

31. Ismaninger Winterlaufserie 22/23

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Lauf 1	Lauf 2	Lauf 3	Zeit
1	1	804	Tina Fischl	WSV Otterskirchen		1976	W45	00:51:59	01:06:16	01:23:02	03:21:17
2	1	15	Mariia Radko	TNT Eiblteam		1997	WU30	00:57:27	01:05:44	01:21:43	03:24:54
3	2	816	Nelly Raßmann	TV Planegg-Krailling		1997	WU30	00:54:21	01:08:49	01:24:04	03:27:14
4	3	357	Theresa Kralzer	LG Sempt		1997	WU30	00:53:11	01:09:58	01:24:42	03:27:51
5	2	12	Anja Kobs	Sport Ruscher Team		1976	W45	00:53:39	01:09:04	01:25:26	03:28:09
6	1	413	Katrin Esefeld	LG Mettenheim		1982	W40	00:55:00	01:10:07	01:27:35	03:32:42
7	3	419	Yvonne Kleiner	LG Stadtwerke München		1974	W45	00:54:07	01:12:05	01:27:10	03:33:22
8	1	91	Ivana Gancheva	LG Sempt		1988	W35	00:56:15	01:14:05	01:31:03	03:41:23
9	4	700	Anja Beck	LG Region Landshut		1997	WU30	00:57:45	01:12:09	01:32:04	03:41:58
10	1	395	Coco Wieland	TSV Ismaning		1970	W50	00:59:55	01:14:10	01:36:20	03:50:25
11	5	210	Mathilda Stockhaus	SV Esting		1998	WU30	00:59:06	01:17:18	01:34:28	03:50:52
12	1	891	Sylwia Bazan			1992	W30	00:58:35	01:17:20	01:35:15	03:51:10
13	6	751	Beatrice Bopp	Lauf-Team Hermes UniBwM		2000	WU30	01:00:01	01:17:50	01:38:12	03:56:03
14	1	335	Mary O'Leary	FC Perlach		1965	W55	00:59:54	01:18:32	01:37:44	03:56:10
15	7	717	Maika Dohmen	MRRC München		1994	WU30	00:57:17	01:17:47	01:42:00	03:57:04
16	2	64	Stephanie Lindholz			1973	W50	01:01:09	01:19:21	01:36:50	03:57:20
17	4	45	Sonja Vogt			1978	W45	01:01:40	01:20:00	01:40:11	04:01:51
18	2	168	Anna Paap	Unterbiberg		1990	W30	00:59:59	01:20:10	01:47:26	04:07:35
19	5	680	Esther Wößmann	FC Aschheim		1975	W45	01:04:12	01:21:51	01:43:38	04:09:41
20	3	839	Anila Wagenhofer	LG Sempt		1989	W30	01:03:03	01:23:28	01:43:24	04:09:55
21	2	1036	Anja Blersch	TSV Brannenburg		1979	W40	01:04:05	01:23:16	01:45:18	04:12:39
22	3	267	Vera Schinnerl	Erdinger Active Team		1972	W50	01:05:46	01:23:32	01:44:47	04:14:05
23	3	509	Anna May	AH Oberer Bezirk		1979	W40	01:04:14	01:24:52	01:45:23	04:14:29
24	8	761	Charlotte Reigner			1996	WU30	01:02:54	01:23:07	01:49:39	04:15:40
25	6	468	Tanja Ramian	RSG Olympiapark München		1977	W45	01:06:41	01:24:54	01:48:30	04:20:05
26	4	217	Christiane Tillschneider	MTV 1862 Pfaffenhofen		1971	W50	01:07:46	01:27:49	01:48:11	04:23:46
27	7	82	Susi Tluc-Meindinger	Petershausen		1977	W45	01:07:51	01:28:27	01:47:57	04:24:15
28	8	857	Udine Von Diemer			1975	W45	01:07:59	01:28:52	01:50:01	04:26:52
29	9	944	Pia Wöginger	LG Stadtwerke München		1994	WU30	01:06:40	01:30:22	01:52:07	04:29:09
30	4	1089	Simone Rau	Lufthansa Pinguine		1991	W30	01:09:37	01:28:19	01:51:27	04:29:23
31	5	291	Anit Hetz	Team Eicherloh		1971	W50	01:09:01	01:30:33	01:54:16	04:33:50
32	9	1088	Birgit Ulbrich	Tennisfreunde Markt Schwaben		1976	W45	01:11:32	01:30:17	01:52:27	04:34:16
33	6	30	Di Nato Jo.			1973	W50	01:11:39	01:31:05	01:52:07	04:34:51
34	1	629	Susanne Grammer	TV Planegg-Krailling		1960	W60	01:07:59	01:30:54	01:56:06	04:34:59
35	4	853	Lisa Sirch			1983	W40	01:08:47	01:31:16	01:55:35	04:35:38
36	2	26	Gabriele Mayr			1964	W55	01:11:40	01:31:56	01:53:27	04:37:03
37	5	153	Ariane Bohlemann	Die OKS		1981	W40	01:09:33	01:30:53	01:57:11	04:37:37
38	1	685	Lucia Bacherl	ACCNITE Running		2006	WJU18	01:17:50	01:27:31	01:52:52	04:38:13

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39	2	367	Séraphine-Léonie Optenhoevel	LG Stadtwerke München		2006	WJU18	01:05:51	01:29:21	02:03:21	04:38:33
40	2	314	Katharina Lorenzer	Die Profilagenten		1984	W35	01:10:54	01:32:45	01:54:56	04:38:35
41	1	486	Kristin Wedepohl-Ernst	MTV 1862 Pfaffenhofen		1958	W65	01:10:52	01:32:38	01:58:25	04:41:55
42	5	79	Lisa Spiegler			1991	W30	01:10:17	01:35:27	01:56:50	04:42:34
43	10	361	Sylvia Langer	Team TRInity Coaching		1977	W45	01:11:55	01:34:59	01:57:38	04:44:32
