

Lebkuchenlauf 2021

10km Hauptlauf - 14.11.2021 - Kitzingen



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde1	Runde2	Runde3	Runde4	Zeit
1		155	Antonia Reich			1999	W	00:12:36	00:22:23	00:32:13	00:41:50	00:42:43
2	1	62	Silvia Duro	www.nf2run.de-Wir helfen Tumorkranken		1979	W40	00:13:04	00:23:18	00:33:29	00:43:57	00:44:52
3	1	141	Laura Stauder	Laufwerk WÜ		1987	W30	00:13:48	00:24:21	00:35:00	00:45:38	00:46:33
4		48	Johanna--- ---Kraus	SVAltenschönbach		1995	W	00:14:05	00:24:35	00:35:04	00:45:48	00:46:44
5	2	179	Ann-Christin Gold			1987	W30	00:13:48	00:24:38	00:35:23	00:45:51	00:46:46
6	3	137	Anja Schierling	Laufstil		1986	W30	00:13:40	00:24:20	00:35:04	00:45:54	00:46:57
7	2	10	Silke Faller	Lauftreff TG Höchberg		1976	W40	00:13:43	00:24:27	00:35:26	00:46:23	00:47:21
8	4	63	Magdolna Stemler	TSV Mellrichstadt		1984	W30	00:14:29	00:25:30	00:36:24	00:46:45	00:47:34
9	5	12	Susanne Marbach	Trailrunning Crew Thüringen		1984	W30	00:14:14	00:25:03	00:35:51	00:46:36	00:47:35
10	6	190	Britta Gerets	Stadtmaraathon Würzburg e.V.		1983	W30	00:13:59	00:24:37	00:35:39	00:46:48	00:47:45
11	1	133	Michaela Kirchner	TSV Burghaslach		1966	W50	00:14:18	00:25:07	00:36:02	00:46:50	00:47:48
12	3	15	Gertrud Weise	OPA rapid 70+		1978	W40	00:14:23	00:25:06	00:36:04	00:47:02	00:48:03
13		150	Sonja Feitsch	Lauftreff TG Höchberg		1994	W	00:15:15	00:26:19	00:37:16	00:47:40	00:48:33
14	4	130	Esther Apfelbacher	TG Kitzingen		1980	W40	00:14:36	00:25:33	00:36:41	00:47:52	00:48:52
15		151	Sophia Zapf	TSV Talheim		1992	W	00:14:38	00:25:36	00:36:43	00:47:56	00:48:56
16		129	Tatiana Amtmann			1997	W	00:15:20	00:26:31	00:37:28	00:48:10	00:49:05
17	5	83	Sigrid Appelman	TV Ochsenfurt		1972	W40	00:15:25	00:26:33	00:37:33	00:48:45	00:49:53
18	2	36	Silvia Schneider	Old Friends		1970	W50	00:14:46	00:25:49	00:37:18	00:49:08	00:50:14
19	6	1	Isabell Lef	TSV Güntersleben		1975	W40	00:14:44	00:26:13	00:37:56	00:49:50	00:50:53
20	3	39	Andrea Firsching			1970	W50	00:15:45	00:27:14	00:38:57	00:50:11	00:51:05
21	7	29	Carolin Trabold	-		1988	W30	00:15:44	00:27:32	00:39:24	00:51:03	00:52:03
22	4	84	Christine Karl	TV Ochsenfurt		1967	W50	00:15:25	00:27:16	00:39:11	00:51:15	00:52:20
23	7	44	KELLY KNAPP	KNapp		1978	W40	00:14:41	00:26:03	00:38:46	00:51:21	00:52:28
24		88	Marie-Luise Rosa			1992	W	00:15:02	00:27:07	00:39:17	00:51:27	00:52:33
25	8	102	Simone Scharrer	Rennzwerge		1983	W30	00:15:21	00:27:17	00:39:28	00:51:41	00:52:42
26	5	104	Ruth Gößwald	Rennzwerge		1968	W50	00:15:21	00:27:16	00:39:28	00:51:40	00:52:43
27	9	143	Melanie Hain	...		1986	W30	00:15:50	00:27:46	00:40:10	00:52:15	00:53:18
