

# Winterlaufserie München 22/23

Serienwertung - 04.02.2023 - München



| Platz | PlatzAK | StartNr | Name                     | Team / Verein / Firma | Nat. | JG   | AK    | Lauf 1   | Lauf 2   | Lauf 3   | Zeit     |
|-------|---------|---------|--------------------------|-----------------------|------|------|-------|----------|----------|----------|----------|
| 1     | 1       | 200     | Caroline Dennilauler     | MTV 1879 München      |      | 2005 | WJU20 | 00:37:05 | 00:56:29 | 01:17:41 | 02:51:15 |
| 2     | 1       | 864     | Ricarda Gerlach          | TNT Eiblteam          |      | 1980 | W40   | 00:39:52 | 01:01:21 | 01:21:48 | 03:03:01 |
| 3     | 2       | 869     | Anna Mishchenko          | Ukraine               |      | 1983 | W40   | 00:39:35 | 01:00:52 | 01:22:54 | 03:03:21 |
| 4     | 1       | 599     | Hanna Pfannes            |                       |      | 2003 | WU30  | 00:40:05 | 01:04:57 | 01:26:34 | 03:11:36 |
| 5     | 1       | 409     | Hannah Kilgenstein       |                       |      | 1993 | W30   | 00:42:40 | 01:04:12 | 01:27:10 | 03:14:02 |
| 6     | 2       | 344     | Nina Hennig              |                       |      | 1995 | WU30  | 00:43:31 | 01:05:50 | 01:27:35 | 03:16:56 |
| 7     | 2       | 215     | Mareike Döring           |                       |      | 1991 | W30   | 00:41:45 | 01:08:21 | 01:28:17 | 03:18:23 |
| 8     | 3       | 486     | Yvonne Lingnau           |                       |      | 1993 | W30   | 00:43:59 | 01:07:24 | 01:28:25 | 03:19:48 |
| 9     | 4       | 772     | Melina Vollmer           | Team Laufbar München  |      | 1992 | W30   | 00:43:36 | 01:09:30 | 01:29:52 | 03:22:58 |
| 10    | 1       | 796     | Katharina Weimer         | LG Stadtwerke München |      | 1977 | W45   | 00:44:12 | 01:07:34 | 01:31:26 | 03:23:12 |
| 11    | 3       | 359     | Veronika Hofmann         |                       |      | 1999 | WU30  | 00:43:24 | 01:10:05 | 01:34:09 | 03:27:38 |
| 12    | 1       | 868     | Sylvie Lorenzen          | TNT Eiblteam          |      | 1973 | W50   | 00:45:12 | 01:08:49 | 01:33:52 | 03:27:53 |
| 13    | 3       | 792     | Irmgard Weidenhiller     | SV Kasing             |      | 1979 | W40   | 00:45:59 | 01:10:13 | 01:33:11 | 03:29:23 |
| 14    | 5       | 248     | Laura Feldner            |                       |      | 1989 | W30   | 00:45:39 | 01:09:54 | 01:34:32 | 03:30:05 |
| 15    | 1       | 247     | Jana Feldner             |                       |      | 1985 | W35   | 00:44:57 | 01:07:45 | 01:38:39 | 03:31:21 |
| 16    | 2       | 568     | Elke Obermeier           |                       |      | 1984 | W35   | 00:44:49 | 01:13:42 | 01:32:57 | 03:31:28 |
| 17    | 2       | 539     | Gemma Mitchell           |                       |      | 1973 | W50   | 00:47:30 | 01:13:24 | 01:37:07 | 03:38:01 |
| 18    | 6       | 740     | Ricarda Theis            | #Theis                |      | 1991 | W30   | 00:45:57 | 01:14:53 | 01:39:07 | 03:39:57 |
| 19    | 4       | 1060    | Uli Kreutzer             |                       |      | 1983 | W40   | 00:47:56 | 01:13:14 | 01:39:40 | 03:40:50 |
| 20    | 1       | 140     | Iris Bischoff            |                       |      | 1962 | W60   | 00:49:19 | 01:13:29 | 01:43:43 | 03:46:31 |
| 21    | 2       | 502     | Sandy Maischak           |                       |      | 1978 | W45   | 00:49:52 | 01:17:17 | 01:41:58 | 03:49:07 |
| 22    | 3       | 307     | Sigrid Gschmack          |                       |      | 1986 | W35   | 00:48:52 | 01:16:27 | 01:46:11 | 03:51:30 |
| 23    | 4       | 339     | Nora Heinzelmann         |                       |      | 1987 | W35   | 00:49:35 | 01:20:05 | 01:42:28 | 03:52:08 |
| 24    | 1       | 367     | Maria Hornig-Stögbauer   | LVR-GEISELHÖRING      |      | 1956 | W65   | 00:51:39 | 01:17:43 | 01:44:28 | 03:53:50 |
| 25    | 5       | 709     | Yvonne Skerwiderski      | ERDINGER Active TEAM  |      | 1980 | W40   | 00:49:55 | 01:18:29 | 01:45:55 | 03:54:19 |
| 26    | 1       | 951     | Bettina Hiebl            | Tri-Smart.de          |      | 1967 | W55   | 00:50:19 | 01:18:34 | 01:46:29 | 03:55:22 |