44	7	723	Brigitte Bauer			1969	W50	01:12:15	01:34:57	01:57:34	04:44:46
45	3	385	Astrid Scheliga			1968	W55	01:13:20	01:34:05	01:58:17	04:45:42
46	2	712	Waltraud Mießlinger	SV Landshut-Münchnerau		1960	W60	01:12:11	01:33:57	01:59:49	04:45:57
47	8	271	Andrea Bettello	TSV Ismaning		1971	W50	01:11:59	01:34:59	02:00:34	04:47:32
48	6	616	Sabrina Maier			1992	W30	01:13:08	01:34:57	01:59:29	04:47:34
49	3	67	Doris Thums	MRRC München		1961	W60	01:13:12	01:34:50	02:00:12	04:48:14
50	4	138	Christel Heitmüller			1962	W60	01:12:40	01:35:35	02:00:50	04:49:05
51	3	179	Janneke Oostenrijk	Team Oostenrijk		1988	W35	01:12:19	01:38:51	01:59:14	04:50:24
52	9	233	Nicole Schneider	Westend United e.V.		1972	W50	01:13:50	01:35:54	02:03:11	04:52:55
53	11	877	Susanne Simsek	RC Abschnitt Mitte		1978	W45	01:14:38	01:37:19	02:01:28	04:53:25
54	10	51	Gudrun Moll	IsarRunners		1969	W50	01:14:30	01:35:42	02:03:34	04:53:46
55	12	70	Inga Glasenapp			1978	W45	01:17:24	01:35:45	02:00:48	04:53:57
56	6	500	Ela Synowiec-Cerdeiro			1983	W40	01:14:21	01:38:40	02:04:31	04:57:32
57	7	165	Kathrin Schmuderer			1983	W40	01:12:07	01:41:01	02:04:27	04:57:35
58	10	368	Muriel-Alizée Optenhoevel	LG Stadtwerke München		2003	WU30	01:13:59	01:38:58	02:04:40	04:57:37
59	8	203	Melanie Heiß			1980	W40	01:15:11	01:38:59	02:04:37	04:58:47
60	11	317	Carina Kainz			1999	WU30	01:07:29	01:52:41	01:58:52	04:59:02
61	13	654	Nikola Rahm	Riffeladler		1974	W45	01:16:58	01:37:03	02:06:13	05:00:14
62	14	388	BIANCA WINARSKY	Runfurther		1976	W45	01:15:49	01:38:54	02:06:43	05:01:26
63	11	242	Grit Lindner	Laufgänse		1970	W50	01:16:27	01:40:20	02:06:05	05:02:52
64	4	690	Viktoria Pfaffenrot			1986	W35	01:14:27	01:44:46	02:05:07	05:04:20
65	3	617	Katharina Notter			2006	WJU18	01:13:58	01:40:38	02:09:53	05:04:29
66	15	707	Alexandra Klein	Freisinger Duo		1974	W45	01:16:26	01:35:57	02:13:35	05:05:58
67	12	643	Yudelky Escorborez			1971	W50	01:17:05	01:40:05	02:10:11	05:07:21
68	16	1086	Mirjam Adelberg			1974	W45	01:15:49	01:40:54	02:10:49	05:07:32
69	5	811	Katrin Hofgartner			1987	W35	01:14:34	01:50:20	02:04:35	05:09:29
70	2	382	Gabriele Kaiser	SC Unterpffaffenhofen-Germering		1956	W65	01:15:03	01:48:44	02:07:02	05:10:49
71	17	140	Elisabeth Fascher			1978	W45	01:19:36	01:45:19	02:06:55	05:11:50
72	6	407	Janneke Speetjens			1984	W35	01:22:00	01:42:38	02:07:41	05:12:19
73	18	85	Stephanie Headley	adidas Runners Munich		1977	W45	01:19:42	01:48:20	02:05:51	05:13:53
74	19	16	Daniela Kneuker-Hammer	-		1974	W45	01:19:41	01:45:37	02:11:32	05:16:50
75	4	391	Kathrin Schulz-Semten	SpVgg Höhenkirchen		1968	W55	01:19:08	01:46:10	02:13:16	05:18:34
76	7	1035	Dimitrinka Kisimova			1984	W35	01:26:22	01:43:40	02:10:06	05:20:08

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77	9	390	Beatrice Harbig			1982	W40	01:21:25	01:46:19	02:12:54	05:20:38
78	12	152	Rebecca Albrecht	Bexi & Friends		1998	WU30	01:22:18	01:47:33	02:11:35	05:21:26
79	20	243	Nadine Schwarz	Laufgänse		1977	W45	01:19:55	01:52:48	02:11:12	05:23:55
80	5	470	Ursula Zimmermann			1966	W55	01:22:41	01:49:48	02:15:06	05:27:35
81	13	393	Angela Stangl	SpVgg Höhenkirchen		1971	W50	01:24:04	01:48:11	02:20:14	05:32:29
82	14	338	Grit Köhler	Lauftreff Kirchseeon		1971	W50	01:20:39	01:48:32	02:23:30	05:32:41
83	8	472	Lenka Debre			1984	W35	01:25:29	01:49:29	02:19:45	05:34:43
84	5	187	Angelika Mathes	WSV Bad Tölz		1963	W60	01:22:15	01:54:32	02:22:55	05:39:42
85	10	1182	Simone Zier	Erdinger Active Team		1979	W40	01:25:49	01:56:02	02:18:26	05:40:17
86	15	573	Monika Brödel			1973	W50	01:30:04	01:49:01	02:21:21	05:40:26
87	11	436	Sandra Breitenlechner	Lang-Läufer		1979	W40	01:25:22	01:54:57	02:20:17	05:40:36
88	7	716	Monika Ehrenreich	Lauftreff Pfaffenhofen		1991	W30	01:27:19	01:49:02	02:26:02	05:42:23
