

# Winterlaufserie München 21/22

Serienwertung - 05.02.2022 - München



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Lauf1	Lauf2	Lauf3	Zeit
1	1	213	Thea Heim	LG TELIS Finanz Regensburg		1992	W30	00:36:03	00:55:26	01:14:23	02:45:52
2	1	717	Constance Dennilauler	Pacé en Courant		2004	WJU20	00:39:06	00:59:01	01:19:42	02:57:49
3	2	718	Caroline Dennilauler	Pacé en Courant		2005	WJU20	00:38:19	00:59:22	01:20:36	02:58:17
4	3	493	Hanna Pfannes			2003	WJU20	00:43:25	01:04:19	01:27:57	03:15:41
5	2	134	Katherine Fitch			1989	W30	00:43:04	01:06:46	01:29:00	03:18:50
6	1	365	Yvonne Lingnau			1993	WU30	00:43:55	01:06:38	01:28:50	03:19:23
7	2	100	Maika Dohmen	MRRC München		1994	WU30	00:43:34	01:06:19	01:29:55	03:19:48
8	3	224	Nina Hennig	Betonwadeln		1995	WU30	00:45:39	01:10:11	01:32:21	03:28:11
9	4	237	Veronika Hofmann			1999	WU30	00:44:55	01:09:13	01:34:22	03:28:30
10	1	169	Christine Grammer	TV Planegg-Krailling		1982	W40	00:44:53	01:11:56	01:34:22	03:31:11
11	1	371	Sylvie Lorenzen			1973	W45	00:47:03	01:09:45	01:34:52	03:31:40
12	2	602	Alexandra Semmler	MRRC München		1979	W40	00:45:07	01:11:57	01:34:59	03:32:03
13	5	135	Maria Flack	HSG München Sommerbiathlon		1999	WU30	00:46:04	01:10:13	01:36:20	03:32:37
14	2	456	Verena Neumann			1975	W45	00:46:34	01:11:20	01:36:12	03:34:06
15	6	574	Melina Schlegel			1997	WU30	00:48:17	01:13:05	01:34:58	03:36:20
16	1	175	Ulrike Greif	TSV Wolftrathshausen		1972	W50	00:49:08	01:14:22	01:38:35	03:42:05
17	3	414	Sabine Meyer			1974	W45	00:48:45	01:17:43	01:39:52	03:46:20
18	3	389	Sandy Maischak			1978	W40	00:51:09	01:15:38	01:39:48	03:46:35
19	4	558	Marie-Luise Schad			1974	W45	00:50:00	01:15:39	01:43:20	03:48:59
20	3	159	Viktorija Glembockyte			1988	W30	00:49:03	01:17:50	01:45:52	03:52:45
21	2	570	Anja Schink	Sport für Spenden		1972	W50	00:51:58	01:18:09	01:42:58	03:53:05
22	1	170	Susanne Grammer	TV Planegg-Krailling		1960	W60	00:50:54	01:18:40	01:43:32	03:53:06
23	4	116	Ulrike Eisold			1979	W40	00:51:25	01:17:40	01:44:53	03:53:58
24	4	259	Miriam Irimi			1990	W30	00:52:57	01:20:39	01:49:32	04:03:08
25	5	367	Anja Link			1975	W45	00:52:31	01:22:12	01:52:24	04:07:07
26	7	232	Marlis Hiegemann	Die Rennsemmeln		1995	WU30	00:54:33	01:23:01	01:51:52	04:09:26
27	5	690	Andrea Wichmann			1989	W30	00:53:18	01:24:38	01:52:21	04:10:17
28	1	184	Brigitte Haas-Gebhard	München		1963	W55	00:55:13	01:24:02	01:53:58	04:13:13
29	3	916	Sonja Seidl-Reiner	Cellulite Fighter		1970	W50	01:00:20	01:23:23	01:51:14	04:14:57
30	1	572	Sybille Schlamp			1986	W35	00:55:57	01:23:06	01:56:35	04:15:38
31	2	580	Lea Schnurbus	Team München		1986	W35	00:55:12	01:26:03	01:56:07	04:17:22
32	6	482	Sina Paulus			1989	W30	00:56:29	01:24:35	01:58:31	04:19:35
33	6	383	Conny Maibohm-Neher	Adidas runners Munich		1974	W45	00:58:36	01:21:37	02:06:14	04:26:27