28	6	59	Cornelia Skibbe			1968	W50	00:16:07	00:28:24	00:40:58	00:53:46	00:54:55
29	10	188	Evelin Penzler	Zabelstein Runners e.V.		1982	W30	00:16:05	00:28:36	00:41:31	00:54:02	00:55:04
30	7	113	Marianne Hohlfeld	Lauftreff Höchberg		1966	W50	00:16:47	00:29:25	00:42:06	00:55:04	00:56:12
31	11	131	Marlen Weichsel	TG Kitzingen		1982	W30	00:16:22	00:29:26	00:42:52	00:55:54	00:56:58
32	8	19	Anja Fahrmeier	Seniorenfreizeit		1971	W50	00:17:54	00:30:55	00:43:57	00:56:22	00:57:28
33	9	24	Christiane Hegenberg			1963	W50	00:16:51	00:29:50	00:43:08	00:56:42	00:57:48
34	12	145	Nina Bergmann	BeVegt :)		1982	W30	00:19:04	00:32:47	00:45:38	00:57:37	00:58:38
35	13	91	Saskia Mahlstede	vhs Würzburg		1982	W30	00:17:42	00:31:27	00:44:47	00:58:15	00:59:23
36	10	47	Heike Beuschel			1967	W50	00:17:53	00:31:29	00:45:08	00:58:31	00:59:41
37	11	126	Anneke Schilling	Panorama-Baumwipfel-Lauf		1963	W50	00:17:38	00:31:18	00:45:20	00:59:15	01:00:32
38	8	116	Anja König			1973	W40	00:18:02	00:32:15	00:46:30	00:59:22	01:00:34

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde1	Runde2	Runde3	Runde4	Zeit
39	1	90	Ute Jurk	Stadtmарathon Würzburg e.V.		1961	W60	00:17:42	00:31:29	00:46:31	01:01:50	01:03:06
40	9	23	Melanie Mayer			1979	W40	00:18:17	00:33:05	00:48:01	01:02:58	01:04:07
41	10	173	Sitta Gießler			1972	W40	00:18:48	00:33:26	00:48:24	01:03:08	01:04:18
42	14	98	Tatjana Weise	OPArapid70plus+		1983	W30	00:19:12	00:34:02	00:48:36	01:03:24	01:04:40
43	12	149	Monika Henning	Krabbe		1969	W50	00:19:08	00:34:07	00:49:10	01:04:20	01:05:34
44	13	78	Simone Hofmann	TV-Ochsenfurt		1965	W50	00:18:57	00:34:17	00:50:05	01:06:24	01:07:46
45		17	Iska Marie Schwarz	Das Häufchen Elend		1996	W	00:21:18	00:37:23	00:52:56	01:08:21	01:09:47
46	14	181	Anke Ploempel	TSV Albertshofen		1962	W50	00:21:17	00:37:51	00:54:52	01:12:45	01:13:45
47	1	73	Dietlind Weise	OPA rapid 70+ / TGK		1948	W70	00:22:59	00:40:03	00:57:11	01:15:05	01:21:32
48	2	99	Roswita Kröger	OPA rapid 70+		1942	W70	00:25:22	00:45:03	01:05:22	01:26:44	01:27:44
1		87	Patrick Karl	TV Ochsenfurt		1996	M	00:10:28	00:18:18	00:25:30	00:32:39	00:33:18
2		128	Rene Amtmann	TSV Thüngersheim		1994	M	00:10:28	00:18:21	00:26:25	00:34:12	00:34:52
3	1	86	Christian Kunisch	TV Ochsenfurt		1985	M30	00:10:35	00:18:35	00:26:42	00:34:52	00:35:38
4	1	2	Carsten Schmidt	LG Hassberge		1967	M50	00:10:42	00:18:54	00:27:04	00:35:17	00:36:01
5		6	Maximilian Fleischmann	TSV Iphofen		1997	M	00:10:50	00:19:09	00:27:32	00:35:51	00:36:35
6	2	57	---Florian ---Staudt	SVAltenschönbach		1989	M30	00:10:49	00:19:10	00:27:37	00:36:05	00:36:50