89	21	497	Sylke Dittrich			1978	W45	01:26:21	01:54:27	02:22:47	05:43:35
90	16	876	Almut Burkhardt			1970	W50	01:27:36	01:55:48	02:20:37	05:44:01
91	8	589	Daniela Lochmann	Johairas		1990	W30	01:30:39	01:52:41	02:22:12	05:45:32
92	9	564	Katharina Westermeier	Johaira's		1993	W30	01:30:39	01:52:43	02:22:12	05:45:34
93	12	722	Beate Schilling	Lauftreff Pfaffenhofen		1981	W40	01:34:15	02:02:47	02:43:53	06:20:55
1	1	2	Matthias Ewender	LG Region Landshut		1981	M40	00:44:42	00:57:51	01:14:49	02:57:22
2	1	9	Tim Dr. Koniarski	SV Solidarität Ismaning		1986	M35	00:46:49	01:01:55	01:19:37	03:08:21
3	1	128	Stefano de Nicola			1994	MU30	00:46:47	01:03:17	01:18:34	03:08:38
4	1	834	Henri Neugebauer	LG Region Landshut		1977	M45	00:49:02	01:03:30	01:21:32	03:14:04
5	2	701	Roman Schindlbeck	Baugeschäft Laurent MRRC		1987	M35	00:50:20	01:04:13	01:22:13	03:16:46
6	2	772	Felix Mayerhöfer	DJK Daßwang		1981	M40	00:50:33	01:03:38	01:24:03	03:18:14
7	3	770	Heiko Middelhoff	MTV 1881 Ingolstadt		1983	M40	00:50:30	01:05:36	01:22:13	03:18:19
8	2	438	Lucas Kreifels			1995	MU30	00:50:34	01:05:51	01:23:29	03:19:54
9	3	824	Tim Schwaiger			1995	MU30	00:48:25	01:13:33	01:18:55	03:20:53
10	1	440	Jonas Hürten			1993	M30	00:51:13	01:07:03	01:23:16	03:21:32
11	3	812	Marco Mattuschka	Rig Freiburg		1987	M35	00:50:35	01:08:16	01:22:49	03:21:40
12	2	360	Martin Janousek	Eintracht Frankfurt Triathlon		1977	M45	00:52:47	01:06:33	01:23:51	03:23:11
13	3	133	Reiner Kastizen	Running-Base Poing		1974	M45	00:52:54	01:07:04	01:23:40	03:23:38
14	1	363	Johann Bendlander	LG Region Landshut		1971	M50	00:51:50	01:08:17	01:24:07	03:24:14
15	2	1106	Marco Wellmann	TSV Gaimersheim		1992	M30	00:54:01	01:07:11	01:23:05	03:24:17
16	4	830	Patrick Göll	LG Sempt		1985	M35	00:52:57	01:08:35	01:24:42	03:26:14
17	3	715	Bernhard Kohlhuber	SV Geroldshausen		1992	M30	00:53:17	01:08:08	01:25:23	03:26:48
18	4	249	Matthias Hausmann	TSV Gaimersheim		1989	M30	00:53:50	01:08:34	01:25:54	03:28:18
19	4	815	Sandro Roman	LG Sempt		1977	M45	00:53:05	01:10:47	01:26:36	03:30:28
20	4	270	Rainer Fiederer			1981	M40	00:54:06	01:10:08	01:26:20	03:30:34
21	5	202	Andreas Eberle	MRRC München		1987	M35	00:52:59	01:10:43	01:27:20	03:31:02

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22	2	219	Rainer Bauer			1969	M50	00:54:12	01:10:55	01:26:02	03:31:09
23	6	105	Stefan Klos	Team LAUFBAR		1984	M35	00:52:37	01:08:47	01:31:13	03:32:37
24	5	640	Martin Dolles	BSV Flughafen München		1989	M30	00:53:00	01:11:09	01:30:07	03:34:16
25	5	404	Carlos Bernal Serra	LG Stadtwerke München		1980	M40	00:55:32	01:10:32	01:28:51	03:34:55
26	6	535	Timon Nast-Kolb	SV Wangen		1992	M30	00:54:31	01:11:19	01:29:07	03:34:57
27	3	555	Gerald Schumann	Team Dantebatt		1971	M50	00:55:39	01:11:47	01:28:17	03:35:43
28	7	88	Michael Ogiermann			1988	M35	00:55:45	01:11:29	01:28:53	03:36:07
29	8	200	Christoph Marattukalam			1985	M35	00:54:28	01:11:27	01:30:42	03:36:37
30	9	866	Norbert Junghanns	TU Imrenau		1986	M35	00:56:10	01:12:53	01:28:03	03:37:06
31	6	135	Denis Zyulyamov	SV Solidarität Ismaning		1980	M40	00:54:48	01:12:06	01:30:34	03:37:28
32	7	215	Patrick von der Grün	TeamVDG		1991	M30	00:53:51	01:11:56	01:31:54	03:37:41
33	4	749	Sebastian Müller	Lauf-Team Hermes UniBwM		1997	MU30	00:55:43	01:17:50	01:24:19	03:37:52
34	8	673	Christoph Holzleitner	adidas Runners Munich		1991	M30	00:56:26	01:14:32	01:27:12	03:38:10
35	1	28	Sven Kornetzky			1967	M55	00:56:07	01:12:20	01:29:43	03:38:10
36	1	353	Karl-Heinz Michalsky	TSV Olching		1962	M60	00:55:23	01:12:49	01:31:29	03:39:41
37	7	713	Rainer Gerhard	TC Ismaning		1982	M40	00:55:31	01:13:35	01:32:26	03:41:32
38	5	896	Andreas Herrig			1978	M45	00:56:33	01:13:37	01:32:02	03:42:12