34	2	265	Claudia Jakowatz	Rasende Eisvögel		1965	W55	00:58:37	01:31:46	02:03:12	04:33:35
35	7	186	Evi Habberger	HSG München Sommerbiathlon		1992	W30	00:56:40	01:26:55	02:10:25	04:34:00
36	2	287	Diana Keil	Sport Ruscher		1958	W60	00:59:04	01:32:13	02:02:47	04:34:04
37	1	527	Heidemarie Reinhart	Sport Ruscher Team		1951	W70	01:01:49	01:33:13	02:04:59	04:40:01
38	4	699	Tanja Winter	LG Mettenheim		1969	W50	00:57:00	01:29:18	02:17:40	04:43:58

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Lauf1	Lauf2	Lauf3	Zeit
39	7	133	Monika Fintz			1973	W45	01:03:36	01:34:44	02:06:13	04:44:33
40	3	507	Sabine Puhlfürst			1962	W60	01:03:21	01:35:04	02:08:50	04:47:15
1	1	48	Alexander Bleffgen	TSV Jahn Freising 1861		1991	M30	00:36:04	00:53:40	01:11:11	02:40:55
2	1	890	Michel Nougier			1993	MU30	00:35:55	00:53:32	01:11:36	02:41:03
3	2	531	Jack Renyard			1990	M30	00:36:12	00:55:02	01:13:52	02:45:06
4	1	292	Georg Kinadeter	LG Stadtwerke München		1969	M50	00:36:53	00:55:06	01:14:26	02:46:25
5	1	569	Roman Schindlbeck	Baugeschäft Laurent		1987	M35	00:36:47	00:57:02	01:13:33	02:47:22
6	2	417	Lukas Michels			1994	MU30	00:34:42	00:58:55	01:13:58	02:47:35
7	3	597	Maximilian Schwinn			1989	M30	00:36:42	00:55:55	01:15:01	02:47:38
8	2	38	Severin Beilner			1987	M35	00:38:01	00:56:37	01:14:54	02:49:32
9	3	364	Joachim Lingnau	SV Dachau		1986	M35	00:38:19	00:55:57	01:15:28	02:49:44
10	1	227	Pablo Herrero	FETRI		1981	M40	00:36:59	00:57:46	01:15:57	02:50:42
11	4	401	Marco Mattuschka	RIG Freiburg		1987	M35	00:38:44	00:57:08	01:16:37	02:52:29
12	2	21	Anastasios Argyropoulos	Betonwadeln		1978	M40	00:37:53	00:57:11	01:17:27	02:52:31
13	3	839	Maximilian Mayerföls	Wasserfreunde Pullach e.V.		1997	MU30	00:38:21	00:57:48	01:17:15	02:53:24
14	4	565	Lars Schauerhammer	711Endurance		1991	M30	00:37:29	00:58:14	01:18:18	02:54:01
15	5	305	Michael Knoche	WILLPOWER		1985	M35	00:37:23	00:58:28	01:19:19	02:55:10
16	2	320	Wolfgang Krause	LC Tölzer Land		1969	M50	00:38:33	00:58:14	01:18:45	02:55:32
17	5	231	Lukas Hiegemann	Die Rennsemmeln		1992	M30	00:38:59	00:59:32	01:18:50	02:57:21
18	6	197	Nico Häring	Rocking Runners		1986	M35	00:39:29	00:59:24	01:20:40	02:59:33
19	6	430	Mike Motschmann			1989	M30	00:39:10	01:00:29	01:21:19	03:00:58
20	4	203	Patrick Hauck	Betonwadeln		1994	MU30	00:39:58	00:59:52	01:22:28	03:02:18
21	3	207	Tim Hayo			1982	M40	00:39:36	01:00:20	01:23:31	03:03:27
22	4	50	Sascha Böder	wellnuss Premium Snacks		1978	M40	00:39:47	01:01:11	01:22:37	03:03:35
23	1	696	Holger Wilmsmann	SV Holzkirchen		1964	M55	00:41:14	01:01:38	01:22:21	03:05:13
24	7	192	Hans Hanebeck	RSLC Holzkirchen		1986	M35	00:42:15	01:02:45	01:21:24	03:06:24
25	1	629	Andy Stiehler	ESV Neuaubing		1976	M45	00:41:46	01:03:20	01:24:21	03:09:27
26	3	472	Ulli Oßwald	LC Tölzer Land		1970	M50	00:41:15	01:04:39	01:24:11	03:10:05