| 27    | 3       | 123     | Simone Bayer             | MRRC München          |      | 1973 | W50   | 00:52:14 | 01:18:13 | 01:45:20 | 03:55:47 |
| 28    | 6       | 235     | Ulrike Eisold            |                       |      | 1979 | W40   | 00:51:18 | 01:19:45 | 01:44:48 | 03:55:51 |
| 29    | 4       | 729     | Bettina Stracke          | Sport Ruscher Team    |      | 1969 | W50   | 00:50:02 | 01:18:24 | 01:48:13 | 03:56:39 |
| 30    | 3       | 498     | Sonja Maier              | Team Rombo            |      | 1974 | W45   | 00:49:16 | 01:21:10 | 01:47:10 | 03:57:36 |
| 31    | 7       | 546     | Lisa Montag              | MRRC München          |      | 1990 | W30   | 00:48:28 | 01:23:28 | 01:46:02 | 03:57:58 |
| 32    | 4       | 320     | Robin Alexandra Harndorf |                       |      | 2001 | WU30  | 00:52:02 | 01:20:30 | 01:47:53 | 04:00:25 |
| 33    | 4       | 182     | Claudia Caspers          |                       |      | 1976 | W45   | 00:52:33 | 01:20:33 | 01:52:40 | 04:05:46 |
| 34    | 5       | 354     | Marlis Hiegemann         | Die Rennsemmeln       |      | 1995 | WU30  | 00:50:14 | 01:21:22 | 01:54:44 | 04:06:20 |
| 35    | 5       | 1119    | Susanne Weber            | BR                    |      | 1976 | W45   | 00:52:04 | 01:24:11 | 01:52:31 | 04:08:46 |
| 36    | 5       | 588     | Brigitte Parzinger       |                       |      | 1985 | W35   | 00:52:21 | 01:23:37 | 01:53:19 | 04:09:17 |
| 37    | 2       | 310     | Brigitte Haas-Gebhard    |                       |      | 1963 | W60   | 00:54:49 | 01:25:16 | 01:54:45 | 04:14:50 |
| 38    | 6       | 497     | Conny Maibohm-Neher      | Adidas Runners Munich |      | 1974 | W45   | 00:56:41 | 01:23:07 | 01:55:13 | 04:15:01 |

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|-------|---------|---------|---------------------------|----------------------------|------|------|------|----------|----------|----------|----------|
| 39    | 7       | 322     | Christine Härtl           |                            |      | 1975 | W45  | 00:54:52 | 01:22:05 | 01:58:17 | 04:15:14 |
| 40    | 5       | 600     | Eva Piehlmeier            |                            |      | 1971 | W50  | 00:56:30 | 01:26:28 | 01:53:17 | 04:16:15 |
| 41    | 7       | 456     | Petra Lang                |                            |      | 1982 | W40  | 00:57:25 | 01:22:01 | 01:56:54 | 04:16:20 |
| 42    | 6       | 365     | Linda Homp                |                            |      | 1994 | WU30 | 00:55:46 | 01:26:10 | 01:57:07 | 04:19:03 |
| 43    | 8       | 475     | Julia Leopold             | Mulix                      |      | 1991 | W30  | 00:55:30 | 01:30:35 | 01:56:02 | 04:22:07 |
| 44    | 2       | 378     | Claudia Jakowatz          | Rasende Eisvögel           |      | 1965 | W55  | 00:55:36 | 01:27:14 | 02:00:23 | 04:23:13 |
| 45    | 9       | 141     | Joanna Blakeway           |                            |      | 1991 | W30  | 00:54:46 | 01:28:45 | 02:01:54 | 04:25:25 |
| 46    | 3       | 435     | Kordula Kraus             | Exathlon                   |      | 1959 | W60  | 00:58:09 | 01:28:24 | 01:59:46 | 04:26:19 |
| 47    | 10      | 168     | Emma Brown                |                            |      | 1992 | W30  | 00:57:55 | 01:28:55 | 02:02:46 | 04:29:36 |
| 48    | 11      | 805     | Andrea Wichmann           |                            |      | 1989 | W30  | 00:57:43 | 01:31:03 | 02:02:36 | 04:31:22 |
| 49    | 8       | 162     | Christine Breidenbach     | Team B                     |      | 1976 | W45  | 01:01:04 | 01:29:35 | 02:01:38 | 04:32:17 |
| 50    | 2       | 508     | Maria Marquart            | RUNNING Company            |      | 1958 | W65  | 00:55:54 | 01:32:03 | 02:06:46 | 04:34:43 |
| 51    | 8       | 288     | Verena Gräbner            |                            |      | 1981 | W40  | 01:00:25 | 01:32:52 | 02:06:47 | 04:40:04 |
| 52    | 3       | 399     | Diana Keil                | Sport Ruscher Team         |      | 1958 | W65  | 01:01:11 | 01:33:02 | 02:07:23 | 04:41:36 |