7	3	163	Martin Höhn	ODB Hillz		1985	M30	00:10:44	00:19:14	00:27:49	00:36:19	00:37:04
8	1	96	Florian Bock	TG Kitzingen		1981	M40	00:11:02	00:19:27	00:27:55	00:36:22	00:37:07
9	2	55	-Bernd- ---Dornberger	SVAltenschönbach		1965	M50	00:11:01	00:19:30	00:28:11	00:36:56	00:37:46
10	4	56	---Dominik ---Walter	SVAltenschönbach		1989	M30	00:11:01	00:19:31	00:28:11	00:36:56	00:37:46
11	5	82	Dominik Ziegler	TV Ochsenfurt		1991	M30	00:10:56	00:19:42	00:28:45	00:37:52	00:38:41
12	2	135	Stefan Handwerk			1973	M40	00:11:19	00:20:03	00:29:08	00:38:09	00:38:55
13	6	38	Marco Preller	TG Kitzingen		1983	M30	00:11:13	00:20:11	00:29:15	00:38:10	00:39:03
14	3	189	Andi Mergler	SV Würzburg 05 Triathlon		1968	M50	00:11:34	00:20:26	00:29:24	00:38:21	00:39:11
15	3	169	Patrick Hantschel	Stadtmарathon Würzburg e.V.		1978	M40	00:11:23	00:20:23	00:29:33	00:38:43	00:39:33
16		53	---Felix ---Eisenhauer	SVAltenschönbach		1994	M	00:11:05	00:20:09	00:29:10	00:38:49	00:39:44
17	4	164	Karsten Roth	LG Lohr-Rechtenbach		1967	M50	00:11:44	00:20:49	00:29:53	00:38:59	00:39:50
18	7	152	Lars Thomale	TSV Talheim		1989	M30	00:11:25	00:20:30	00:29:51	00:39:06	00:39:54
19	8	154	Oliver Bremer	TG Kitzingen		1989	M30	00:11:13	00:20:29	00:29:51	00:39:20	00:40:10
20	9	162	Christian Seufert	Theilheimer Lauffreunde		1983	M30	00:12:50	00:22:08	00:31:27	00:40:51	00:41:39
21	4	124	Christian Scheid	TG Kitzingen		1974	M40	00:12:08	00:21:34	00:31:15	00:41:03	00:41:55
22	10	65	Matthias Kleffel	Laufwerk WÜ		1985	M30	00:12:15	00:21:44	00:31:25	00:41:09	00:42:01
23	5	7	Heiko Somorowsky	Lauffreunde Kitzingen		1979	M40	00:12:25	00:22:07	00:31:59	00:41:44	00:42:31
24	6	187	Tobias Reßmann	Zabelstein Runners e.V.		1976	M40	00:12:22	00:22:05	00:31:58	00:41:41	00:42:31
25	7	114	DOMINIK Segritz	SV Markt Einersheim		1977	M40	00:12:37	00:22:18	00:32:10	00:41:46	00:42:38
26	11	153	Stefan Preller	TV Großlangheim		1983	M30	00:12:13	00:21:56	00:31:52	00:41:49	00:42:40
27	1	80	Andreas Wolfer-Heimann	TSV Burghaslach		1959	M60	00:12:33	00:22:15	00:32:07	00:41:56	00:42:48
28	12	157	Benedikt Heinrich	Wernecker Laufgruppe		1984	M30	00:12:34	00:22:19	00:32:16	00:42:08	00:43:00

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29	13	121	Michael Wirth			1989	M30	00:13:16	00:23:25	00:32:55	00:42:25	00:43:21
30	8	9	Mario Pahl	Lauffaffen		1979	M40	00:12:49	00:22:52	00:32:59	00:42:49	00:43:39
31	9	3	Daniel Lux	1 FC Iphofen		1979	M40	00:12:51	00:22:53	00:32:53	00:42:47	00:43:40
32	5	14	Tim Raschke	OPA rapid 70+		1970	M50	00:13:20	00:23:30	00:33:40	00:43:44	00:44:38
33		58	Julian Rappert			1994	M	00:13:20	00:23:26	00:33:37	00:43:48	00:44:39
