

# Lebkuchenlauf 2021

5km Hobbylauf - 14.11.2021 - Kitzingen



| Platz | PlatzAK | StartNr | Name                 | Team / Verein / Firma                      | Nat. | JG   | AK | Runde1   | Runde2   | Runde3   | Zeit     |
|-------|---------|---------|----------------------|--|------|------|----|----------|----------|----------|----------|
| 1     |         | 272     | Julia Sommer         | Laufwerk WÜ                                |      | 1996 | W  | 00:09:43 | 00:18:58 | 00:19:46 | 00:19:46 |
| 2     |         | 204     | Malin Gren           | SVALTENSCHÖNBACH                           |      | 1987 | W  | 00:11:18 | 00:21:35 | 00:22:28 | 00:22:28 |
| 3     |         | 222     | Barbara Karl         | TV Ochsenfurt                              |      | 1972 | W  | 00:11:24 | 00:22:57 | 00:23:50 | 00:23:50 |
| 4     |         | 231     | Carolin Bartholomäus |  |      | 2002 | W  | 00:12:29 | 00:24:06 | 00:25:05 | 00:25:05 |
| 5     |         | 260     | Rosi Hertwig         | TV Großlangheim                            |      | 1972 | W  | 00:12:36 | 00:24:28 | 00:25:28 | 00:25:28 |
| 6     |         | 264     | Silke Sterk          | TV Großlangheim                            |      | 1974 | W  | 00:14:29 | 00:27:54 | 00:29:06 | 00:29:06 |
| 7     |         | 195     | ---Anke Meier        | Atemlos                                    |      | 1999 | W  | 00:15:09 | 00:28:05 | 00:29:10 | 00:29:10 |
| 8     |         | 201     | Aylin Rüttinger      | girlsrunforfun                             |      | 1994 | W  | 00:14:41 | 00:28:09 | 00:29:21 | 00:29:21 |
| 9     |         | 196     | ---Lena ---Neubert   | Atemlos                                    |      | 1999 | W  | 00:15:09 | 00:28:15 | 00:29:28 | 00:29:28 |
| 10    |         | 225     | Sabine Lex           |  |      | 1976 | W  | 00:14:40 | 00:28:29 | 00:29:37 | 00:29:37 |
| 11    |         | 291     | Sonja Weigand        | TSV Iphofen Handball                       |      | 1973 | W  | 00:15:07 | 00:29:01 | 00:30:06 | 00:30:06 |
| 12    |         | 267     | Vera Zimmermann      |  |      | 2002 | W  | 00:14:57 | 00:29:09 | 00:30:09 | 00:30:09 |
| 13    |         | 295     | Jennifer Lux         | TSV Iphofen Handball                       |      | 1982 | W  | 00:15:08 | 00:29:01 | 00:30:15 | 00:30:15 |
| 14    |         | 296     | Simone Sauer         | TSV Iphofen Handball                       |      | 1977 | W  | 00:15:08 | 00:29:01 | 00:30:15 | 00:30:15 |
| 15    |         | 276     | Michelle Haaf        | Team Sonntagskuchen                        |      | 1998 | W  | 00:14:54 | 00:29:41 | 00:30:53 | 00:30:53 |
| 16    |         | 232     | Veronika Fledering   |  |      | 1968 | W  | 00:15:13 | 00:29:42 | 00:30:55 | 00:30:55 |
| 17    |         | 310     | Maria Omert          | Laufteam Wiesentheid                       |      | 1958 | W  | 00:15:22 | 00:30:02 | 00:31:19 | 00:31:19 |
| 18    |         | 287     | Jeanette Piwonka     | Projekt 6 9                                |      | 1983 | W  | 00:15:16 | 00:30:08 | 00:31:34 | 00:31:34 |
| 19    |         | 214     | Silvia Seitz         |  |      | 1987 | W  | 00:15:26 | 00:30:38 | 00:31:54 | 00:31:54 |