| 53    | 7       | 419     | Celine Knäschke           |                            |      | 1999 | WU30 | 01:03:42 | 01:42:04 | 02:10:51 | 04:56:37 |
| 54    | 9       | 810     | Christina Wildberger      |                            |      | 1975 | W45  | 01:01:07 | 01:39:55 | 02:16:27 | 04:57:29 |
| 55    | 1       | 632     | Heidemarie Reinhart       | Sport Ruscher Team         |      | 1951 | W70  | 01:03:18 | 01:45:41 | 02:11:13 | 05:00:12 |
| 56    | 6       | 396     | Sabine Kauffmann-Guerrero |                            |      | 1986 | W35  | 01:04:07 | 01:44:21 | 02:17:27 | 05:05:55 |
| 57    | 8       | 1065    | Jessica Jesus             |                            |      | 1997 | WU30 | 01:04:06 | 01:43:18 | 02:20:28 | 05:07:52 |
| 58    | 10      | 172     | Bianca Brungs             |                            |      | 1978 | W45  | 01:14:07 | 01:50:13 | 02:26:09 | 05:30:29 |
| 59    | 12      | 103     | Caroline Agten            |                            |      | 1990 | W30  | 01:19:45 | 02:11:12 | 02:20:17 | 05:51:14 |
| 60    | 9       | 526     | Theresa Melde             | Team Noël                  |      | 1982 | W40  | 01:19:45 | 02:11:15 | 02:50:16 | 06:21:16 |
| 1     | 1       | 205     | Josef Diensthuber         | TSV Reischach              |      | 1981 | M40  | 00:33:19 | 00:49:39 | 01:07:54 | 02:30:52 |
| 2     | 1       | 176     | Steffen Burkert           | LG Stadtwerke München      |      | 1992 | M30  | 00:34:24 | 00:53:37 | 01:10:16 | 02:38:17 |
| 3     | 2       | 637     | Jack Renyard              |                            |      | 1990 | M30  | 00:35:06 | 00:54:29 | 01:12:21 | 02:41:56 |
| 4     | 2       | 807     | Holger Wiedermann         | MRRC München               |      | 1981 | M40  | 00:36:13 | 00:56:10 | 01:14:33 | 02:46:56 |
| 5     | 1       | 485     | Joachim Lingnau           |                            |      | 1986 | M35  | 00:36:53 | 00:55:58 | 01:15:41 | 02:48:32 |
| 6     | 2       | 488     | Markus Lübbe              | MRRC München               |      | 1984 | M35  | 00:37:53 | 00:56:34 | 01:14:49 | 02:49:16 |
| 7     | 3       | 353     | Lukas Hiegemann           | Die Rennsemmeln            |      | 1992 | M30  | 00:37:57 | 00:57:25 | 01:15:47 | 02:51:09 |
| 8     | 3       | 517     | Michael Mayer             | LG Stadtwerke München      |      | 1981 | M40  | 00:37:32 | 00:57:16 | 01:16:30 | 02:51:18 |
| 9     | 1       | 668     | Korbinian Sautter         | Läuferclub Buchendorf      |      | 1995 | MU30 | 00:36:41 | 00:57:32 | 01:17:33 | 02:51:46 |
| 10    | 3       | 834     | Ulf Zimmermann            |                            |      | 1986 | M35  | 00:37:13 | 00:56:38 | 01:18:05 | 02:51:56 |
| 11    | 2       | 521     | Maximilian Mayerföls      | Wasserfreunde Pullach e.V. |      | 1997 | MU30 | 00:38:22 | 00:59:17 | 01:16:15 | 02:53:54 |
| 12    | 3       | 492     | David Ludwig              | Adidas Runners Munich      |      | 2000 | MU30 | 00:41:25 | 00:56:16 | 01:16:16 | 02:53:57 |
| 13    | 4       | 372     | Jonas Hürten              |                            |      | 1993 | M30  | 00:37:39 | 00:59:20 | 01:18:44 | 02:55:43 |
| 14    | 4       | 169     | Florian Brückl            | Forstenrieder SC           |      | 1984 | M35  | 00:38:44 | 00:59:34 | 01:19:32 | 02:57:50 |
| 15    | 1       | 201     | Nicolas Dennilauler       | MTV 1879 München           |      | 1975 | M45  | 00:38:19 | 01:00:05 | 01:20:44 | 02:59:08 |
| 16    | 5       | 655     | Lukas Rüger               |                            |      | 1992 | M30  | 00:38:22 | 01:00:19 | 01:21:24 | 03:00:05 |

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| Platz | PlatzAK | StartNr | Name                  | Team / Verein / Firma     | Nat. | JG   | AK   | Lauf 1   | Lauf 2   | Lauf 3   | Zeit     |
|-------|---------|---------|-----------------------|---------------------------|------|------|------|----------|----------|----------|----------|
| 17    | 5       | 318     | Nico Häring           | Rocking Runners           |      | 1986 | M35  | 00:38:42 | 00:59:43 | 01:21:57 | 03:00:22 |