34	6	132	Stephan Finster	TSV Burghaslach		1965	M50	00:13:01	00:23:15	00:33:32	00:43:53	00:44:47
35	2	27	Helmut Manger			1957	M60	00:13:19	00:23:35	00:33:59	00:44:16	00:45:13
36	14	34	Markus Stanek			1987	M30	00:13:41	00:23:54	00:34:08	00:44:24	00:45:21
37	15	125	Matthias Hofmann	Gleichbergrunners		1984	M30	00:13:15	00:23:32	00:34:03	00:44:32	00:45:23
38	16	46	Christian Knauer			1986	M30	00:13:40	00:23:52	00:34:08	00:44:31	00:45:27
39	10	170	Stefan Schaar	Bayern Kitzingen		1977	M40	00:13:10	00:23:28	00:34:01	00:44:32	00:45:28
40	3	71	Lutz Schmalstieg	TG Kitzingen		1957	M60	00:13:41	00:23:56	00:34:10	00:44:35	00:45:29
41	11	180	Patrick Dietsch	Lauffaffen		1976	M40	00:13:45	00:24:07	00:34:30	00:44:38	00:45:33
42	7	176	Stefan Sembritzki	TSV 1860 Scheinfeld		1969	M50	00:13:40	00:23:53	00:34:15	00:44:52	00:45:49
43	17	136	Philipp Hench			1986	M30	00:13:42	00:24:02	00:34:27	00:44:56	00:45:57
44	18	177	Andreas Brust			1983	M30	00:13:37	00:24:05	00:34:31	00:45:04	00:45:59
45	8	105	Michael Gintner	Lauffreunde TG Höchberg		1966	M50	00:13:29	00:23:58	00:34:29	00:45:05	00:46:00
46	4	158	Pius Martin	TSV Windheim		1960	M60	00:13:44	00:24:13	00:34:45	00:45:07	00:46:00
47	19	33	Gero Müller	Lauffreunde Kitzingen		1984	M30	00:13:46	00:24:11	00:34:41	00:45:12	00:46:07
48	12	13	Tobias Plöger	Tusem Essen		1981	M40	00:13:41	00:23:55	00:34:33	00:45:15	00:46:12
49	20	8	Stefan Münch	Stadtmaraathon Würzburg e.V.		1982	M30	00:14:03	00:24:28	00:35:06	00:45:22	00:46:19
50	21	165	Bastian Lutz			1983	M30	00:14:00	00:24:28	00:34:59	00:45:26	00:46:21
51	13	52	---Andreas ---Benkert	SVAltenschönbach		1973	M40	00:13:58	00:24:30	00:35:03	00:45:37	00:46:28
52	14	100	Evan Trevor Williams	Williams		1980	M40	00:14:02	00:24:37	00:35:29	00:45:42	00:46:35
53	15	94	Jens Schneider	Wernecker Laufgruppe		1981	M40	00:13:44	00:24:22	00:35:06	00:45:43	00:46:38
54	16	122	Patrick Braun	Laufgruppe Sommerach		1974	M40	00:14:09	00:24:44	00:35:17	00:46:03	00:47:02
55	22	93	Max Graf			1987	M30	00:14:02	00:24:41	00:35:38	00:46:32	00:47:31
56	9	50	Sven--- ---Rauch	SVAltenschönbach		1970	M50	00:13:35	00:24:32	00:35:37	00:46:43	00:47:33
57	17	60	Thomas Bayer	TSV Münnenstadt		1974	M40	00:14:29	00:25:29	00:36:25	00:46:46	00:47:34
58	10	76	Volker Zimmermann			1968	M50	00:14:22	00:25:05	00:35:54	00:46:44	00:47:36
59	11	51	-Matthias Andruscheck	SVAltenschönbach		1966	M50	00:14:39	00:25:36	00:36:38	00:47:17	00:48:15
60	5	43	Alexander Bernreuther	JRC Geel Athletics		1961	M60	00:14:24	00:25:37	00:36:47	00:47:40	00:48:30
61	18	172	Markus Mergenthaler	TV Großlangheim		1975	M40	00:14:06	00:25:07	00:36:31	00:47:48	00:48:49
