

31. Seßlacher Stadtlauf 2019

Langstrecken-Lauf - 16.08.2019 - Seßlach



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde1	Runde2	Runde3	Runde4	Zeit
1	1	73	Margrit Eifers	SC Kemmern		1993	WU30	00:08:19	00:16:43	00:25:08	00:33:41	00:42:17
2	2	26	Annalena Raithel	Spvg Eicha		1998	WU30	00:07:59	00:16:37	00:25:24	00:34:19	00:43:04
3	3	25	Isabel Raithel	Spvg Eicha		1998	WU30	00:08:04	00:16:48	00:25:59	00:35:15	00:44:12
4	1	47	Sabrina Wiercinski	TSV Sonnefeld		1981	W35	00:08:32	00:17:43	00:27:10	00:36:38	00:45:58
5	1	36	Sabine Nitzsche	Run and Bike-Team Coburg		1979	W40	00:10:05	00:20:34	00:31:07	00:41:56	00:52:33
6	1	19	Annika Böhmer	Team Erdinger Alkoholfrei		1986	W30	00:09:36	00:20:00	00:30:46	00:41:54	00:53:24
7	2	53	Zsuzsanna Major			1984	W35	00:10:03	00:20:40	00:31:42	00:42:38	00:53:25
8	2	65	Daniela Hempfling	SC Kemmern		1987	W30	00:10:20	00:21:06	00:32:03	00:43:21	00:54:25
9	1	30	Claudia Sollmann	TV 1848 Vesteläufer		1971	W45	00:10:40	00:21:33	00:32:29	00:43:41	00:54:40
10	1	66	Christine Geuß	SC Kemmern		1966	W50	00:10:32	00:21:31	00:32:38	00:43:59	00:54:58
11	4	55	Christine Hauck			1995	WU30	00:12:18	00:23:36	00:34:49	00:45:38	00:55:57
12	3	59	Nina Beck	SC Kemmern		1982	W35	00:11:00	00:22:11	00:33:47	00:45:21	00:56:26
13	1	34	Christel Lendner	Run and Bike-Team Coburg		1952	W65	00:10:49	00:22:07	00:33:43	00:45:31	00:57:14
14	3	72	Anna Amend	Run and Bike-Team Coburg		1987	W30	00:11:17	00:22:40	00:34:17	00:46:03	00:57:23
15	5	174	Claudia Vetter			1990	WU30	00:10:14	00:22:51	00:35:07	00:47:11	00:58:37
16	2	75	Martina Leonhardy	Run & Bike Team HUK-Coburg		1965	W50	00:11:10	00:23:01	00:35:03	00:47:12	00:58:57
17	2	39	Ulrike Kuttner	Run and Bike-Team Coburg		1970	W45	00:11:18	00:23:09	00:35:33	00:48:30	01:01:14
18	4	7	Julia Götz	Vital-Birke		1987	W30	00:11:20	00:23:34	00:36:00	00:48:42	01:01:22
19	1	38	Heike Boller	Run and Bike-Team Coburg		1964	W55	00:11:24	00:23:27	00:36:05	00:58:50	01:01:51
20	2	42	Anja Eckstein	Run and Bike-Team Coburg		1975	W40	00:11:26	00:23:35	00:36:07	00:48:59	01:02:00
21	5	27	Katharina Wolff	Groitzscher Wölffe		1988	W30	00:12:09	00:24:56	00:38:09	00:51:26	01:04:13
22	3	32	Jutta Engels	Run and Bike-Team Coburg		1977	W40	00:12:30	00:25:22	00:38:21	00:51:24	01:04:25
23	3	33	Irmgard Grau	Run and Bike-Team Coburg		1971	W45	00:12:30	00:25:23	00:38:22	00:51:25	01:04:25
24	4	69	Bianca Müller	TSV 1860 Staffelstein		1972	W45	00:11:46	00:24:55	00:38:37	00:52:06	01:05:33
25	4	44	Nadja Sachs	Run and Bike-Team Coburg		1984	W35	00:11:44	00:24:13	00:38:14	00:52:20	01:06:23
26	6	10147	Franziska Schmul			1990	WU30	00:12:27	00:26:14	00:40:19	00:54:35	01:08:50
27	5	6	Andrea Wilder			1981	W35	00:12:26	00:26:19	00:40:35	00:54:54	01:09:05
28	2	40	Kathrin Blechschmidt	Run and Bike-Team Coburg		1964	W55	00:13:36	00:28:58	00:45:09	01:01:33	01:09:48
1	1	10154	Filimon Habtemikael	LG Karlstadt		1998	MU30	00:06:35	00:13:16	00:20:10	00:27:08	00:34:06
2	1	61	Alexander Finsel	TV 1848 Coburg		1976	M40	00:07:00	00:14:22	00:21:55	00:29:32	00:37:11
3	2	10122	Brhne Tekla			1993	MU30	00:07:01	00:14:31	00:22:14	00:29:54	00:37:14
4	1	76	André Wittmann	Vital-Birke		1985	M30	00:07:05	00:14:35	00:22:13	00:29:53	00:37:21
5	2	62	Tom Heumann	SV Bergdorf-Höhn / Team LAND ROVER		1987	M30	00:07:12	00:14:49	00:22:39	00:30:37	00:38:14
6	2	10120	Christoph Merz	PTSV Rosenheim		1976	M40	00:07:24	00:15:03	00:22:47	00:30:37	00:38:19
7	1	63	Frank Elsner	SV Bergdorf-Höhn / Team LAND ROVER		1968	M50	00:07:17	00:14:57	00:22:46	00:30:48	00:38:48
8	1	10119	Thomas Busse	SC Kemmern		1974	M45	00:07:43	00:15:42	00:23:58	00:32:18	00:40:32
9	3	74	Christopher Lippold	SC Kemmern		1988	M30	00:07:43	00:15:43	00:23:59	00:32:18	00:40:34
10	3	17	Marcus Beland	TV 1848 Coburg		1975	M40	00:07:42	00:15:53	00:24:19	00:32:48	00:41:13