27	2	588	Michael Schropp	Running Company		1964	M55	00:41:52	01:02:19	01:26:16	03:10:27
28	3	468	thomas offermann			1967	M55	00:42:58	01:03:51	01:25:01	03:11:50
29	5	183	Franz Gutmann	TSV Niederraunau		1995	MU30	00:41:18	01:04:12	01:26:39	03:12:09
30	8	596	Adrien Schwane	Aachen hat Ausdauer		1987	M35	00:41:42	01:03:33	01:27:38	03:12:53
31	7	57	Jonathan Both			1992	M30	00:42:40	01:02:57	01:27:38	03:13:15
32	9	586	Philipp Schott			1986	M35	00:41:02	01:02:33	01:30:16	03:13:51
33	5	26	Frank Baraniak	RUNNING Company		1978	M40	00:42:38	01:07:17	01:25:21	03:15:16
34	4	341	Matthias Langer	Running Company		1966	M55	00:45:12	01:04:25	01:27:31	03:17:08
35	10	114	Oliver Eichler	FC Puchheim		1984	M35	00:42:48	01:05:38	01:28:59	03:17:25
36	6	617	Enrico Sporleder	Deutsche Bank AG		1978	M40	00:42:47	01:07:11	01:28:47	03:18:45

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37	8	131	Alexander Finke			1989	M30	00:42:20	01:05:05	01:31:53	03:19:18
38	7	49	Andreas Böck			1979	M40	00:44:20	01:05:28	01:29:38	03:19:26
39	4	524	Ralf Rehberger	Team ERDINGER Alkoholfrei		1968	M50	00:44:19	01:06:52	01:29:06	03:20:17
40	6	467	Alexander Obry	Olching Runners		1994	MU30	00:45:09	01:07:08	01:28:13	03:20:30
41	2	276	Denis Kadic	LG Stadtwerke München		1974	M45	00:43:28	01:07:31	01:29:42	03:20:41
42	5	93	Olaf Dieckmann	RUNNING Company		1971	M50	00:44:22	01:06:28	01:30:25	03:21:15
43	3	402	Ulrich Maurer	Medical Park		1973	M45	00:45:01	01:08:31	01:28:32	03:22:04
44	9	63	Jan Bruckner			1990	M30	00:44:09	01:06:18	01:32:07	03:22:34
45	7	922	Benedikt Hofrichter	Globetrotter		1995	MU30	00:42:01	01:07:53	01:33:08	03:23:02
46	6	843	Michael Rademacher	SWM		1970	M50	00:44:14	01:07:27	01:33:45	03:25:26
47	10	278	Leo Kaindl			1991	M30	00:46:30	01:06:23	01:32:34	03:25:27
48	5	619	Thorsten Stark	F2		1967	M55	00:44:22	01:09:49	01:31:28	03:25:39
49	11	25	Michael Balk	Weltenburger-Lüdecke CIS Amberg		1991	M30	00:45:48	01:08:51	01:33:40	03:28:19
50	4	674	Peter Walther	Sport Ruscher Team		1974	M45	00:46:08	01:08:28	01:33:43	03:28:19
51	8	33	Dominik Bauriedel	Lazy Runners		1980	M40	00:45:43	01:09:59	01:33:33	03:29:15
52	1	841	Steven Stöckl	MRRC München		2004	MJU20	00:42:43	01:09:54	01:36:38	03:29:15
53	5	200	Christian Härtl			1974	M45	00:46:56	01:09:15	01:33:40	03:29:51
54	8	591	Benjamin Schumann	Die Rennsemmeln		1993	MU30	00:45:24	01:10:10	01:34:45	03:30:19
55	9	410	Dominik Menz	TV Riedenburg		1982	M40	00:46:32	01:09:43	01:35:14	03:31:29
56	10	362	Christian Lindermayer	Peak Performance Runners Club		1981	M40	00:48:46	01:08:28	01:34:41	03:31:55
57	9	659	Jonas Veit	SV München 1899		1994	MU30	00:44:11	01:16:08	01:31:55	03:32:14
58	7	241	Alexander Hohnecker			1971	M50	00:45:39	01:10:40	01:36:10	03:32:29
59	1	677	Josef Waritschlager	SV-DJK Kolbermoor		1957	M65	00:48:11	01:09:15	01:35:21	03:32:47
