

# Kramp Run 2020

5km - Heldsche Apotheken Lauf - 08.03.2020 - Bamberg



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	Zeit
1		858	Theresa Andersch	LG Bamberg / LG Bamberg		2006	W	00:09:54	00:20:37
2		857	Anna Betz	LG Bamberg / LG Bamberg		2005	W	00:09:55	00:20:39
3		915	Julia Thomann	Zörrlesnixen		1986	W	00:10:15	00:21:42
4		718	Charlotte Bogner	LG Fränkische Schweiz		1987	W	00:11:26	00:24:21
5		803	Silke Konheiser	LG Forchheim		1976	W	00:11:53	00:24:22
6		801	Helene Krome	TCH		2007	W	00:11:51	00:24:23
7		922	Aileen Nickel	Mali Crew		1996	W	00:11:53	00:24:33
8		805	Sandra Gareis	--- / ---		1982	W	00:12:06	00:24:50
9		727	Alia Sophie Torres	Die Muskebiere		1989	W	00:12:36	00:25:19
10		896	Lena Großkopf	TV Zeil		2007	W	00:12:01	00:25:22
11		887	Judith Kilemas	Team Tricamp		1969	W	00:12:22	00:25:33
12		907	Gudrun Breuer-Federwisch	Team Tricamp / Team Tricamp		1969	W	00:12:47	00:25:49
13		880	Bianca Wystrach			1984	W	00:12:27	00:25:51
14		812	Tamara Dürst			1989	W	00:12:56	00:25:52
15		741	Carolin Mahr			1985	W	00:12:38	00:25:56
16		706	Birgit Koppe			1982	W	00:12:27	00:25:58
17		814	Cindy Friedrich			1979	W	00:12:38	00:26:12
18		774	Antonia Hirt	SV Walsdorf 1950 e. V. / Leichtathletik SVW		2002	W	00:12:53	00:27:02
19		875	Mirjam Stumpf			1993	W	00:14:07	00:27:13
20		895	Brigitte Schmidt	TG Kitzingen		1967	W	00:13:14	00:27:14
21		760	Ramona Thomas			1978	W	00:12:56	00:27:16
22		753	Gislinde Hahner-Weiß	HSV Bamberg		1967	W	00:12:37	00:27:39
23		729	Lucia Katharina Christl	Die Muskebiere		1988	W	00:13:45	00:28:23
24		902	Isabell Schmidt			2000	W	00:13:57	00:28:26
25		892	Jolin Albert	Zabelstein Runners / Zabelstein Runners		2006	W	00:13:21	00:28:30
26		779	Julia Lang			1989	W	00:13:38	00:28:33
27		715	Petra Gräf	Kirchlauter läuft		1985	W	00:13:57	00:28:34
28		847	Anja Röpenack			1996	W	00:14:09	00:28:35
29		850	Anna Thiem			1998	W	00:14:08	00:28:40
30		713	Edith Umberath	Die Durchstarter		1972	W	00:13:53	00:28:53
31		901	Sandra Kühnlein			1978	W	00:14:05	00:28:57
32		750	Susan Füssel	ohne / ohne		1978	W	00:14:24	00:29:13
33		726	Kerstin Hübner	MTV Bamberg		1972	W	00:13:59	00:29:15
34		743	Anna Berwind	Mutato Training		1986	W	00:14:11	00:29:20
35		826	Melissa Hümmer	Mutato Training / Mutatio Training		1987	W	00:14:11	00:29:20
36		751	Julia Grauberg			1993	W	00:13:56	00:29:31
37		912	Michaela Bast	Physiotherapie Claudia Sinz		1982	W	00:14:29	00:30:00
38		784	Angelika Schmitt	KRAMP bewegt		1988	W	00:14:53	00:30:07