| 18    | 4       | 174     | Thomas Buchwieser     |                           |      | 1979 | M40  | 00:39:02 | 01:01:04 | 01:21:42 | 03:01:48 |
| 19    | 5       | 549     | Matthias Möst         | MRRC München              |      | 1981 | M40  | 00:39:33 | 01:01:13 | 01:21:35 | 03:02:21 |
| 20    | 6       | 679     | Alexander Schlenkrich |                           |      | 1990 | M30  | 00:39:40 | 01:01:43 | 01:22:27 | 03:03:50 |
| 21    | 1       | 653     | Hans-Martin Rörig     |                           |      | 1970 | M50  | 00:39:45 | 01:01:15 | 01:22:56 | 03:03:56 |
| 22    | 7       | 347     | Lukas Herget          |                           |      | 1989 | M30  | 00:40:45 | 01:01:44 | 01:21:39 | 03:04:08 |
| 23    | 6       | 148     | Magnus Bohlmann       | Munich Running Society    |      | 1988 | M35  | 00:40:47 | 01:03:06 | 01:22:07 | 03:06:00 |
| 24    | 2       | 1052    | Kristian Karacic      | SC Delphin Ingolstadt     |      | 1977 | M45  | 00:40:10 | 01:03:41 | 01:22:17 | 03:06:08 |
| 25    | 1       | 721     | Georg Stifter         | Waltersdorf               |      | 1963 | M60  | 00:40:35 | 01:02:43 | 01:22:59 | 03:06:17 |
| 26    | 2       | 256     | Detlef Fleischer      | LG Sempst                 |      | 1971 | M50  | 00:40:55 | 01:02:21 | 01:23:17 | 03:06:33 |
| 27    | 8       | 728     | Pierre Stömmmer       |                           |      | 1990 | M30  | 00:38:59 | 01:01:44 | 01:26:11 | 03:06:54 |
| 28    | 9       | 363     | Christoph Holzleitner | Adidas Runners Munich     |      | 1991 | M30  | 00:41:26 | 01:02:44 | 01:22:51 | 03:07:01 |
| 29    | 6       | 474     | Florian Leitenstorfer | RSV Hachinger Tal         |      | 1979 | M40  | 00:39:05 | 01:01:42 | 01:26:59 | 03:07:46 |
| 30    | 3       | 720     | Andy Stiehler         | ESV Neuaußing             |      | 1976 | M45  | 00:39:45 | 01:04:06 | 01:24:06 | 03:07:57 |
| 31    | 7       | 630     | Ralph Reinemann       |                           |      | 1985 | M35  | 00:39:27 | 01:04:43 | 01:24:02 | 03:08:12 |
| 32    | 4       | 1054    | Frank Baraniak        | RUNNING Company           |      | 1978 | M45  | 00:39:35 | 01:02:21 | 01:26:52 | 03:08:48 |
| 33    | 10      | 680     | Tim Schmalenberg      |                           |      | 1989 | M30  | 00:39:59 | 01:02:58 | 01:26:04 | 03:09:01 |
| 34    | 8       | 430     | Michael Kolb          | B.W.H.C. e.V.             |      | 1987 | M35  | 00:39:26 | 01:03:48 | 01:25:56 | 03:09:10 |
| 35    | 9       | 421     | Michael Knoche        | Willpower                 |      | 1985 | M35  | 00:38:24 | 01:02:58 | 01:27:57 | 03:09:19 |
| 36    | 5       | 146     | Sascha Böder          | Wellnuss Premium Präsente |      | 1978 | M45  | 00:39:55 | 01:03:48 | 01:25:44 | 03:09:27 |
| 37    | 7       | 143     | Georg Böcherer        | Andi Böcherer Fanclub     |      | 1981 | M40  | 00:40:42 | 01:06:21 | 01:24:32 | 03:11:35 |
| 38    | 4       | 570     | Alexander Obry        | Olching Runners           |      | 1994 | MU30 | 00:41:22 | 01:03:55 | 01:26:30 | 03:11:47 |
| 39    | 1       | 571     | thomas offermann      |                           |      | 1967 | M55  | 00:41:47 | 01:06:09 | 01:26:25 | 03:14:21 |
| 40    | 8       | 266     | Pedro Garcia-Alfonso  | SV Holzkirchen            |      | 1979 | M40  | 00:41:03 | 01:05:31 | 01:27:52 | 03:14:26 |
| 41    | 6       | 385     | Denis Kadic           | LG Stadtwerke München     |      | 1974 | M45  | 00:41:50 | 01:03:46 | 01:29:48 | 03:15:24 |
| 42    | 9       | 144     | Andreas Böck          | RUNNING Company           |      | 1979 | M40  | 00:41:33 | 01:05:35 | 01:28:28 | 03:15:36 |
| 43    | 10      | 326     | Ralf Haydn            |                           |      | 1979 | M40  | 00:42:46 | 01:06:14 | 01:27:46 | 03:16:46 |
| 44    | 3       | 700     | Stephan Sellmaier     |                           |      | 1971 | M50  | 00:44:02 | 01:05:40 | 01:27:18 | 03:17:00 |
| 45    | 7       | 711     | Enrico Sporleder      | Deutsche Bank AG          |      | 1978 | M45  | 00:42:51 | 01:06:52 | 01:27:20 | 03:17:03 |
