00:41:51 |
| 148 | | 36 | Marcel Blanke | Nipro PharmaPackaging Germany GmbH | | 1983 | M | 00:42:30 | 00:41:54 |
| 149 | | 74 | Dieter Weigand | Deutsche Post Niederlassung Würzburg | | 1966 | M | 00:42:50 | 00:41:54 |
| 150 | | 221 | Michael Lukas | Ultima Power | | 1983 | M | 00:43:18 | 00:41:55 |
| 151 | | 182 | Franziska Schliermann | EDEKA Schliermann | | 1996 | M | 00:42:40 | 00:42:05 |
| 152 | | 120 | Vitor Santos | Coolworld Rentals | | 1995 | M | 00:42:12 | 00:42:08 |
| 153 | | 231 | Elke Schrauth | Riemenschneider-Apotheke | | 1977 | M | 00:43:03 | 00:42:18 |
| 154 | | 46 | Frank Deininger | Identitätsarchitekten | | 1987 | M | 00:42:34 | 00:42:20 |
| 155 | | 131 | Stefan Schrauth | Jäcklein Architekten | | 1971 | M | 00:43:53 | 00:42:20 |
| 156 | | 217 | Stefan Schäfer | UGDE | | 1975 | M | 00:43:22 | 00:42:23 |
| 157 | | 196 | Christoph Schulz | Raiffeisenbank Mainschleife - Steigerwald eG | | 1992 | M | 00:42:47 | 00:42:32 |
| 158 | | 310 | Max Wilke | Bundeswehr | | 2002 | M | 00:42:55 | 00:42:32 |
| 159 | | 99 | Lucas Kesselhut | Schimmelreiter | | 1993 | M | 00:43:24 | 00:42:41 |
| 160 | | 78 | Tim Reinhart | Deutsche Post Niederlassung Würzburg | | 1997 | M | 00:43:48 | 00:42:45 |
| 161 | | 32 | Tobias Barth | Schimmelreiter | | 1984 | M | 00:43:30 | 00:42:49 |
| 162 | | 255 | Peter Kirchner | Einzelperson | | 1961 | M | 00:44:28 | 00:42:51 |
| 163 | | 283 | Maximilian Garbas | Bundeswehr | | 1997 | M | 00:43:15 | 00:42:51 |
| 164 | | 280 | Mario Stephan | Bundeswehr | | 1987 | M | 00:43:16 | 00:42:52 |
| 165 | | 154 | Dominik Döppler | Burmester und Partner | | 1988 | M | 00:43:50 | 00:42:53 |
| 166 | | 277 | Jörg Laackman | Bundeswehr | | 1971 | M | 00:43:24 | 00:43:15 |
| 167 | | 191 | Martin Weber | Raiffeisenbank Mainschleife - Steigerwald eG | | 1965 | M | 00:43:36 | 00:43:18 |
| 168 | | 76 | Bernd Giese | Deutsche Post Niederlassung Würzburg | | 1988 | M | 00:44:35 | 00:43:29 |
| 169 | | 285 | Marco Wüstrich | Bundeswehr | | 1989 | M | 00:44:05 | 00:43:37 |
| 170 | | 294 | Devren Hartmann | Bundeswehr | | 1994 | M | 00:44:03 | 00:43:37 |
| 171 | | 123 | Max Döpfert | Kernkraftwerk Grafenrheinfeld | | 1997 | M | 00:43:50 | 00:43:41 |
| 172 | | 248 | Stefan Seufert | EIKONA Coderunners | | 1979 | M | 00:45:31 | 00:43:49 |
| 173 | | 133 | Christof Musik | Strong Family CrossWorkout | | 1982 | M | 00:44:23 | 00:43:50 |
| 174 | | 295 | Sebastian Röckelein | Bundeswehr | | 1990 | M | 00:44:48 | 00:43:50 |
| 175 | | 22 | Marcus Dittmann | ÜZ Mainfranken eG | | 1979 | M | 00:45:26 | 00:43:59 |
| 176 | | 317 | Marcel Schulz | Bundeswehr | | 2003 | M | 00:44:49 | 00:44:23 |
| 177 | | 325 | Pit Kasner | Bundeswehr | | 1986 | M | 00:45:37 | 00:44:27 |
| 178 | | 58 | Ulrich Falk | FWG und Freunde | | 1970 | M | 00:45:55 | 00:44:31 |