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11	4	35	Oliver Bühling	Run and Bike-Team Coburg		1979	M40	00:07:46	00:16:10	00:24:48	00:33:28	00:41:46
12	1	200	Fabian Reinwand			2000	MJU20	00:07:52	00:16:16	00:24:48	00:33:30	00:41:57
13	1	37	Volker Nitzsche	Run and Bike-Team Coburg		1983	M35	00:08:18	00:16:39	00:25:05	00:33:34	00:42:05
14	2	20	Fabian Kestel	DJK/FC Seßlach		2000	MJU20	00:08:33	00:16:48	00:25:21	00:34:17	00:42:57
15	4	51	Andreas Nägelein	Team Erdinger Alkoholfrei		1987	M30	00:07:31	00:16:05	00:25:01	00:34:02	00:43:01
16	3	10134	Konstantin Hoff	Motatio Training		1995	MU30	00:07:58	00:16:32	00:25:24	00:34:35	00:43:40
17	5	10145	Irineu de Jesus Menezes	Team Brose		1989	M30	00:07:40	00:16:35	00:26:19	00:35:34	00:44:44
18	1	77	Thomas Geiger	ASC Kronach-Frankenwald		1962	M55	00:08:18	00:17:10	00:26:21	00:35:41	00:44:56
19	5	56	Ferry Schulz	Vital-Birke		1976	M40	00:08:25	00:17:22	00:26:47	00:36:18	00:45:27
20	2	4	Christian Ehrlich			1982	M35	00:08:22	00:17:19	00:26:42	00:36:18	00:45:30
21	6	43	Matthias Schmitt	Run and Bike-Team Coburg		1986	M30	00:08:37	00:17:30	00:26:52	00:36:15	00:45:43
22	2	67	Klaus Geuß	SC Kemmern		1965	M50	00:08:37	00:17:43	00:27:09	00:36:38	00:46:01
23	4	13	Julian Rödel	Knörmnschild Ingenieurgruppe		1997	MU30	00:08:46	00:18:11	00:27:50	00:37:35	00:46:57
24	2	18	Werner Freitag	TSV 1860 Staffelstein		1962	M55	00:09:02	00:18:26	00:28:03	00:37:40	00:47:16
25	6	10135	Andreas Hümmer			1978	M40	00:09:17	00:19:06	00:28:49	00:38:24	00:47:34
26	3	21	Florian Maier	DJK/FC Seßlach		1981	M35	00:08:58	00:18:31	00:28:12	00:38:11	00:48:03
27	5	10	Florian Fischer	Knörmnschild Ingenieurgruppe		1997	MU30	00:09:08	00:18:41	00:28:32	00:38:40	00:48:41
28	6	10142	Silvester Salb			1992	MU30	00:09:18	00:19:27	00:29:21	00:39:14	00:48:46
29	1	71	Günter Stumpf	TSV Scheßlitz		1957	M60	00:08:56	00:18:32	00:28:43	00:38:44	00:48:50
30	4	50	Marc Reinmüller	TSV Schemneck		1981	M35	00:09:36	00:19:30	00:29:34	00:39:23	00:48:57
31	7	183	Sebastian Stößel	ASV Reckendorf		1995	MU30	00:10:23	00:21:14	00:30:48	00:40:19	00:49:15
32	8	11	Christopher Wiener	Knörmnschild Ingenieurgruppe		1990	MU30	00:09:17	00:19:10	00:29:08	00:39:25	00:49:41
33	2	2	Reiner Popp			1959	M60	00:09:13	00:19:15	00:29:26	00:39:50	00:49:59
34	3	16	Michael Sauer	TV 1848 Coburg		1965	M50	00:09:31	00:19:32	00:29:46	00:40:06	00:50:38
35	3	68	Michael Müller	HSV Birnfeld		1963	M55	00:09:57	00:19:58	00:30:02	00:40:09	00:50:39
36	9	22	Felix Gagel	DJK/FC Seßlach		1991	MU30	00:08:33	00:18:12	00:28:45	00:39:43	00:51:14
37	7	54	Daniel Hoffmann	Team Brose		1987	M30	00:09:10	00:19:19	00:29:48	00:40:41	00:51:16
38	2	185	Michael Prantl	TSV Sonnefeld		1973	M45	00:09:36	00:19:35	00:29:52	00:40:54	00:51:39
39	7	176	Markus Schindler			1976	M40	00:09:39	00:19:40	00:30:11	00:41:08	00:51:45
40	10	15	Felix Schubert	Knörmnschild Ingenieurgruppe		1995	MU30	00:10:05	00:20:34	00:30:16	00:40:25	00:51:47
41	3	9	Matthias Wendler	Möbel Wendler Run Team		1970	M45	00:09:49	00:20:02	00:30:47	00:41:33	00:52:23
42	8	10140	Stefan Borrmann			1975	M40	00:10:09	00:20:24	00:31:00	00:41:52	00:52:33
43	4	198	Michael Geyer			1968	M50	00:09:57	00:20:26	00:31:03	00:41:52	00:52:37
44	8	23	Florian Braunreuther	DJK/FC Seßlach		1988	M30	00:09:26	00:20:14	00:31:15	00:42:22	00:53:09
45	5	180	Ralf Würstlein	SV Heilgersdorf		1967	M50	00:10:17	00:21:08	00:31:51	00:42:46	00:53:42
46	9	48	Peter Witoschek			1985	M30	00:09:38	00:19:55	00:30:47	00:42:13	00:53:49
47	6	3	Oliver Pschirrer			1968	M50	00:09:56	00:20:32	00:31:34	00:42:55	00:54:20
48	4	80	Maik Stark	TSV Sonnefeld		1974	M45	00:10:14	00:21:07	00:32:13	00:43:47	00:54:38