60	6	672	Paul Walch	RG BSE Weiß-Blau		1967	M55	00:47:04	01:10:33	01:35:36	03:33:13
61	11	392	Sebastian Mantsch			1985	M35	00:46:09	01:09:22	01:38:46	03:34:17
62	8	816	Michael Rottmann	MRRC München		1969	M50	00:51:36	01:11:27	01:31:38	03:34:41
63	10	363	Gunnar Lingnau			1997	MU30	00:48:33	01:11:29	01:35:14	03:35:16
64	1	673	Konrad Wallner	SG Indersdorf		1962	M60	00:46:35	01:14:08	01:35:34	03:36:17
65	12	621	Thomas Stauber	HGO		1991	M30	00:46:16	01:15:28	01:34:43	03:36:27
66	12	480	Vincent Paul	MRRC München		1987	M35	00:45:41	01:13:50	01:37:51	03:37:22
67	13	208	Luke Heames			1983	M35	00:46:34	01:11:58	01:39:36	03:38:08
68	2	150	Rupert Gebhard	Sport für Spenden		1961	M60	00:48:30	01:11:55	01:38:06	03:38:31
69	3	17	Klaus Althoff	Running Company		1960	M60	00:48:02	01:11:36	01:39:05	03:38:43
70	7	700	Reiner Winters	Running Company		1965	M55	00:48:42	01:11:28	01:38:47	03:38:57
71	8	374	Christoph Lübbling			1967	M55	00:45:47	01:12:25	01:40:49	03:39:01
72	6	53	Carsten Böltz			1977	M45	00:46:55	01:11:50	01:40:43	03:39:28
73	9	483	Werner Paulus			1969	M50	00:47:27	01:12:59	01:39:33	03:39:59
74	10	66	Michael Bruns	BMW München - Smartrunning		1968	M50	00:50:51	01:12:43	01:36:37	03:40:11

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75	9	683	Volker Welp			1967	M55	00:48:40	01:12:11	01:39:44	03:40:35
76	11	366	Andy Link	HSG München Sommerbiathlon		1971	M50	00:47:41	01:13:30	01:39:35	03:40:46
77	2	324	Ludwig Kreidl	RSLC Holzkirchen		1955	M65	00:48:46	01:13:02	01:39:15	03:41:03
78	12	455	Alexander Neuhaus			1971	M50	00:47:55	01:13:08	01:40:10	03:41:13
79	14	514	Johannes Rahn	Ökobunnies		1987	M35	00:56:31	01:12:37	01:32:56	03:42:04
80	13	156	Stefan Giesa	RC Abschnitt Mitte		1969	M50	00:48:23	01:13:41	01:40:11	03:42:15
81	4	136	Tony Flaim	LG TuS Mitterfelden		1961	M60	00:49:30	01:12:32	01:40:25	03:42:27
82	11	465	Josef Obermeier			1978	M40	00:48:04	01:13:47	01:40:49	03:42:40
83	15	518	Richard Raßhofer	Isarrunners		1987	M35	00:56:41	01:07:49	01:39:01	03:43:31
84	12	836	Michael Würz			1979	M40	00:49:22	01:13:19	01:40:52	03:43:33
85	3	915	Helmut Schulzki	Laufftreff Freising		1956	M65	00:49:06	01:13:27	01:41:15	03:43:48
86	13	313	Matthias Koller	Monaco Schi		1981	M40	00:48:44	01:14:55	01:41:14	03:44:53
87	14	304	Andreas Knobloch			1979	M40	00:48:28	01:14:14	01:43:03	03:45:45
88	2	623	Tristan Steger			2004	MJU20	00:51:31	01:16:08	01:39:22	03:47:01
89	13	328	Dorothea Kronsteiner	Team ERDINGER Alkoholfrei		1991	M30	00:49:51	01:13:48	01:45:03	03:48:42
90	16	329	Thomas Kronsteiner	Team ERDINGER Alkoholfrei		1986	M35	00:49:51	01:13:50	01:45:02	03:48:43
91	10	230	Gerhard Hiegemann	Die Rennsemmeln		1964	M55	00:49:24	01:15:36	01:45:08	03:50:08
92	4	358	Rainer Leyendecker	RSLC Holzkirchen		1956	M65	00:50:33	01:16:56	01:43:02	03:50:31