62	23	25	Simon Metz			1986	M30	00:15:14	00:26:18	00:37:14	00:48:13	00:49:11
63	24	26	Steffen Hartmann			1982	M30	00:15:14	00:26:18	00:37:15	00:48:14	00:49:11
64	19	67	Aram Abdal	www.nf2run.de - Wir helfen Tumorkranken		1972	M40	00:15:39	00:26:31	00:37:29	00:48:19	00:49:14
65	25	101	Claas-Hinrich Casper	Williams		1991	M30	00:14:33	00:25:47	00:37:27	00:48:58	00:49:47
66	20	32	Patrick Armbrust	DG5		1981	M40	00:14:27	00:25:35	00:37:11	00:48:49	00:49:51

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67	21	166	Sebastian Roger	TG-Kitzingen		1977	M40	00:14:22	00:25:58	00:37:37	00:49:00	00:49:55
68	6	42	Peter Roth	SSV Kitzingen		1957	M60	00:19:26	00:26:33	00:37:45	00:49:06	00:50:02
69	26	66	Matthias Bruder	www.nf2run.de - Wir helfen Tumorkranken		1987	M30	00:15:38	00:26:33	00:37:45	00:49:06	00:50:04
70	22	75	Andreas Göb			1974	M40	00:14:16	00:25:24	00:37:07	00:49:04	00:50:06
71	7	37	Norbert Gebhardt	Old Friends		1961	M60	00:14:48	00:26:11	00:38:00	00:49:23	00:50:25
72	12	35	HARALD REUTHER	Lauftreff Sugenheim		1966	M50	00:14:41	00:26:04	00:37:50	00:49:26	00:50:26
73	23	95	Friedemann Weise	OPA rapid 70+		1976	M40	00:14:22	00:25:57	00:37:49	00:49:42	00:50:40
74	27	191	Simon Hagen	ASV Möhrendorf		1986	M30	00:14:20	00:25:54	00:37:53	00:49:46	00:50:48
75	24	119	Falk Härtel	Lonely Runner		1977	M40	00:15:06	00:26:40	00:38:35	00:49:56	00:50:51
76	8	160	Horst Ruppe			1959	M60	00:15:30	00:26:55	00:38:23	00:50:00	00:51:01
77	28	140	Florian Hillenbrand	Club-Fans Theilheim		1982	M30	00:15:49	00:27:28	00:38:52	00:50:09	00:51:06
78	25	123	Björn Henninger	Laufgruppe Sommerach		1979	M40	00:15:10	00:26:42	00:38:38	00:50:29	00:51:35
79	29	21	Wolfram Weise	OPA rapid 70+		1983	M30	00:14:29	00:26:19	00:38:34	00:50:42	00:51:41
80	26	31	Marc Betz	Team Erdinger Alkoholfrei		1977	M40	00:15:49	00:27:33	00:39:21	00:50:44	00:51:41
81	27	192	Ulf Katzenberger	Cat Runners		1981	M40	00:15:52	00:27:37	00:39:19	00:50:52	00:51:53
82	13	134	Hans Leuchs	TSV Burghaslach		1963	M50	00:15:20	00:27:03	00:39:04	00:50:58	00:51:58
83	30	30	Andreas Trabold	-		1985	M30	00:15:44	00:27:32	00:39:25	00:51:02	00:52:03
84	14	120	Helge Bey			1970	M50	00:16:40	00:28:15	00:39:50	00:51:32	00:52:36
85	31	11	Thomas Walter	TSV Grombühl		1984	M30	00:16:26	00:28:25	00:40:29	00:52:11	00:53:12
86	28	144	Michael Hemmkeppler	...		1980	M40	00:15:48	00:27:27	00:40:08	00:52:16	00:53:19
87	15	20	Axel Girreser	SBL - Team		1965	M50	00:15:53	00:27:35	00:39:29	00:52:21	00:53:31
88		107	Nils Dienesch	Leichtathletik TGK		2000	M	00:13:53	00:27:54	00:40:45	00:52:41	00:53:40