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39		899	Sandra Reißmann	Zabelstein Runners		1977	W	00:14:28	00:30:18
40		891	Nancy Friedrich	WSV 08 Lauscha		1982	W	00:15:36	00:30:25
41		705	Regina Geier			1977	W	00:14:40	00:30:29
42		816	Britta Travain Schüll	Mutatio Training		1963	W	00:14:48	00:30:33
43		765	Sabrina Herrmann			1977	W	00:14:24	00:30:35
44		703	Julia Popp	Schnullerkettchen.de		1983	W	00:14:52	00:30:44
45		773	Lena Hagemeister			1994	W	00:15:43	00:30:48
46		747	Silke Wächter	Zabelstein Runners		1980	W	00:15:34	00:30:49
47		853	Katja Seidel	Heldsche Apotheken LaufHelden		1971	W	00:15:30	00:30:54
48		851	Mechthilde Seidel	Heldsche Apotheken LaufHelden		1969	W	00:15:30	00:30:55
49		832	Silvia Müller			1979	W	00:15:00	00:30:56
50		745	Miriam Röcklein	Gaustadt Mums go		1975	W	00:15:29	00:31:09
51		797	Vanessa Sänger	Irgensonegruppe		1999	W	00:15:26	00:31:10
52		867	Paula Rölling	Blaskapelle St. Josef Gaustadt		2001	W	00:14:46	00:31:20
53		789	Peggy Demme	KRAMP bewegt		1968	W	00:15:24	00:31:25
54		909	Ramona Stöcklein	DJK Teutonia Gaustadt		1975	W	00:15:06	00:31:32
55		792	Irmgard Laaser	DJK SC Vorra		1951	W	00:15:41	00:32:10
56		746	julia bauer			2000	W	00:15:41	00:32:11
57		768	Sandra Mühlhäußer			1997	W	00:15:56	00:32:17
58		870	Felicitas Wolfschmitt			2000	W	00:15:00	00:32:18
59		865	Carola Rauter			1984	W	00:14:52	00:32:33
60		712	Tatjana Hoppmann	Die durchstarter		1996	W	00:15:28	00:32:34
61		845	Denise Arendt			1981	W	00:16:03	00:33:10
62		840	Daniela Blaszyk			1978	W	00:15:53	00:33:13
63		737	Romy Schulze	DJK Teutonia Gaustadt		1971	W	00:15:33	00:33:17
64		793	SUSANNE Schobert	Greiff Bamberg		1967	W	00:15:55	00:33:26
65		838	Alexandra Oelschlegel			1981	W	00:16:01	00:33:42
66		771	Elke Klesse	Freaky Friday Runners Bamberg		1963	W	00:16:11	00:33:45
67		919	Lena Zürl			1990	W	00:17:07	00:33:52
68		756	Lisa Baumann	Team Wieland Electric		1998	W	00:16:43	00:34:09
69		795	Julia Dotterweich	DJK SC Vorra		1989	W	00:17:13	00:35:36
70		748	Verena Fischer			1996	W	00:17:27	00:36:25
71		754	Julia Feser			1993	W	00:17:27	00:36:25
72		833	Laura Heim			1994	W	00:17:27	00:36:25
73		757	Svenja Nikol	SV Würgau		1986	W	00:17:08	00:36:41
74		711	Svenja Heuer			1975	W	00:18:30	00:36:46
75		783	Leyla Wockenfuß			2007	W	00:18:00	00:37:00
76		786	Lisa Michl	KRAMP bewegt		1991	W	00:17:57	00:37:37