93	7	435	Markus Müller			1973	M45	00:48:38	01:17:35	01:44:21	03:50:34
94	11	176	Axel Grigoleit			1963	M55	00:51:06	01:16:30	01:43:10	03:50:46
95	8	236	Frank Hitzelberger	MRRC München		1975	M45	00:52:30	01:16:53	01:41:56	03:51:19
96	15	838	Christopher Dittert	Dachau		1979	M40	00:50:48	01:17:17	01:43:53	03:51:58
97	14	198	Markus Hartinger			1968	M50	00:49:50	01:18:44	01:44:33	03:53:07
98	5	599	Detlef Seidel	Olymp-Runners		1961	M60	00:51:33	01:17:59	01:44:05	03:53:37
99	11	36	Justin Becker	Die Rennsemmeln		1994	MU30	00:50:05	01:13:42	01:51:51	03:55:38
100	9	339	Johann Lang			1977	M45	00:50:27	01:16:59	01:49:15	03:56:41
101	14	846	Andrew Whitmore			1990	M30	00:52:11	01:23:34	01:45:50	04:01:35
102	12	202	Robert Hasreiter			1967	M55	00:50:03	01:17:57	01:53:42	04:01:42
103	16	267	Jakob Janich			1982	M40	00:52:09	01:23:32	01:48:56	04:04:37
104	13	167	Walter Gräbeldinger	MRRC München		1964	M55	00:55:27	01:21:41	01:49:02	04:06:10
105	6	561	Friedrich Schaffert	Tri Team FFB		1959	M60	00:51:58	01:20:53	01:54:50	04:07:41
106	17	601	Florian Selbach			1986	M35	00:55:02	01:22:48	01:51:12	04:09:02
107	15	676	Richard Warak	Goethe läuft		1969	M50	00:53:43	01:21:53	01:53:31	04:09:07
108	16	174	Michael Greif	TSV Wolfratshausen		1972	M50	00:54:39	01:21:44	01:52:47	04:09:10
109	12	155	Jeremy Giesa	RC Abschnitt Mitte		1997	MU30	00:55:58	01:28:43	01:47:43	04:12:24
110	17	474	David Ozegovic			1982	M40	00:53:07	01:23:05	01:56:31	04:12:43
111	18	694	Marcus Wiesner	Kenia's letzte Reserve		1979	M40	00:54:28	01:24:14	01:54:44	04:13:26
112	7	108	Harald Düsdieker	forice89		1958	M60	00:54:48	01:25:57	01:53:39	04:14:24

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113	1	323	Jakob Kreidl			1952	M70	00:53:44	01:22:56	01:58:06	04:14:46
114	14	247	Horst Hörmann	Rasende Eisvögel		1966	M55	00:56:40	01:25:48	01:52:24	04:14:52
115	8	519	Werner Raßhofer	Isarrunners		1962	M60	00:57:23	01:22:01	01:58:59	04:18:23
116	18	502	Manfred Pohlemann			1984	M35	00:56:32	01:24:31	01:58:35	04:19:38
117	15	157	Thomas Gimpel			1988	M30	00:58:52	01:28:49	01:59:27	04:27:08
118	19	148	Ettore Gandolfi	Wackler Spedition & Logistik		1979	M40	00:57:28	01:26:26	02:03:16	04:27:10
119	17	506	holger pötschke			1971	M50	01:00:52	01:28:38	02:01:17	04:30:47
120	2	382	Gerhard Mages			1952	M70	00:58:45	01:26:57	02:05:45	04:31:27
121	9	291	Johann Kienzl	LG Mettenheim		1961	M60	00:57:52	01:30:36	02:17:47	04:46:15
122	18	130	Claus-Juergen Fink	Gänseblume Action Group		1970	M50	01:07:56	01:34:50	02:04:39	04:47:25
123	10	201	Torsten Hartmann	#hato-4-Marathon		1974	M45	01:03:04	01:35:13	02:12:21	04:50:38
124	1	450	Otmar Nejték	SC Moosham		1942	M80	01:02:36	01:42:30	02:17:52	05:02:58
125	1	311	Florian Kolb	Männer Schwimm Verein München		1946	M75	01:09:48	01:45:52	02:23:22	05:19:02