| 20    |         | 216     | Adriane Göb          |  |      | 1976 | W  | 00:16:13 | 00:31:17 | 00:32:39 | 00:32:39 |
| 21    |         | 239     | Katja Freudenberger  |  |      | 1977 | W  | 00:16:09 | 00:33:33 | 00:34:53 | 00:34:53 |
| 22    |         | 312     | Melanie Heim         |  |      | 1975 | W  | 00:16:10 | 00:33:34 | 00:34:53 | 00:34:53 |
| 23    |         | 208     | Alina Heußlein       | Heußlein                                   |      | 2001 | W  | 00:17:50 | 00:35:47 | 00:37:16 | 00:37:16 |
| 1     |         | 254     | Felix Esterl         | Tria TV Bad Mergentheim                    |      | 2002 | M  | 00:08:17 | 00:16:06 | 00:16:49 | 00:16:49 |
| 2     |         | 304     | Maxi Spahn           | Susas World                                |      | 1995 | M  | 00:08:27 | 00:17:05 | 00:17:56 | 00:17:56 |
| 3     |         | 278     | Christoph Sell       |  |      | 1978 | M  | 00:09:18 | 00:18:03 | 00:18:51 | 00:18:51 |
| 4     |         | 235     | Martin Guggenberger  | TSV Hawaii Gerbrunn                        |      | 1975 | M  | 00:09:44 | 00:18:52 | 00:19:39 | 00:19:39 |
| 5     |         | 203     | Martin Seitz         | SVAltenschönbach                           |      | 1987 | M  | 00:09:46 | 00:18:51 | 00:19:43 | 00:19:43 |
| 6     |         | 273     | Kaleb Ströbel        | Laufstil Running Club                      |      | 1988 | M  | 00:09:33 | 00:19:03 | 00:19:54 | 00:19:54 |
| 7     |         | 240     | Jochen Vogt          |  |      | 1982 | M  | 00:10:01 | 00:19:14 | 00:19:58 | 00:19:58 |
| 8     |         | 298     | Tobias Fernholz      | Masters8er akademischer Ruderclub Würzburg |      | 1980 | M  | 00:10:28 | 00:20:19 | 00:21:08 | 00:21:08 |
| 9     |         | 265     | Helmut Sterk         | TG Kitzingen                               |      | 1971 | M  | 00:10:19 | 00:20:18 | 00:21:14 | 00:21:14 |
| 10    |         | 234     | Thomas Dittmeier     | MSV Michelau                               |      | 1970 | M  | 00:10:54 | 00:20:39 | 00:21:32 | 00:21:32 |
| 11    |         | 229     | Jürgen Foh           | BluRunners                                 |      | 1969 | M  | 00:11:16 | 00:21:22 | 00:22:17 | 00:22:17 |
| 12    |         | 303     | Christoph Leibold    | TSV 1876 Thüngersheim e.V.                 |      | 1990 | M  | 00:11:20 | 00:21:42 | 00:22:37 | 00:22:37 |
| 13    |         | 257     | Markus Elsholz       |  |      | 1978 | M  | 00:11:31 | 00:22:18 | 00:23:19 | 00:23:19 |
| 14    |         | 249     | Hannes Seemann       | TSV Ipsheim                                |      | 2001 | M  | 00:11:45 | 00:22:39 | 00:23:29 | 00:23:29 |
| 15    |         | 301     | Sascha Arnold        | TV-Ochsenfurt                              |      | 1996 | M  | 00:11:24 | 00:22:57 | 00:23:56 | 00:23:56 |

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|-------|---------|---------|----------------------|-------------------------------|------|------|----|----------|----------|----------|----------|
| 16    |         | 277     | Yannick Haaf         | Team Sonntagskuchen           |      | 2000 | M  | 00:12:11 | 00:24:05 | 00:24:57 | 00:24:57 |