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49	7	182	Thomas Stößel	ASV Reckendorf		1969	M50	00:10:24	00:21:14	00:32:14	00:43:39	00:54:50
50	8	52	Michael Aue	Run and Bike-Team Coburg		1965	M50	00:10:30	00:21:04	00:31:58	00:43:24	00:54:57
51	5	64	Jens Sauerteig	SV Bergdorf-Höhn / Team LAND ROVER		1971	M45	00:09:17	00:19:28	00:30:41	00:42:31	00:54:57
52	3	8	Klaus Birke	Vital-Birke		1956	M60	00:10:13	00:21:08	00:32:12	00:43:46	00:55:26
53	9	57	Matthias Bätz	SV Schottenstein		1976	M40	00:09:48	00:20:24	00:31:41	00:43:25	00:55:36
54	10	5	Florian Schmidt	ASC Eyrichshof		1987	M30	00:09:41	00:21:07	00:32:51	00:44:38	00:55:54
55	9	10141	Heribert Schorr			1969	M50	00:10:23	00:21:29	00:32:47	00:44:22	00:55:56
56	11	29	Marcus Wolff	Groitzscher Wölffe		1985	M30	00:10:25	00:21:32	00:33:41	00:45:47	00:57:34
57	5	28	Martin Wolff	Groitzscher Wölffe		1983	M35	00:10:42	00:21:51	00:33:40	00:45:46	00:57:38
58	6	10137	Florian Schmitt			1983	M35	00:11:04	00:22:30	00:34:13	00:46:19	00:58:03
59	11	46	Niclas Sihler	Run and Bike-Team Coburg		1992	MU30	00:11:03	00:22:28	00:34:23	00:46:36	00:58:19
60	4	31	Stephan Rose	TV 1848 Vesteläufer		1964	M55	00:11:05	00:22:45	00:34:27	00:46:23	00:58:27
61	12	79	Ronny Peetz	Team Vital Birke		1993	MU30	00:09:59	00:21:30	00:33:37	00:46:01	00:58:45
62	4	10131	Thomas Juraschek	SC Kemmern		1959	M60	00:11:00	00:22:28	00:34:37	00:47:11	00:59:18
63	5	45	Eberhard Sihler	Run and Bike-Team Coburg		1957	M60	00:11:28	00:23:23	00:35:47	00:48:22	01:00:14
64	1	49	Berthold Wolf	TS Lichtenfels		1942	M75	00:11:40	00:23:59	00:36:35	00:49:25	01:02:41
65	6	24	Frank Visarius			1958	M60	00:12:33	00:25:07	00:37:41	00:50:25	01:03:25
66	10	78	Udo Trebes	Vital-Birke		1967	M50	00:11:21	00:24:11	00:37:27	00:51:10	01:04:06