39	8	826	Christian Ulrich	SG Indersdorf		1979	M40	00:56:12	01:12:55	01:33:10	03:42:17
40	9	832	Stefan Winkler	LG Sempt		1981	M40	00:56:26	01:13:57	01:33:38	03:44:01
41	10	779	Fabian Romahn	Munich Running Society		1985	M35	00:54:49	01:15:30	01:34:20	03:44:39
42	6	767	Markus Heilmann	TSV Feldkirchen		1978	M45	00:55:47	01:12:18	01:36:59	03:45:04
43	10	20	Michael Klotz	TV Riem Dornach		1981	M40	00:57:27	01:13:54	01:33:48	03:45:09
44	5	448	Oliver Ganschow	TSV Ismaning		1997	MU30	00:55:38	01:14:08	01:37:13	03:46:59
45	11	402	Andreas Wittmann	Jeder schaut selber wo er bleibt		1979	M40	00:58:34	01:15:49	01:32:40	03:47:03
46	7	538	Giray Curgunlu			1977	M45	00:57:12	01:13:45	01:36:32	03:47:29
47	4	352	Peter Genender	PHV Krefeld-Wallenburg		1971	M50	00:58:11	01:14:20	01:35:41	03:48:12
48	1	540	Hugo Mann	TSV Penzberg		1954	M65	00:57:49	01:17:26	01:35:56	03:51:11
49	9	78	Markus Schäfer	Audi-Getriebeflitzer		1989	M30	00:58:01	01:17:33	01:35:39	03:51:13
50	5	624	Hans Mair	BSV Flughafen München		1969	M50	00:58:05	01:17:34	01:35:55	03:51:34
51	8	490	Christian Rüller	SG Stadtwerke Freising		1976	M45	01:04:31	01:16:51	01:30:18	03:51:40
52	2	1041	Thomas Zierhofer	LG Mettenheim		1966	M55	00:58:58	01:16:32	01:36:33	03:52:03
53	3	90	Ralf Rehberger	Team Erdinger Alkoholfrei		1968	M55	00:59:03	01:17:16	01:35:50	03:52:09
54	2	747	Filippo Aceto	TSV 1862 Neuburg		1960	M60	00:59:44	01:16:16	01:36:41	03:52:41
55	12	879	Peter Bernd	Sport Ruscher Team		1979	M40	00:59:13	01:17:32	01:36:01	03:52:46
56	9	566	Marcus Engelke	LG Stadtwerke München		1974	M45	00:58:54	01:17:05	01:37:25	03:53:24
57	4	241	Andreas Wild	Gurkentruppe		1964	M55	01:01:03	01:16:45	01:36:11	03:53:59
58	10	300	Joel Sedlacko			1989	M30	00:55:54	01:24:30	01:33:53	03:54:17
59	11	569	Matthias Bard			1990	M30	01:00:27	01:17:08	01:37:38	03:55:13

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60	6	756	Frank Feistle	Ausdauersport Förderverein Pfaffenhofen		1969	M50	00:58:58	01:18:13	01:38:38	03:55:49
61	10	831	Markus Böhme	LG Sempt		1977	M45	00:59:52	01:18:51	01:37:09	03:55:52
62	7	652	Maurizio Bianconi	TuS Fürstenfeldbruck		1969	M50	01:00:23	01:17:23	01:38:28	03:56:14
63	5	842	Roland Boehme	BSV Flughafen München		1965	M55	01:00:16	01:18:58	01:37:21	03:56:35
64	8	662	Marc Becker			1970	M50	00:59:14	01:18:27	01:39:17	03:56:58
65	13	499	Michael Mühlhuber			1980	M40	01:00:58	01:17:20	01:38:44	03:57:02
66	11	182	Thorsten Schweinberger	TSV Eintracht Karlsfeld - Triathlon		1977	M45	00:59:24	01:22:24	01:35:55	03:57:43
67	14	189	Alexander Drees	RC Abschnitt Mitte		1983	M40	01:00:31	01:16:34	01:40:42	03:57:47
68	9	248	Matthias Nagel	Team Erdinger Alkoholfrei		1971	M50	01:00:48	01:19:14	01:37:52	03:57:54
69	10	355	Francesco Guastatore	SpVgg Höhenkirchen		1972	M50	00:59:49	01:18:51	01:39:49	03:58:29
70	12	762	Thomas Gutsche	BSV Flughafen München		1977	M45	01:01:27	01:17:47	01:39:59	03:59:13
71	6	817	Patrick Wegert			1997	MU30	01:01:05	01:16:04	01:43:11	04:00:20
72	12	532	Moritz Striebel			1991	M30	01:02:51	01:19:52	01:37:45	04:00:28
73	3	487	Bernd Hay			1963	M60	01:01:10	01:18:45	01:40:53	04:00:48
74	6	282	Peter Ostertag	SV Allianz Private		1968	M55	00:59:41	01:22:26	01:40:21	04:02:28
75	15	711	Alexander Tyrrell			1980	M40	01:00:57	01:21:12	01:40:55	04:03:04
76	13	237	Harald Schöll	TV Velburg/SV Hörmannsdorf		1974	M45	00:59:35	01:22:15	01:41:43	04:03:33
77	11	865	Martin Steeb	SV Landshut-Münchenerau		1973	M50	01:02:11	01:21:55	01:39:32	04:03:38
78	12	47	Chrissan Römer			1971	M50	01:01:23	01:21:26	01:41:43	04:04:32
79	13	530	Norbert Richt	LT Kolping Markt Schwaben		1971	M50	00:59:53	01:19:00	01:45:43	04:04:36
80	7	529	Andre Meyer	SmartRunning		1968	M55	01:00:21	01:22:59	01:42:25	04:05:45
81	8	688	Norbert Lipowsky	Man in Black		1966	M55	01:03:25	01:18:05	01:44:46	04:06:16