| 17    |         | 297     | Stefan Marschall     | TSV Thüingersheim             |      | 1982 | M  | 00:13:35 | 00:24:21 | 00:25:12 | 00:25:12 |
| 18    |         | 255     | Martin Esterl        |                               |      | 1967 | M  | 00:12:33 | 00:24:20 | 00:25:23 | 00:25:23 |
| 19    |         | 284     | Jonas Maier          | Maiers                        |      | 1998 | M  | 00:12:26 | 00:24:21 | 00:25:29 | 00:25:29 |
| 20    |         | 205     | Stefan Seufert       | SVALTENSCHÖNBACH              |      | 1968 | M  | 00:13:21 | 00:25:29 | 00:26:40 | 00:26:40 |
| 21    |         | 262     | Michael Wolz         | Funbogner Creglingen          |      | 1963 | M  | 00:12:44 | 00:25:40 | 00:26:46 | 00:26:46 |
| 22    |         | 246     | Sascha Bauer         | Bauer Runners                 |      | 1974 | M  | 00:13:49 | 00:26:23 | 00:27:40 | 00:27:40 |
| 23    |         | 241     | Bernd Wolfrum        |                               |      | 1978 | M  | 00:13:41 | 00:26:37 | 00:27:44 | 00:27:44 |
| 24    |         | 209     | Thomas Heußlein      | Heußlein                      |      | 1980 | M  | 00:14:17 | 00:27:08 | 00:28:02 | 00:28:02 |
| 25    |         | 212     | Alexander Stoll      | Saustoll                      |      | 1970 | M  | 00:14:35 | 00:27:11 | 00:28:23 | 00:28:23 |
| 26    |         | 288     | Sebastian Tulbendian | Projekt 6 9                   |      | 1982 | M  | 00:13:34 | 00:27:16 | 00:28:35 | 00:28:35 |
| 27    |         | 194     | ---Achim ---Meier    | Atemlos                       |      | 1964 | M  | 00:14:24 | 00:27:42 | 00:28:49 | 00:28:49 |
| 28    |         | 223     | Sigrid Appelman      | TV Ochsenfurt                 |      | 1972 | M  | 00:14:00 | 00:28:29 | 00:29:18 | 00:29:18 |
| 29    |         | 274     | Frank Wille          | Team Sonntagskuchen           |      | 1987 | M  | 00:14:54 | 00:28:25 | 00:29:39 | 00:29:39 |
| 30    |         | 285     | Jürgen Maier         | Maiers                        |      | 1970 | M  | 00:14:34 | 00:28:45 | 00:29:58 | 00:29:58 |
| 31    |         | 250     | Michael Bially       | TSV Ipsheim                   |      | 1973 | M  | 00:15:12 | 00:29:07 | 00:30:18 | 00:30:18 |
| 32    |         | 233     | Thomas Knuth         |                               |      | 1973 | M  | 00:15:28 | 00:30:42 | 00:31:54 | 00:31:54 |
| 33    |         | 253     | Arno Greiner         | Running Rabbits Veitshöchheim |      | 1955 | M  | 00:16:14 | 00:32:27 | 00:33:44 | 00:33:44 |
| 34    |         | 200     | Ralf Franz           | sportakanone.de               |      | 1978 | M  | 00:17:49 | 00:35:47 | 00:37:17 | 00:37:17 |
| 35    |         | 311     | Lothar Omert         | Laufteam Wiesentheid          |      | 1955 | M  | 00:18:45 | 00:36:51 | 00:38:27 | 00:38:27 |
| 36    |         | 221     | Fred Jung            | Projekt 6 9                   |      | 1938 | M  | 00:19:13 | 00:38:13 | 00:39:54 | 00:39:54 |
| 37    |         | 215     | Giso Alberding       |                               |      | 1954 | M  | 00:23:19 | 00:44:38 | 00:46:26 | 00:46:26 |