| 46    | 10      | 1127    | Fabian Romahn         | Munich Running Society    |      | 1985 | M35  | 00:40:09 | 01:04:27 | 01:32:31 | 03:17:07 |
| 47    | 11      | 824     | Maxime Zanini         | MRRC München              |      | 1986 | M35  | 00:42:39 | 01:05:41 | 01:29:13 | 03:17:33 |
| 48    | 12      | 794     | René Weigel           |                           |      | 1985 | M35  | 00:43:48 | 01:07:54 | 01:26:45 | 03:18:27 |
| 49    | 2       | 878     | Bernd Jochem          |                           |      | 1966 | M55  | 00:41:30 | 01:05:12 | 01:32:18 | 03:19:00 |
| 50    | 5       | 294     | Thomas Grassinger     |                           |      | 1994 | MU30 | 00:42:28 | 01:10:09 | 01:27:22 | 03:19:59 |
| 51    | 3       | 708     | Michael Skerwiderski  | ERDINGER Active TEAM      |      | 1968 | M55  | 00:43:37 | 01:08:19 | 01:28:32 | 03:20:28 |
| 52    | 11      | 341     | Marcus Helfer         | LG Stadtwerke München     |      | 1980 | M40  | 00:43:40 | 01:07:54 | 01:29:33 | 03:21:07 |
| 53    | 4       | 624     | Ralf Rehberger        | ERDINGER Active TEAM      |      | 1968 | M55  | 00:43:05 | 01:07:54 | 01:30:49 | 03:21:48 |
| 54    | 5       | 393     | Robert Karlein        | Sport Ruscher Team        |      | 1967 | M55  | 00:45:03 | 01:08:39 | 01:29:30 | 03:23:12 |

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|-------|---------|---------|------------------------|-------------------------------|------|------|------|----------|----------|----------|----------|
| 55    | 11      | 1071    | Michael Scheurer       |                               |      | 1990 | M30  | 00:43:15 | 01:07:59 | 01:32:00 | 03:23:14 |
| 56    | 2       | 477     | Michael Lerchenmueller |                               |      | 1962 | M60  | 00:41:53 | 01:12:55 | 01:28:40 | 03:23:28 |
| 57    | 12      | 254     | Florian Fischer        |                               |      | 1982 | M40  | 00:44:38 | 01:08:51 | 01:31:17 | 03:24:46 |
| 58    | 13      | 793     | Benjamin Weiderer      | Laufend BEWECT / MRRC München |      | 1980 | M40  | 00:49:54 | 01:06:33 | 01:29:14 | 03:25:41 |
| 59    | 6       | 880     | Stefan Rohmoser        | RUNNING Company               |      | 1966 | M55  | 00:44:52 | 01:09:14 | 01:33:49 | 03:27:55 |
| 60    | 14      | 358     | Jens Hofmann           |                               |      | 1982 | M40  | 00:43:38 | 01:10:29 | 01:34:12 | 03:28:19 |
| 61    | 8       | 786     | Ingo Weber             | fitforlife Dachau             |      | 1975 | M45  | 00:44:18 | 01:09:40 | 01:34:26 | 03:28:24 |
| 62    | 6       | 658     | Florian Sailer         |                               |      | 1998 | MU30 | 00:45:39 | 01:09:56 | 01:33:21 | 03:28:56 |
| 63    | 13      | 434     | Konrad Kratzl          |                               |      | 1986 | M35  | 00:43:39 | 01:09:39 | 01:36:33 | 03:29:51 |
| 64    | 7       | 138     | Deniz Bezgin           |                               |      | 1994 | MU30 | 00:44:05 | 01:13:23 | 01:33:24 | 03:30:52 |
| 65    | 14      | 692     | Ulrich Schwarzenberger |                               |      | 1985 | M35  | 00:54:29 | 01:06:48 | 01:29:51 | 03:31:08 |
| 66    | 9       | 139     | Paolo Bilardo          |                               |      | 1976 | M45  | 00:45:32 | 01:10:39 | 01:35:38 | 03:31:49 |
| 67    | 4       | 640     | Dirk Richter           | Metallbau Kurz                |      | 1973 | M50  | 00:44:40 | 01:09:23 | 01:38:14 | 03:32:17 |
| 68    | 5       | 101     | Faris Abbas            | LG Sempt                      |      | 1971 | M50  | 00:44:59 | 01:11:57 | 01:35:58 | 03:32:54 |
| 69    | 6       | 428     | Dirk Köhnlein          |                               |      | 1970 | M50  | 00:45:36 | 01:11:01 | 01:36:32 | 03:33:09 |
| 70    | 7       | 274     | Walter Gerner          |                               |      | 1967 | M55  | 00:46:56 | 01:11:16 | 01:35:27 | 03:33:39 |
| 71    | 15      | 1080    | Luca Chignola          | MRRC München                  |      | 1988 | M35  | 00:46:56 | 01:11:00 | 01:35:53 | 03:33:49 |
| 72    | 15      | 493     | Alexander Ludwig       |                               |      | 1982 | M40  | 00:43:29 | 01:11:23 | 01:39:22 | 03:34:14 |