82	4	379	Michael Blecher			1963	M60	01:03:46	01:21:10	01:41:36	04:06:32
83	9	330	Marcus Mittelholz	Team Erdinger Alkoholfrei		1966	M55	01:04:25	01:19:19	01:43:01	04:06:45
84	14	703	Samuel Senese			1974	M45	01:03:36	01:21:41	01:41:52	04:07:09
85	10	681	Helge Schumann	FC Aschheim		1966	M55	01:02:19	01:22:52	01:42:53	04:08:04
86	11	687	Georgios Pliakos	WLT Taufkirchen(Vils)		1966	M55	01:02:07	01:23:07	01:43:32	04:08:46
87	2	224	Oskar Starz	LG Stadwerke München		1956	M65	01:03:07	01:23:07	01:42:42	04:08:56
88	16	870	Martin Härtl			1981	M40	01:03:23	01:25:00	01:40:37	04:09:00
89	17	421	Kostyantyn Markov	Neubiberg Lauftreff		1979	M40	01:03:51	01:23:03	01:42:08	04:09:02
90	13	1047	David Zint			1992	M30	01:04:26	01:23:10	01:41:32	04:09:08
91	11	195	Sebastian Lohse	SV Dachau		1987	M35	01:03:46	01:22:45	01:42:55	04:09:26
92	18	458	Stefan Köppel	TSV Feldkirchen		1983	M40	01:02:23	01:23:41	01:43:39	04:09:43
93	14	299	Sigurd Vogler			1990	M30	01:02:19	01:24:31	01:42:54	04:09:44
94	15	559	Lars Kietzer	SV Solidarität Ismaning		1975	M45	01:02:55	01:23:51	01:43:16	04:10:02
95	14	139	Raf Leenen			1972	M50	01:04:14	01:22:44	01:43:12	04:10:10
96	12	221	Adam Higgs			1965	M55	01:04:53	01:22:52	01:42:26	04:10:11
97	15	336	Matteo Siviero			1990	M30	01:03:01	01:24:11	01:43:15	04:10:27

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98	16	192	Sebastian Abel	Die feinen Ehrenmänner		1993	M30	00:56:17	01:20:50	01:54:11	04:11:18
99	5	293	Ulrich Leib	TSV Moorenweis		1959	M60	01:03:22	01:24:52	01:43:15	04:11:29
100	16	56	Florian Brenninger			1977	M45	01:03:43	01:22:34	01:45:15	04:11:32
101	15	758	Jürgen Borgs	Trisport Erding		1972	M50	01:09:32	01:21:11	01:41:02	04:11:45
102	6	648	Mathias Trucks			1963	M60	01:07:30	01:22:25	01:41:58	04:11:53
103	19	259	Kristopher KRUGER			1979	M40	01:04:40	01:26:03	01:41:28	04:12:11
104	17	641	Jürgen Schill	Post SV Weilheim		1975	M45	01:02:33	01:24:10	01:45:43	04:12:26
105	16	488	Jan Osterwalder	Uruk2		1972	M50	01:02:32	01:24:18	01:45:38	04:12:28
106	12	536	Fabian Seidenfus	sudor m -r -f /		1986	M35	01:03:06	01:19:52	01:49:34	04:12:32
107	20	625	David Scheffel			1981	M40	01:03:14	01:24:35	01:45:28	04:13:17
108	18	635	Frank Buttenmüller			1978	M45	01:04:34	01:25:46	01:44:08	04:14:28
109	17	61	Christian Hilmer			1970	M50	01:05:37	01:24:37	01:44:40	04:14:54
110	19	508	Stefan Gesell-May	AH Oberer Bezirk		1975	M45	01:04:35	01:25:44	01:44:43	04:15:02
111	21	261	Sebastian Beer	SC Prinz Eugen München		1980	M40	01:05:26	01:22:57	01:47:58	04:16:21
112	13	251	Peter Lang			1965	M55	01:08:03	01:22:54	01:45:31	04:16:28
113	18	313	Matthias Linde	Tri Familia		1969	M50	01:04:56	01:26:00	01:45:44	04:16:40
114	17	885	Clemens Ringler	Schwabenpfeil		1989	M30	01:03:36	01:23:55	01:49:30	04:17:01
115	22	269	Michael Gahn	Team Erdinger Alkoholfrei		1979	M40	01:04:53	01:28:47	01:44:06	04:17:46
116	20	83	Florian Meidinger	Petershausen		1975	M45	01:03:18	01:26:33	01:47:57	04:17:48
117	23	561	Mathias Dera	Maler Manufaktur PAF		1981	M40	01:07:58	01:21:55	01:48:39	04:18:32
118	19	443	Michael Fuest			1973	M50	01:05:00	01:24:16	01:49:43	04:18:59
119	7	1180	Yannick Schellscheidt	Communico		1998	MU30	01:06:43	01:23:19	01:49:12	04:19:14
120	18	324	Martin Grönke	TSV Feldkirchen		1990	M30	01:08:15	01:37:17	01:34:08	04:19:40
121	8	583	Stefan Franke	TimeMotion Running Crew		1994	MU30	01:06:24	01:24:20	01:49:07	04:19:51
122	21	464	Daniel Greiner			1978	M45	01:04:38	01:27:39	01:48:14	04:20:31
123	9	337	Stefan Lorenz	Bexi & Friends		1997	MU30	01:06:11	01:25:14	01:49:06	04:20:31
124	7	123	Eugen Schaumann	ALC Landshut		1963	M60	01:03:34	01:27:03	01:50:15	04:20:52
125	13	1020	Levent Sahin	SCPE		1984	M35	01:05:44	01:27:07	01:48:06	04:20:57