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	Zeit
77		871	Beatrice Bauer	Team Tricamp		1979	W	00:17:49	00:38:39
78		855	Kerstin Kircher	TV Coburg-Ketschendorf		1960	W	00:19:13	00:39:15
79		739	Andrea Polzer	Gaustadt Mums / Gaustadt Mums go		1979	W	00:18:35	00:39:23
80		825	Ashley Tetevi			2007	W	00:18:07	00:40:54
81		723	Anna Scharl			1990	W	00:20:12	00:41:42
82		827	Jasmin Bohun	FCC Team Seukendorf		1989	W	00:22:51	00:48:24
1		856	Simon Ochmann	LG Bamberg / LG Bamberg		2002	M	00:08:00	00:16:42
2		834	Richard Kröner	LAC Quelle Fürth		1996	M	00:08:05	00:17:12
3		917	Niklas Konietzko	Minikin		1992	M	00:08:31	00:17:43
4		914	Markus Thomann	Team MAGA		1978	M	00:08:58	00:18:56
5		881	Lars Kaiser	SG Gaustadt / Physiotherapie Heidecker		2003	M	00:09:37	00:19:18
6		859	Johannes Wehnert	LG Bamberg / LG Bamberg		2005	M	00:09:51	00:19:27
7		893	Niklas Stenger			1998	M	00:09:28	00:19:41
8		916	Spyros Georgoulis			1990	M	00:10:04	00:20:01
9		874	Patrick Götz	Tricamp		1997	M	00:09:43	00:20:23
10		886	Andreas Götz	Team Tricamp / Team Tricamp		1995	M	00:09:44	00:20:26
11		764	Fabian Homuth	SSV Oberlangensstadt		1982	M	00:09:40	00:20:33
12		860	Paul Ernst	LG Bamberg / LG Bamberg		2005	M	00:09:54	00:20:38
13		920	Michael Ultsch	Böhnlein Sports Bamberg		1980	M	00:09:50	00:20:45
14		744	Marco Steppan	#fourlaeufer		1980	M	00:10:09	00:20:49
15		759	Florian Stollberger	DJK Teutonia Gaustadt		2001	M	00:10:03	00:20:57
16		824	Christian Greimel			1978	M	00:10:02	00:21:05
17		876	Sandro Pop	HUK-COBURG Run and Bike-Team		1980	M	00:10:10	00:21:09
18		908	Jürgen Giehl	SV Oberküst 'Running'		1983	M	00:10:01	00:21:18
19		738	Colin Dietz	TV Stammbach		1979	M	00:10:26	00:21:31
20		770	Jörg Behrendt	TSV 1860 Ansbach		1962	M	00:10:34	00:21:39
21		854	Sebastian Skorepa	Mutatio Training / Mutatio Training		1986	M	00:10:45	00:21:47
22		804	Wolfgang Christel			1958	M	00:10:44	00:21:56
23		752	Dimitrij Poprygin			1991	M	00:10:26	00:21:58
24		911	Helmut Schwegler	SV Walsdorf 1950 e. V.		1968	M	00:11:18	00:22:47
25		721	Daniel Neumeier	Strullendorf läuft		1985	M	00:11:01	00:22:49
26		846	Adam Huttenlocher	SV Pettstadt		2007	M	00:11:30	00:22:58
27		849	Jürgen Dela Cruz Hermann			1994	M	00:11:31	00:23:01
28		722	Roland Heidenreich	DJK Sambach / a Glubberer		1981	M	00:10:58	00:23:13
29		883	Christoph Neubauer			1971	M	00:11:51	00:23:18
30		894	Martin Kummer	Sportclub Inselgebiet		1984	M	00:11:44	00:23:45
31		885	Florian Jäger	Team Tricamp / Team Tricamp		1994	M	00:11:31	00:23:51
32		882	Paul Neubauer			2005	M	00:12:08	00:23:57

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33		872	Kai Dreßler	FC Schweinfurt 05		1964	M	00:11:35	00:24:26
34		763	Max Schwegler	SV Walsdorf 1950 e. V. / Leichtathletik SVW		2002	M	00:12:28	00:24:29
35		848	Kevin Plewinski			1993	M	00:11:38	00:24:31
36		831	Leon Müller			2004	M	00:12:04	00:24:32
37		794	Wilhelm Böhm			2008	M	00:12:33	00:24:33
38		742	Henry Hußlein	Greiff Bamberg		1992	M	00:12:02	00:24:34
39		863	Benedict Gonnert	Zabelstein Runners		2005	M	00:12:07	00:24:43
40		775	Tim Spielmann	SV Walsdorf 1950 e. V. / Leichtathletik SVW		2006	M	00:12:27	00:24:50
41		903	Yannick Schäfer	TV Zeil		2005	M	00:12:01	00:25:02
42		730	Florian Weidhaas	Die Muskebiere		1990	M	00:12:36	00:25:11
43		918	Christoph Eß	Bamberge Symphoniker		1984	M	00:12:02	00:25:11
44		728	Sven Moritz Fischer	Die Muskebiere		1988	M	00:12:37	00:25:19
45		732	Robert Hofmann	DJK Gaustadt AH		1966	M	00:12:25	00:25:30
46		864	Uwe Weißfloch	DJK Gaustadt AH / meimobeiger		1966	M	00:12:25	00:25:30
47		868	Pascal Kübrich			1991	M	00:12:32	00:25:31
48		888	Yogi Kliemas	Team Tricamp		1963	M	00:12:21	00:25:33
49		869	Joel Gerdes			1990	M	00:12:32	00:25:55
50		810	Pascal Bauch			2001	M	00:14:25	00:26:05
51		819	Julian Drnek			2004	M	00:13:05	00:26:05
52		758	Michael Zech	Team Wieland Electric		1979	M	00:12:42	00:26:11
53		921	Sezer Saygili	Gealan Iff Triathlon Hof		1996	M	00:12:35	00:26:14
54		702	Enrico Luft	Triathlon Jena		1975	M	00:12:31	00:26:22
55		817	Jan Wolf	Mutatio Training		1981	M	00:12:24	00:26:29
56		904	Lorenz Habermeier	DJK Teutonia Gaustadt		2007	M	00:13:17	00:26:34
57		785	Bernhard Strätz	KRAMP bewegt		2020	M	00:13:16	00:27:04
58		905	Lennart Kühnlein	DJK Teutonia Gaustadt		2007	M	00:13:17	00:27:26
59		873	Max Reimer			1981	M	00:14:23	00:27:28
60		897	Maik Schönherr			1987	M	00:14:02	00:27:28
61		717	Marvin Götz	Team Erdinger Alkoholfrei		1991	M	00:13:13	00:27:33
62		735	Jürgen Wolf			1966	M	00:13:02	00:27:45
63		778	Bejamin Klix	TTL Basketball Bamberg / U14-4		2008	M	00:14:05	00:28:16
64		725	Uli Röschlaub			1975	M	00:13:15	00:28:29
65		798	Christian Senger			1981	M	00:13:31	00:28:31
66		802	Holger Meyer	TSV 1860 Staffelstein		1966	M	00:13:31	00:28:32
67		820	Juliano Stumpf			2004	M	00:14:09	00:28:36
68		808	Marcel Renner			1990	M	00:14:56	00:29:03
69		818	Markus Giedel			2003	M	00:14:25	00:29:04
70		811	Brian Schneider			2001	M	00:14:57	00:29:15