| 73    | 16      | 719     | Joachim Steven         |                               |      | 1987 | M35  | 00:44:58 | 01:09:38 | 01:39:59 | 03:34:35 |
| 74    | 12      | 230     | Christoph Eiglsperger  | HGO                           |      | 1991 | M30  | 00:46:03 | 01:14:23 | 01:35:32 | 03:35:58 |
| 75    | 16      | 122     | Dominik Bauriedel      | Lazy Runners                  |      | 1980 | M40  | 00:46:37 | 01:14:17 | 01:35:14 | 03:36:08 |
| 76    | 17      | 287     | Ulrich Gräbner         |                               |      | 1981 | M40  | 00:45:12 | 01:14:16 | 01:37:18 | 03:36:46 |
| 77    | 18      | 528     | Dominik Menz           | TV Riedenburg                 |      | 1982 | M40  | 00:44:38 | 01:15:45 | 01:37:33 | 03:37:56 |
| 78    | 7       | 466     | Raf Leenen             |                               |      | 1972 | M50  | 00:47:12 | 01:13:38 | 01:37:26 | 03:38:16 |
| 79    | 19      | 760     | Maximilian Tschochner  |                               |      | 1982 | M40  | 00:49:51 | 01:11:09 | 01:37:23 | 03:38:23 |
| 80    | 8       | 194     | Stefan Damke           |                               |      | 1969 | M50  | 00:49:11 | 01:14:28 | 01:34:54 | 03:38:33 |
| 81    | 9       | 423     | Tobias Kobler          |                               |      | 1973 | M50  | 00:45:54 | 01:12:51 | 01:40:06 | 03:38:51 |
| 82    | 10      | 569     | Josef Obermeier        |                               |      | 1978 | M45  | 00:45:52 | 01:14:53 | 01:38:14 | 03:38:59 |
| 83    | 1       | 784     | Josef Waritschlager    | SV-DJK Kolbermoor             |      | 1957 | M65  | 00:45:50 | 01:12:33 | 01:40:37 | 03:39:00 |
| 84    | 13      | 715     | Thomas Stauber         | HGO                           |      | 1991 | M30  | 00:46:11 | 01:15:29 | 01:37:21 | 03:39:01 |
| 85    | 8       | 484     | Gunnar Lingnau         |                               |      | 1997 | MU30 | 00:47:17 | 01:13:08 | 01:38:36 | 03:39:01 |
| 86    | 20      | 482     | Axel Lifka             | Tri Familia / Tri-Smart.de    |      | 1981 | M40  | 00:46:16 | 01:13:36 | 01:39:45 | 03:39:37 |
| 87    | 9       | 684     | Noah Schneider         |                               |      | 1998 | MU30 | 00:49:08 | 01:13:28 | 01:37:10 | 03:39:46 |
| 88    | 17      | 211     | Daniel Docherty        | #Theis                        |      | 1985 | M35  | 00:45:56 | 01:14:54 | 01:39:05 | 03:39:55 |
| 89    | 8       | 188     | Henrik Clausen         | MTV 1879 München              |      | 1967 | M55  | 00:47:38 | 01:14:12 | 01:39:01 | 03:40:51 |
| 90    | 9       | 616     | Johann Rapalli         | Team ERDINGER Alkoholfrei     |      | 1964 | M55  | 00:46:25 | 01:14:30 | 01:40:47 | 03:41:42 |
| 91    | 21      | 415     | Gernot Kleinberger     |                               |      | 1983 | M40  | 00:48:43 | 01:14:12 | 01:39:05 | 03:42:00 |
| 92    | 10      | 554     | Markus Müller          |                               |      | 1973 | M50  | 00:46:33 | 01:15:05 | 01:40:30 | 03:42:08 |

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| Platz | PlatzAK | StartNr | Name                    | Team / Verein / Firma     | Nat. | JG   | AK   | Lauf 1   | Lauf 2   | Lauf 3   | Zeit     |
|-------|---------|---------|-------------------------|---------------------------|------|------|------|----------|----------|----------|----------|
| 93    | 11      | 151     | Carsten Böltz           |                           |      | 1977 | M45  | 00:46:59 | 01:14:16 | 01:41:37 | 03:42:52 |
| 94    | 11      | 559     | Alexander Neuhaus       |                           |      | 1971 | M50  | 00:47:13 | 01:15:32 | 01:41:18 | 03:44:03 |
| 95    | 12      | 295     | Thomas Graubmann        | StMFH / FM-Runners        |      | 1971 | M50  | 00:48:21 | 01:13:49 | 01:42:27 | 03:44:37 |
| 96    | 10      | 149     | Simon Böhm              | Savage Club               |      | 1994 | MU30 | 00:47:13 | 01:14:43 | 01:42:42 | 03:44:38 |
| 97    | 13      | 275     | Stefan Giesa            | RC Abschnitt Mitte        |      | 1969 | M50  | 00:47:58 | 01:16:36 | 01:42:02 | 03:46:36 |