126	10	653	Stefan Kiesel			2002	MU30	01:04:52	01:23:27	01:52:40	04:20:59
127	3	176	Herbert Hölzlwimmer	Sport Ruscher Team		1954	M65	01:07:25	01:27:00	01:47:14	04:21:39
128	8	611	Detlef Seidel	DER Olymp Runner		1961	M60	01:07:59	01:25:51	01:48:21	04:22:11
129	20	204	Christian Lutzenberger			1969	M50	01:06:37	01:26:01	01:50:10	04:22:48
130	21	605	Alain Beaufayt	SV Solidarität Ismaning		1969	M50	00:59:19	01:28:53	01:54:50	04:23:02
131	22	686	Christian Bachertl	ACCNITE Running		1973	M50	01:02:48	01:27:31	01:52:52	04:23:11
132	9	636	Konrad Wallner	SG Indersdorf		1962	M60	01:04:50	01:27:35	01:51:11	04:23:36
133	22	143	Alex Langer	MTP Hersbruck		1974	M45	01:07:56	01:26:22	01:50:05	04:24:23
134	14	609	Patrick Ebermann	k.A.		1987	M35	01:07:43	01:28:56	01:47:59	04:24:38
135	23	556	Johann Lang			1977	M45	01:04:55	01:21:53	01:57:58	04:24:46

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136	10	43	Rainer Rackwitz	TSV Ismaning		1963	M60	01:09:06	01:27:11	01:48:48	04:25:05
137	11	452	Stefan Kantner	MTV 1862 Pfaffenhofen		1963	M60	01:07:46	01:28:45	01:49:06	04:25:37
138	4	173	Reiner Hillebrand	Team Erdinger Alkoholfrei / Lauffreund Kirchseeon		1958	M65	01:07:11	01:30:00	01:48:46	04:25:57
139	24	77	Thomas Schleicher			1977	M45	01:04:27	01:27:44	01:55:17	04:27:28
140	23	477	Thomas Heider	We will Rock it		1969	M50	01:07:03	01:28:51	01:51:52	04:27:46
141	14	425	Christoph Manderscheid	LifePark Max Ingolstadt e.V.		1967	M55	01:10:31	01:27:34	01:49:44	04:27:49
142	24	599	Martin Bichler			1971	M50	01:05:59	01:29:00	01:53:01	04:28:00
143	5	752	Wolfgang Grau	SG Indersdorf		1956	M65	01:07:31	01:28:56	01:52:08	04:28:35
144	24	585	Matteo Serena	Girotondo		1981	M40	01:09:02	01:30:20	01:49:54	04:29:16
145	25	456	Andreas Knatz			1980	M40	01:06:15	01:31:35	01:51:44	04:29:34
146	15	41	Dirk Leonhardt			1987	M35	01:06:32	01:31:46	01:51:28	04:29:46
147	16	119	Sebastian Ulewicz	Running Company		1985	M35	01:08:44	01:26:54	01:54:46	04:30:24
148	25	631	Christian Supenkämper	Team Isarland		1977	M45	01:06:18	01:28:32	01:56:06	04:30:56
149	17	424	Denis Makartetskiy	LifePark Max Ingolstadt e.V.		1987	M35	01:06:24	01:32:57	01:51:47	04:31:08
150	15	430	Michael Binder	LifePark Max Ingolstadt e.V.		1968	M55	01:18:38	01:27:33	01:46:10	04:32:21
151	11	149	Fabian Riesch	Bexi & Friends		1997	MU30	01:06:03	01:34:01	01:52:18	04:32:22
152	12	880	Vassilios Fourkiotis			1959	M60	01:08:35	01:31:01	01:52:49	04:32:25
153	16	156	Hans Köstler	Die OKS		1965	M55	01:08:19	01:28:59	01:55:15	04:32:33
154	26	596	Markus Fischer	SV Landshut-Münchenerau		1976	M45	01:06:28	01:30:05	01:56:51	04:33:24
155	18	207	Sebastian Lanzendörfer			1988	M35	01:11:23	01:29:13	01:53:02	04:33:38
156	25	420	Lars Freisinger	LG Stadtwerke München		1969	M50	01:14:56	01:28:26	01:50:18	04:33:40
157	27	199	Maximilian Härtl			1975	M45	01:12:23	01:29:49	01:52:11	04:34:23
158	26	676	Marian Ryfa	Ruch		1972	M50	01:08:17	01:31:53	01:54:39	04:34:49
159	26	235	Sebastian Cohausz			1982	M40	01:05:42	01:31:18	01:58:53	04:35:53
160	17	398	Roland Knappe			1966	M55	01:08:49	01:31:51	01:56:16	04:36:56
161	28	169	Martin Müller	Nibelungenrun Großmehring		1975	M45	01:10:03	01:35:27	01:52:25	04:37:55
162	27	17	Stephan Haller	Team Erdinger Alkoholfrei		1969	M50	01:11:53	01:30:45	01:55:29	04:38:07
163	29	112	Michael Saradin			1975	M45	01:08:40	01:31:47	01:57:44	04:38:11
164	13	702	Gottfried Kreuzer			1963	M60	01:11:19	01:33:02	01:54:00	04:38:21
165	27	581	Michael Pavars	Bierfreunde		1980	M40	01:09:17	01:34:30	01:54:44	04:38:31
166	28	228	Stiev Hendel			1982	M40	01:10:55	01:32:45	01:54:55	04:38:35
167	18	814	Udo Fesser	Triathlon Karlsfeld		1966	M55	01:13:32	01:33:38	01:51:30	04:38:40
168	29	245	Jens Jähnert	SC München 50		1983	M40	01:12:06	01:34:25	01:52:18	04:38:49