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71		766	Martin Hofmann			1964	M	00:14:28	00:29:16
72		777	Nico Deuse			2005	M	00:14:40	00:29:19
73		767	Heinz Herold	Movefit Bamberg / Move fit Bamberg		1971	M	00:14:20	00:29:34
74		781	Ralf Rudolph	Team BePo		1962	M	00:14:10	00:29:34
75		809	Maximilian Gesslein			1991	M	00:15:20	00:29:36
76		890	Axel Friedrich	WSV 08 Lauscha		1951	M	00:15:37	00:30:27
77		852	Andreas Seidel	Heldsche Apotheken LaufHelden		1965	M	00:15:30	00:30:54
78		782	Christian Seuß	Team BePo		1988	M	00:15:37	00:31:11
79		866	Daniel Bogensperger	Blaskapelle St. Josef Gaustadt		1997	M	00:14:47	00:31:20
80		910	Marco Stöcklein	SG Sparkasse Bamberg		1974	M	00:15:06	00:31:31
81		701	Matthias Feike			1986	M	00:15:30	00:32:04
82		707	Robert Aschenbrenner	Edeka Runners		1988	M	00:14:54	00:32:14
83		790	Felix Kiefer			1993	M	00:15:56	00:32:18
84		800	Alois Hermann Nusko	AST Süßen		1960	M	00:15:59	00:32:49
85		772	Niclas Neubauer			2002	M	00:15:04	00:32:51
86		841	Sebastian Blaszyk			2003	M	00:15:54	00:32:53
87		736	Klaus Horst	DJK Teutonia Gaustadt		1967	M	00:15:33	00:33:18
88		862	Wolfgang Rebhan	DJK Teutonia Gaustadt		1953	M	00:15:29	00:33:38
89		839	Matthias Weickmann	FCC Team Seukendorf		1981	M	00:14:59	00:33:40
90		755	Fabian Ludwig	DJK Teutonia Gaustadt / Team Wieland Electric		1993	M	00:16:43	00:34:09
91		749	Reiner Stoppa			1971	M	00:16:34	00:34:34
92		796	Jörg Dotterweich	DJK SC Vorra		1989	M	00:17:13	00:35:38
93		776	Simon Umminger	ETSV Lauda		1991	M	00:17:57	00:37:37
94		708	Andreas Bendner			1980	M	00:17:38	00:37:38
95		828	Jörg Bohun	FCC Team Seukendorf		1981	M	00:18:20	00:38:47
96		822	Jan Passehl			2004	M	00:17:12	00:39:10
97		844	Mario Pederzoli	Löschgruppe 5 Gaustadt		1966	M	00:18:31	00:39:24
98		724	Christoph Scharl	Vereinlos / SlowMo		1958	M	00:20:11	00:41:46