| 98    | 14      | 338     | Marcus Weiler           |                           |      | 1989 | M30  | 00:47:52 | 01:17:33 | 01:41:24 | 03:46:49 |
| 99    | 3       | 137     | Karl Besson             | Sport Ruscher Team        |      | 1959 | M60  | 00:52:26 | 01:15:56 | 01:39:09 | 03:47:31 |
| 100   | 4       | 698     | Detlef Seidel           | DER Olymp-Runner          |      | 1961 | M60  | 00:48:41 | 01:16:15 | 01:43:04 | 03:48:00 |
| 101   | 22      | 666     | Roberto Sassu           |                           |      | 1980 | M40  | 00:47:56 | 01:16:56 | 01:43:23 | 03:48:15 |
| 102   | 12      | 455     | Johann Lang             |                           |      | 1977 | M45  | 00:49:12 | 01:12:15 | 01:47:17 | 03:48:44 |
| 103   | 18      | 240     | Fabian Enzenberger      |                           |      | 1987 | M35  | 00:49:28 | 01:16:19 | 01:43:20 | 03:49:07 |
| 104   | 13      | 166     | Joachim Brinkmann       | MRRC München              |      | 1976 | M45  | 00:48:58 | 01:14:29 | 01:45:50 | 03:49:17 |
| 105   | 19      | 687     | Matthias Schroeder      |                           |      | 1985 | M35  | 00:47:19 | 01:14:33 | 01:47:38 | 03:49:30 |
| 106   | 20      | 223     | Alexander Ebert         |                           |      | 1984 | M35  | 00:50:44 | 01:16:23 | 01:42:27 | 03:49:34 |
| 107   | 14      | 349     | Pablo Herrero           |                           |      | 1976 | M45  | 00:51:28 | 01:22:31 | 01:38:57 | 03:52:56 |
| 108   | 11      | 128     | Justin Becker           | Rennsemmeln               |      | 1994 | MU30 | 00:50:11 | 01:18:49 | 01:44:15 | 03:53:15 |
| 109   | 15      | 311     | Michael Haberlander     | Team ERDINGER Alkoholfrei |      | 1977 | M45  | 00:48:14 | 01:22:50 | 01:43:16 | 03:54:20 |
| 110   | 15      | 501     | Markus Maier            |                           |      | 1989 | M30  | 00:49:59 | 01:17:44 | 01:47:56 | 03:55:39 |
| 111   | 16      | 161     | Boris Breidenbach       | Team B                    |      | 1976 | M45  | 00:51:35 | 01:17:58 | 01:46:37 | 03:56:10 |
| 112   | 17      | 406     | M.P. Keßler             | Team Run4PRS              |      | 1974 | M45  | 00:51:37 | 01:18:48 | 01:46:14 | 03:56:39 |
| 113   | 23      | 495     | Stephan Maas            | Adidas Runners Munich     |      | 1979 | M40  | 00:48:56 | 01:18:52 | 01:48:55 | 03:56:43 |
| 114   | 18      | 355     | Frank Hitzelberger      | MRRC München              |      | 1975 | M45  | 00:51:34 | 01:20:34 | 01:44:51 | 03:56:59 |
| 115   | 21      | 617     | Richard Raßhofer        | Isarrunners               |      | 1987 | M35  | 00:44:52 | 01:10:17 | 02:04:16 | 03:59:25 |
| 116   | 22      | 104     | Dries Agten             |                           |      | 1988 | M35  | 01:19:44 | 01:10:56 | 01:29:48 | 04:00:28 |
| 117   | 10      | 315     | Alois Haibel            | Triathlon Oberstaufer     |      | 1965 | M55  | 00:51:59 | 01:23:15 | 01:46:42 | 04:01:56 |
| 118   | 2       | 131     | Reiner Benitz           | Adidas Runners Munich     |      | 1954 | M65  | 00:53:12 | 01:20:54 | 01:48:59 | 04:03:05 |
| 119   | 14      | 483     | Minkyu Lim              | MRRC München              |      | 1969 | M50  | 00:50:12 | 01:22:22 | 01:51:46 | 04:04:20 |
| 120   | 12      | 209     | Benjamin Ditscherlein   |                           |      | 1995 | MU30 | 00:52:44 | 01:21:07 | 01:51:25 | 04:05:16 |
| 121   | 19      | 819     | Klaus Wohlrabe          |                           |      | 1977 | M45  | 00:51:53 | 01:25:20 | 01:48:59 | 04:06:12 |
| 122   | 11      | 286     | Walter Gräbeldinger     | MRRC München              |      | 1964 | M55  | 00:52:30 | 01:21:47 | 01:51:59 | 04:06:16 |
| 123   | 16      | 255     | Henning Flechtner       |                           |      | 1992 | M30  | 00:50:17 | 01:23:19 | 01:53:04 | 04:06:40 |
| 124   | 23      | 1040    | Gabriel Gillessen       |                           |      | 1988 | M35  | 00:51:31 | 01:21:58 | 01:54:33 | 04:08:02 |
| 125   | 24      | 150     | Jonathan Bolaños Bustos |                           |      | 1982 | M40  | 00:52:22 | 01:23:39 | 01:53:20 | 04:09:21 |