169	30	660	Klaus Wohlrabe			1977	M45	01:13:25	01:30:23	01:55:21	04:39:09
170	19	428	Michael Gesele	LifePark Max Ingolstadt e.V.		1968	M55	01:09:27	01:35:22	01:54:32	04:39:21
171	30	1183	Markus Bendele	Team Girotondo		1982	M40	01:09:14	01:31:58	01:58:17	04:39:29
172	20	286	Michael Blättler			1968	M55	01:12:37	01:33:48	01:53:15	04:39:40
173	28	412	Steffen Schrimper	Maratonsmurfarna		1969	M50	01:11:09	01:31:00	01:57:34	04:39:43

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174	31	760	Florian Michel			1980	M40	01:12:47	01:31:41	01:55:19	04:39:47
175	14	432	Hans Schlatterer	MTV Pfaffenhofen		1962	M60	01:10:32	01:32:30	01:57:09	04:40:11
176	29	362	Stefan Langer	Team TRInity Coaching		1973	M50	01:05:53	01:37:56	01:57:38	04:41:27
177	31	400	Christian Steglich	SV Lochhausen		1978	M45	01:11:09	01:31:10	01:59:08	04:41:27
178	30	801	Thomas Pera	FC St. Pauli Triathlon		1971	M50	01:09:23	01:32:56	01:59:09	04:41:28
179	21	671	Holger Hofmann	Trisport Erding		1965	M55	01:10:24	01:35:03	01:56:39	04:42:06
180	31	319	Harry Freund	SV Marzling		1973	M50	01:10:01	01:34:25	01:58:07	04:42:33
181	32	519	Sebastian Soller			1975	M45	01:11:43	01:34:33	01:57:27	04:43:43
182	32	95	Stefan Gerhäußer			1980	M40	01:12:32	01:34:11	01:57:02	04:43:45
183	32	93	Michael Graf			1973	M50	01:09:10	01:34:31	02:00:39	04:44:20
184	15	622	Arno Obermaier	TSV Eintracht Karlsfeld - Triathlon		1960	M60	01:13:31	01:33:22	01:58:10	04:45:03
185	33	429	Jürgen Halbritter	LifePark Max Ingolstadt e.V.		1973	M50	01:11:54	01:34:07	01:59:40	04:45:41
186	16	943	Max Weidmann	LG Stadtwerke München		1963	M60	01:11:53	01:35:03	01:58:50	04:45:46
187	6	396	Robert Grasser	SpVgg Höhenkirchen		1954	M65	01:12:29	01:32:07	02:02:21	04:46:57
188	34	674	Christian Benöhr	Deportes Concepción		1973	M50	01:10:52	01:43:48	01:52:31	04:47:11
189	12	471	Sebastian Mayer			1999	MU30	01:11:22	01:36:35	01:59:16	04:47:13
190	19	618	Nikolaus Graf	Bayerwald Kenianer		1986	M35	01:14:43	01:35:55	01:56:41	04:47:19
191	7	320	Alexander Steckermeier	SV Landshut-Münchenerau		1955	M65	01:13:18	01:35:38	01:58:30	04:47:26
192	17	696	Harry Wegener	Trisport Erding		1962	M60	01:11:25	01:33:39	02:02:29	04:47:33
193	18	567	Christian Dees			1961	M60	01:08:42	01:39:55	01:59:20	04:47:57
194	33	231	Andreas Abraham			1974	M45	01:08:46	01:33:33	02:06:02	04:48:21
195	34	897	Daniel Knöller			1976	M45	01:14:06	01:33:05	02:01:14	04:48:25
196	22	278	Robert Bach			1967	M55	01:13:48	01:38:31	01:57:00	04:49:19
197	33	276	Lars Schönwald			1983	M40	01:16:04	01:35:02	01:58:21	04:49:27
198	19	650	Klaus Bumiller	SV Allianz Private		1963	M60	01:15:05	01:34:58	01:59:59	04:50:02
199	35	36	Mike Hartmann	M		1969	M50	01:13:21	01:35:38	02:01:06	04:50:05
200	20	699	Alejandro Navarro			1984	M35	01:13:34	01:35:10	02:01:27	04:50:11
201	20	741	Andreas Bärenstrauch			1961	M60	01:16:16	01:37:52	01:56:23	04:50:31
202	34	560	Max Heyse			1981	M40	01:13:16	01:35:29	02:02:27	04:51:12
203	36	706	Christian Klein	Freisinger Duo		1970	M50	01:16:22	01:31:59	02:02:58	04:51:19
204	8	205	Rainer Leyendecker	RSLC Holzkirchen		1956	M65	01:13:17	01:36:58	02:01:23	04:51:38
205	21	502	Robert Zipplies	SG Alsterpark		1963	M60	01:15:53	01:37:04	01:59:13	04:52:10
206	23	142	Frank Huber	SV Solidarität Ismaning		1968	M55	01:11:11	01:37:30	02:03:34	04:52:15
207	22	729	Strach Andreas			1962	M60	01:16:29	01:38:14	01:58:08	04:52:51
208	24	450	Matthias Steinherr			1966	M55	01:16:56	01:34:54	02:01:14	04:53:04
209	19	1090	Christian Luber			1991	M30	01:11:20	01:34:14	02:07:34	04:53:08
210	35	366	Sven Maier	SV-ENTlaufen		1980	M40	01:17:38	01:37:50	01:58:16	04:53:44
211	1	22	Hans Laaser	MRRC München		1951	M70	01:13:26	01:39:43	02:01:07	04:54:16

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212	23	415	Rolf-Dieter Josef	RC Abschnitt Mitte		1960	M60	01:14:09	01:36:18	02:04:57	04:55:24