| 179 | | 146 | Tobias Löwe | Löwenstark | | 1979 | M | 00:45:53 | 00:44:33 |

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|---------------------|--|------|------|----|----------|----------|
| 180 | | 307 | David Fernandes | Bundeswehr | | 1978 | M | 00:44:53 | 00:44:45 |
| 181 | | 93 | Lukasz Slomczewski | Einzelperson | | 1985 | M | 00:45:22 | 00:44:45 |
| 182 | | 245 | Christoph Bauer | EIKONA Coderunners | | 1989 | M | 00:45:17 | 00:44:50 |
| 183 | | 96 | Julian Thum | Frankana-Freiko-Maincamp | | 1990 | M | 00:46:30 | 00:45:15 |
| 184 | | 250 | Alexander Freibott | EIKONA Coderunners | | 1978 | M | 00:46:32 | 00:45:16 |
| 185 | | 127 | Alexander Landauer | LA-Postpress | | 1979 | M | 00:46:57 | 00:45:17 |
| 186 | | 179 | Darius Schliermann | EDEKA Schliermann | | 1989 | M | 00:46:01 | 00:45:27 |
| 187 | | 119 | Benjamin Gottschalk | Coolworld Rentals | | 1995 | M | 00:45:41 | 00:45:37 |
| 188 | | 290 | Dominic Mosel | Bundeswehr | | 2000 | M | 00:46:08 | 00:45:37 |
| 189 | | 14 | Armin Weckert | Blutspendedienst des BRK | | 1973 | M | 00:46:13 | 00:45:48 |
| 190 | | 54 | Thomas Voigt | Flitzpiepen | | 1985 | M | 00:47:34 | 00:46:00 |
| 191 | | 224 | Tim Nunn | Flitzpiepen | | 2001 | M | 00:47:34 | 00:46:01 |
| 192 | | 261 | Julian Meister | eology GmbH | | 1993 | M | 00:47:01 | 00:46:05 |
| 193 | | 176 | Nathan Schliermann | EDEKA Schliermann | | 1990 | M | 00:46:18 | 00:46:07 |
| 194 | | 297 | Jörg Rippel | Bundeswehr | | 1993 | M | 00:46:14 | 00:46:09 |
| 195 | | 158 | Bastian Leicht | Team DriveCon | | 1991 | M | 00:46:44 | 00:46:10 |
| 196 | | 264 | Kai Wenzel | eology GmbH | | 1976 | M | 00:46:58 | 00:46:15 |
| 197 | | 88 | Boris Loktev | SC Grün Weiß Schnappatmung | | 2000 | M | 00:47:37 | 00:46:18 |
| 198 | | 38 | Philipp Dotzler | Vogel Communications Group | | 1983 | M | 00:47:34 | 00:46:19 |
| 199 | | 193 | Volker Kreißl | Raiffeisenbank Mainschleife - Steigerwald eG | | 1981 | M | 00:46:45 | 00:46:25 |
| 200 | | 309 | Marcel Eggert | Bundeswehr | | 1998 | M | 00:47:00 | 00:46:37 |
| 201 | | 190 | Dirk Deppisch | Raiffeisenbank Mainschleife - Steigerwald eG | | 1975 | M | 00:47:11 | 00:46:49 |
| 202 | | 160 | Andreas Weisenseel | Team DriveCon | | 1987 | M | 00:47:54 | 00:47:15 |
| 203 | | 159 | Christopher Ries | Team DriveCon | | 1993 | M | 00:47:54 | 00:47:18 |
| 204 | | 100 | Sebastian Mäder | KreativQuartier | | 1986 | M | 00:48:02 | 00:47:20 |
| 205 | | 17 | Johannes Jungkunst | Romantik Hotel zur Schwane | | 2000 | M | 00:49:09 | 00:47:28 |
| 206 | | 59 | Wencke Haupt | Volkacher Reisebüro /Buntstift Volkach | | 1980 | M | 00:48:37 | 00:47:28 |
| 207 | | 153 | Tobias Kozlik | Burmester und Partner | | 1988 | M | 00:48:46 | 00:47:34 |
| 208 | | 296 | Peter Wientzek | Bundeswehr | | 1994 | M | 00:48:38 | 00:47:52 |