| 126   | 17      | 258     | Matthias Fröhlich       |                           |      | 1989 | M30  | 00:51:58 | 01:23:54 | 01:53:49 | 04:09:41 |
| 127   | 12      | 366     | Horst Hörmann           | Rasende Eisvögel          |      | 1966 | M55  | 00:54:27 | 01:23:40 | 01:54:33 | 04:12:40 |
| 128   | 20      | 364     | Frank Holzner           |                           |      | 1974 | M45  | 00:53:59 | 01:24:58 | 01:56:04 | 04:15:01 |
| 129   | 25      | 685     | Lars Schönwald          |                           |      | 1983 | M40  | 00:54:23 | 01:27:04 | 01:56:10 | 04:17:37 |
| 130   | 15      | 623     | Michael Reek            |                           |      | 1969 | M50  | 00:52:01 | 01:25:49 | 02:00:39 | 04:18:29 |

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| Platz | PlatzAK | StartNr | Name               | Team / Verein / Firma      | Nat. | JG   | AK  | Lauf 1   | Lauf 2   | Lauf 3   | Zeit     |
|-------|---------|---------|--------------------|----------------------------|------|------|-----|----------|----------|----------|----------|
| 131   | 1       | 126     | Willi Beck         | FC Hitzhofen-Oberzell      |      | 1953 | M70 | 00:56:21 | 01:26:11 | 01:57:21 | 04:19:53 |
| 132   | 26      | 809     | Marcus Wiesner     | Reptile Rescue Runners     |      | 1979 | M40 | 00:56:44 | 01:26:44 | 01:57:00 | 04:20:28 |
| 133   | 18      | 260     | Jannik Fuhr        |                            |      | 1992 | M30 | 00:57:12 | 01:26:24 | 01:56:58 | 04:20:34 |
| 134   | 3       | 117     | Nicola Barile      |                            |      | 1954 | M65 | 00:56:53 | 01:26:31 | 01:57:38 | 04:21:02 |
| 135   | 27      | 334     | Sebastian Heinlein |                            |      | 1980 | M40 | 00:52:38 | 01:23:29 | 02:06:05 | 04:22:12 |
| 136   | 19      | 789     | Daniel Weber       |                            |      | 1990 | M30 | 00:54:33 | 01:25:00 | 02:03:31 | 04:23:04 |
| 137   | 13      | 184     | Siegfried Chaluppa | BSV Flughafen München      |      | 1965 | M55 | 00:57:48 | 01:29:58 | 01:55:34 | 04:23:20 |
| 138   | 20      | 542     | Lukas Möller       |                            |      | 1992 | M30 | 00:57:33 | 01:28:22 | 01:57:27 | 04:23:22 |
| 139   | 16      | 178     | Vincenzo Carabillo | tour50                     |      | 1973 | M50 | 00:56:40 | 01:27:57 | 01:58:58 | 04:23:35 |
| 140   | 24      | 158     | Robert Brandl      | Asapio                     |      | 1985 | M35 | 00:53:42 | 01:27:29 | 02:02:35 | 04:23:46 |
| 141   | 5       | 618     | Werner Raßhofer    | Isarrunners                |      | 1962 | M60 | 00:57:15 | 01:28:55 | 01:59:00 | 04:25:10 |
| 142   | 21      | 285     | florian götz       |                            |      | 1976 | M45 | 00:57:29 | 01:28:59 | 02:02:12 | 04:28:40 |
| 143   | 2       | 441     | Jakob Kreidl       |                            |      | 1952 | M70 | 00:56:49 | 01:30:41 | 02:02:10 | 04:29:40 |
| 144   | 14      | 187     | Marek Cichowski    |                            |      | 1965 | M55 | 00:59:18 | 01:28:20 | 02:02:31 | 04:30:09 |
| 145   | 15      | 821     | Yohannes Woltsadik |                            |      | 1967 | M55 | 00:57:56 | 01:31:43 | 02:01:03 | 04:30:42 |
| 146   | 4       | 697     | Peter Seibert      |                            |      | 1956 | M65 | 00:56:49 | 01:31:13 | 02:05:38 | 04:33:40 |
| 147   | 17      | 566     | Harald Numrich     |                            |      | 1969 | M50 | 00:59:24 | 01:33:01 | 02:02:48 | 04:35:13 |
| 148   | 21      | 844     | Karl Haberberger   | HSG München Sommerbiathlon |      | 1990 | M30 | 00:59:47 | 01:36:19 | 02:02:34 | 04:38:40 |
| 149   | 16      | 1075    | Ali Adelstein      |                            |      | 1965 | M55 | 01:00:41 | 01:37:59 | 02:01:48 | 04:40:28 |
| 150   | 3       | 725     | Detlef Stoll       | GMRL-Verein                |      | 1951 | M70 | 01:07:02 | 01:46:50 | 02:07:42 | 05:01:34 |
| 151   | 1       | 557     | Otmar Nejték       | SC Moosham                 |      | 1942 | M80 | 01:39:24 | 01:41:26 | 02:23:19 | 05:44:09 |