89	29	103	Matthias Hauffer	Rennzwerge		1980	M40	00:15:24	00:27:33	00:40:13	00:52:57	00:53:56
90	16	159	Christian Kirch			1971	M50	00:18:23	00:28:23	00:38:12	00:48:31	00:54:02
91	32	178	Marcel Ntomchukwu	Laufwerk WÜ		1988	M30	00:15:59	00:28:33	00:40:52	00:53:16	00:54:19
92	17	184	Winfried Braun	Stadtmарathon Würzburg e.V.		1963	M50	00:17:04	00:29:22	00:41:47	00:53:33	00:54:37
93	18	182	Stefan Haase-Gabriel	Haasenteam		1968	M50	00:15:23	00:27:29	00:40:20	00:53:32	00:54:39
94		18	Lukas Dusold	Das Häufchen Elend		2000	M	00:15:58	00:28:26	00:41:27	00:54:00	00:54:52
95	19	174	Titus v. Kraft	Esselbach		1970	M50	00:16:14	00:28:44	00:41:37	00:53:56	00:54:57
96	1	16	Dr. Wolf-Rüdiger Weise	OPA rapid 70+ / TGK		1943	M70	00:17:14	00:29:38	00:41:58	00:54:02	00:55:07
97	20	117	Stefan Hoffmann			1965	M50	00:17:04	00:29:12	00:41:40	00:54:28	00:55:36
98	30	111	Mario Döpfnr	Best Friends		1973	M40	00:16:10	00:28:43	00:41:36	00:54:38	00:55:52
99	31	41	Daniel Markert			1973	M40	00:16:28	00:28:50	00:41:51	00:55:23	00:56:32
100	33	139	Volker Schmitt	Club-Fans Theilheim		1982	M30	00:17:15	00:29:47	00:42:54	00:56:03	00:57:11
101	34	74	Marcel Mayr			1987	M30	00:17:48	00:31:00	00:44:02	00:56:26	00:57:22
102	21	138	Peter Scholz			1964	M50	00:17:46	00:30:43	00:43:50	00:56:36	00:57:43
103	9	147	Thomas Gieseke	Stadtmарathon Würzburg e.V.		1961	M60	00:17:45	00:30:46	00:43:51	00:56:48	00:57:58
104	32	146	Marcel Jantz			1978	M40	00:19:04	00:32:47	00:45:38	00:57:36	00:58:38

Lebkuchenlauf 2021

10km Hauptlauf - 14.11.2021 - Kitzingen



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde1	Runde2	Runde3	Runde4	Zeit
105	10	64	Klaus-Dieter Schütz	TSV Prosselsheim		1953	M60	00:17:30	00:30:51	00:44:16	00:57:44	00:58:57
106	33	89	Jürgen Philipp	SV DJK Sommerach		1973	M40	00:17:54	00:31:20	00:44:34	00:57:48	00:59:03
107	2	167	Werner Beuschel	TG-Kitzingen		1947	M70	00:17:53	00:31:30	00:45:10	00:58:31	00:59:42
108	34	185	Dieter Lakota	Lotto Post & Tabak Lakota		1975	M40	00:16:36	00:30:15	00:44:46	00:59:14	01:00:30
109	35	112	Giovanni Bellanti	Best Friends		1972	M40	00:14:42	00:25:51	00:37:15	00:48:44	01:00:52
110	36	97	Tilmann Weise	OPArapid70plus+		1981	M40	00:17:51	00:31:26	00:45:33	00:59:51	01:01:04
111	11	77	Werner Lörke	TV-Ochsenfurt		1953	M60	00:17:51	00:31:24	00:45:31	01:00:13	01:01:33
112	22	127	Claus-Dieter Schilling	Panorama-Baumwipfel-Lauf		1962	M50	00:17:37	00:31:17	00:45:23	01:00:34	01:02:03
113	23	213	Peter Krapp	ARTHROFIT Training Joßberger		1968	M50	00:18:54	00:33:30	00:48:27	01:03:10	01:04:19
114	24	148	Harald Henning	Krabbe		1963	M50	00:19:08	00:34:12	00:50:03	01:07:06	01:08:39