213	25	633	Gunnar Kühn	LifePark Max Ingolstadt e.V.		1966	M55	01:20:38	01:38:35	01:57:05	04:56:18
214	26	411	Horst Hörmann	Rasende Eisvögel		1966	M55	01:16:34	01:40:25	01:59:48	04:56:47
215	9	161	Klaus Pieper			1954	M65	01:14:58	01:38:58	02:03:27	04:57:23
216	27	144	Joachim Loos	Angkofen		1967	M55	01:18:16	01:39:10	02:00:04	04:57:30
217	10	145	Hans Linder	Angkofen		1957	M65	01:17:06	01:39:16	02:02:08	04:58:30
218	13	441	Max Schneider	Running Ga(n)g		1999	MU30	01:22:09	01:34:15	02:02:57	04:59:21
219	2	434	Gerhard Knöllner	Laufteam RS 800		1952	M70	01:18:07	01:35:52	02:05:24	04:59:23
220	37	38	Michael Pickl	Tina & Michi von der Alm		1969	M50	01:12:26	01:37:09	02:10:22	04:59:57
221	38	53	Marcus Gerhart			1973	M50	01:12:58	01:34:11	02:12:56	05:00:05
222	39	333	Markus Blersch			1970	M50	01:17:03	01:35:34	02:07:56	05:00:33
223	40	323	Bernhard Obermaier	Team DONG!		1973	M50	01:17:02	01:40:24	02:03:37	05:01:03
224	41	359	Werner Huber			1972	M50	01:18:26	01:38:56	02:04:14	05:01:36
225	28	63	Matthias Lochner			1968	M55	01:17:22	01:40:05	02:04:37	05:02:04
226	35	264	Frank Körner	Die Run-tastischen 3		1976	M45	01:15:31	01:41:38	02:06:09	05:03:18
227	14	1042	Vincent Kiesel			1999	MU30	01:12:54	01:48:34	02:03:36	05:05:04
228	29	110	Ludwig Sippel			1964	M55	01:18:25	01:42:21	02:05:35	05:06:21
229	15	198	Felix Riesch	Bexi & Friends		1999	MU30	01:15:03	01:41:35	02:11:36	05:08:14
230	30	855	Andreas Osterloher	Gambrinus Niedergerlsbach		1966	M55	01:23:39	01:41:13	02:05:24	05:10:16
231	11	115	Roland Dravnieks	BSG Stadtparkasse München		1957	M65	01:18:21	01:41:32	02:10:23	05:10:16
232	12	829	Peter Seibert			1956	M65	01:17:17	01:43:45	02:09:26	05:10:28
233	31	158	Andreas Kratzer	SC Bruckberg		1968	M55	01:19:28	01:41:41	02:09:39	05:10:48
234	36	409	Ame Friese			1975	M45	01:22:00	01:42:38	02:07:42	05:12:20
235	3	672	Erwin Reisser	SpVgg Höhenkirchen		1951	M70	01:18:49	01:42:46	02:11:33	05:13:08
236	32	73	Robert Langer	Erdinger Active Team		1966	M55	01:19:38	01:45:42	02:09:14	05:14:34
237	42	326	Rob Krigers	Team DONG!		1969	M50	01:18:52	01:43:25	02:13:03	05:15:20
238	37	435	Stefan Breitenlechner	Lang-Läufer		1978	M45	01:25:21	01:54:58	01:57:45	05:18:04
239	20	268	Joshua Paul			1992	M30	01:18:47	01:49:44	02:10:59	05:19:30
240	24	229	Thomas Daniel			1959	M60	01:23:40	01:46:18	02:11:12	05:21:10
241	38	345	Ludwig Hunseder			1978	M45	01:25:26	01:50:52	02:06:18	05:22:36
242	43	122	Michael Dheur	Circular Munich		1970	M50	01:23:23	01:49:56	02:13:15	05:26:34
243	39	764	Roman Karlinski	LG Stadtwerke München		1975	M45	01:25:37	01:50:27	02:14:15	05:30:19
244	21	230	Josef Daniel			1990	M30	01:26:17	01:49:55	02:16:38	05:32:50
245	13	494	Willi Becker	Team Trrrrrrronnnnnnooo		1958	M65	01:25:05	01:52:41	02:17:18	05:35:04
246	4	449	Wolf Rösel			1952	M70	01:21:18	01:50:06	02:24:53	05:36:17
247	36	884	Mathias Denecke			1981	M40	01:21:56	01:51:56	02:24:16	05:38:08
248	21	661	Christoph Wiblishauser			1984	M35	01:21:56	01:51:59	02:24:18	05:38:13
249	44	39	Karsten Höhn			1971	M50	01:25:40	01:52:46	02:20:16	05:38:42

31. Ismaninger Winterlaufserie 22/23

Serienwertung - 12.02.2023 - Ismaning



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Lauf 1	Lauf 2	Lauf 3	Zeit
250	45	1094	Delf Rosenfeld			1971	M50	01:28:07	01:55:21	02:17:26	05:40:54
251	22	212	Thorsten Nicklas	RC Abschnitt Mitte		1987	M35	01:21:22	01:46:17	02:38:49	05:46:28
252	25	188	Toni Müller			1960	M60	01:26:36	02:01:03	02:28:36	05:56:15
253	23	474	Alexander Metzger			1985	M35	01:32:52	01:52:50	02:30:37	05:56:19
254	5	136	Detlef Stoll	GMRL-Verein		1951	M70	01:28:49	02:07:06	02:42:22	06:18:17
255	1	96	Otmar Nejték	SC MOOSHAM		1942	M80	01:25:27	02:43:38	02:34:00	06:43:05