| 209 | | 40 | Volker Drescher | Vogel Communications Group | | 1970 | M | 00:49:20 | 00:48:04 |
| 210 | | 195 | Alexander Bergmann | Raiffeisenbank Mainschleife - Steigerwald eG | | 1984 | M | 00:48:28 | 00:48:15 |
| 211 | | 156 | Michael Weisenseel | Team DriveCon | | 1983 | M | 00:48:55 | 00:48:18 |
| 212 | | 254 | gerhard werner | privat | | 1961 | M | 00:49:20 | 00:48:36 |
| 213 | | 253 | thomas müller | privat | | 1966 | M | 00:49:19 | 00:48:38 |
| 214 | | 43 | Sicong Jia | Vogel Communications Group | | 1990 | M | 00:49:54 | 00:48:40 |
| 215 | | 249 | Patrick Krisch | EIKONA Coderunners | | 1989 | M | 00:50:17 | 00:48:49 |
| 216 | | 252 | Torsten Herbert | EIKONA Coderunners | | 1977 | M | 00:50:17 | 00:48:49 |
| 217 | | 320 | Volker Baum | Bundeswehr | | 1993 | M | 00:49:01 | 00:48:50 |

| Platz | PlatzAK | StartNr | Name | Team / Verein / Firma | Nat. | JG | AK | Brutto | Netto |
|-------|---------|---------|----------------------|--|------|------|----|----------|----------|
| 218 | | 287 | Wolfgang Pjjs | Die Borstis | | 1959 | M | 00:49:36 | 00:49:01 |
| 219 | | 203 | Lukas Mainka | ÜZ Mainfranken eG | | 2003 | M | 00:50:34 | 00:49:07 |
| 220 | | 194 | Tim Braun | Raiffeisenbank Mainschleife - Steigenwald eG | | 2002 | M | 00:50:00 | 00:49:33 |
| 221 | | 20 | Onur Gürbüz | Coolworld Rentals | | 2004 | M | 00:51:10 | 00:51:06 |
| 222 | | 318 | Sven Jarraß | Bundeswehr | | 1999 | M | 00:51:35 | 00:51:09 |
| 223 | | 237 | Stefan Schlereth | Fachklinikum Mainschleife GmbH | | 1976 | M | 00:53:02 | 00:51:23 |
| 224 | | 332 | Joerg Berg | Bundeswehr | | 1979 | M | 00:52:11 | 00:51:26 |
| 225 | | 2 | Franz Amthor | Stadt Volkach | | 1952 | M | 00:51:59 | 00:51:38 |
| 226 | | 111 | Max Jurisch | Romantik Hotel zur Schwane | | 1997 | M | 00:53:55 | 00:52:19 |
| 227 | | 293 | Wasili Syrianow | Bundeswehr | | 1992 | M | 00:52:48 | 00:52:28 |
| 228 | | 177 | Martin Erhard | EDEKA Schliermann | | 1979 | M | 00:53:35 | 00:53:17 |
| 229 | | 135 | Chrizzy Hellerhelper | Strong Family CrossWorkout | | 1983 | M | 00:54:52 | 00:54:21 |
| 230 | | 136 | Nina Röding | Strong Family CrossWorkout | | 1990 | M | 00:54:52 | 00:54:27 |
| 231 | | 306 | Anton Mollandin | Bundeswehr | | 2000 | M | 00:54:54 | 00:54:29 |
| 232 | | 8 | Stefan Schuhmann | Stadt Volkach | | 1965 | M | 00:59:12 | 00:58:25 |
| 233 | | 37 | Roland Borst | Die Borstis | | 1956 | M | 00:59:41 | 00:59:09 |
| 234 | | 251 | Chris Reuter | EIKONA Coderunners | | 1989 | M | 01:01:14 | 00:59:45 |
| 235 | | 109 | Christoph Götz | Romantik Hotel zur Schwane | | 1991 | M | 01:04:23 | 01:03:01 |
| 236 | | 181 | Stephan Günther | EDEKA Schliermann | | 2002 | M | 01:05:35 | 01:04:52 |
| 237 | | 180 | Linus Riesinger | EDEKA Schliermann | | 2004 | M | 01:09:39 | 01:09:31 |