

# Kramp Run 2019

5km - Heldsche Apotheken Lauf - 10.03.2019 - Bamberg



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	Zeit
1		866	Anna Betz	LG Bamberg / LG Bamberg		2005	W	00:09:38	00:19:25
2		874	Sophia Franz	TSV 1860 Staffelstein		1992	W	00:09:39	00:19:45
3		872	Emma Lindner	LG Bamberg / LG Bamberg		2006	W	00:09:44	00:20:12
4		867	Theresa Andersch	LG Bamberg / LG Bamberg		2006	W	00:09:45	00:20:13
5		871	Jule Lindner	LG Bamberg / LG Bamberg		2006	W	00:09:44	00:20:20
6		878	Arina Valaeva	LG Bamberg / LG Bamberg		2000	W	00:10:10	00:21:02
7		809	Beate Schönstein	Team Morgenroth		1973	W	00:10:45	00:22:26
8		746	Antje Urban	DJK Teutonia Gaustadt		1976	W	00:11:29	00:23:36
9		730	Jennifer Hofmann			1980	W	00:11:41	00:24:34
10		757	Annika Hornung			1992	W	00:12:30	00:25:29
11		858	Erika Brauner			1989	W	00:13:08	00:26:31
12		852	Mirjam Zundler	DJK Ellwangen-SG Vrngrund		1987	W	00:13:03	00:26:32
13		724	Alia Sophie Torres	Die Muskebiere		1989	W	00:13:18	00:26:33
14		824	Tamara Dürst	Laufgemeinschaft Fassoldshof		1989	W	00:13:04	00:26:35
15		812	Cindy Friedrich	Grund- und Mittelschule Gaustadt		1979	W	00:12:37	00:26:41
16		813	Carolin Mahr	Grund- und Mittelschule Gaustadt		1985	W	00:12:37	00:26:41
17		709	Bianca Wystrach			1984	W	00:13:03	00:26:51
18		716	Alexandra Stefanovic	#fourlaeufer / #fourlaeufer		1980	W	00:12:43	00:27:06
19		772	Jana Häfner			1995	W	00:14:40	00:27:38
20		778	Lucia Katharina Christl	Die Muskebiere		1988	W	00:13:28	00:28:29
21		718	Kerstin Hübner	MTV Bamberg		1972	W	00:13:57	00:28:44
22		869	Birgit Schmitt	TV Strullendorf		1965	W	00:14:03	00:29:29
23		807	Ulrike Jansen			1984	W	00:14:44	00:30:08
24		821	Sonja Lohmann			1982	W	00:14:37	00:30:26
25		811	Miriam Röckelein	Grund- und Mittelschule Gaustadt		1975	W	00:14:42	00:30:32
26		814	Tanja Förtsch	Grund- und Mittelschule Gaustadt		1982	W	00:14:22	00:30:47
27		815	Nicole Wagner	Grund- und Mittelschule Gaustadt		1978	W	00:14:22	00:30:47
28		828	Carolin Oeler			2000	W	00:15:41	00:30:51
29		789	Elisa Horn	Heldsche Apotheken LaufHelden		1986	W	00:14:43	00:31:07
30		792	Anna Fischer	Heldsche Apotheken LaufHelden		2008	W	00:16:06	00:31:14
31		759	Regina Geier			1977	W	00:15:36	00:31:32
32		822	Petra Warmuth-Heim			1971	W	00:15:38	00:31:42
33		775	Anna Kraus			1994	W	00:16:00	00:31:52
34		748	Julia Popp	Schnullerkettchen.de		1983	W	00:15:38	00:31:56
35		749	Luisa Popp	Schnullerkettchen.de		1991	W	00:15:38	00:31:56
36		708	Karin Beringer			1979	W	00:15:50	00:31:59
37		805	Marita Gümpel-Fiedeldey			1966	W	00:15:38	00:32:05
38		750	Petra Gräf	Kirchlauter läuft		1985	W	00:15:52	00:32:13

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39		734	Kathrin Gradl			1984	W	00:15:19	00:32:17
40		880	Sonja Gößwein	Kramp bewegt		1987	W	00:16:33	00:32:31
41		712	Nadine Streit			1979	W	00:15:30	00:32:40
42		720	Ulrike Benkert			1979	W	00:16:01	00:32:41
43		777	Monika Blankenburg			1978	W	00:15:30	00:32:47
44		884	Nicole Schaller			1995	W	00:15:59	00:33:13
45		842	Silke Bauer			1977	W	00:16:02	00:33:33
46		854	Sarah Schramm	Decathlon Bamberg		2002	W	00:14:34	00:33:36
47		851	Kisha Gumbal	Lebenshilfe Bamberg / Bertold-Scharfenberg-Schule		2002	W	00:15:32	00:33:38
48		796	Susanne Schobert	Greiff Bamberg		1967	W	00:16:09	00:33:40
49		719	Tanja Roth	Hainbergsschnecken		1979	W	00:16:06	00:33:42
50		888	Katrin Kuhn			1974	W	00:15:50	00:33:45
51		761	Angelika Gruber			1969	W	00:15:41	00:33:55
52		855	Daniela Blaszyk			1978	W	00:16:29	00:34:02
53		891	Conny Rothenbach			1969	W	00:16:14	00:34:02
54		848	Marina Krapp	Lebenshilfe Bamberg / Bertold-Scharfenberg-Schule		2001	W	00:16:22	00:34:12
55		765	Tina Baumann			2001	W	00:16:27	00:34:15
56		760	Lisa Baumann			1998	W	00:16:28	00:34:24
57		763	Irmgard Laaser	DJK SC Vorra		1951	W	00:17:13	00:34:37
58		768	Martina Marr	DJK SC Vorra		1967	W	00:17:13	00:34:48
59		849	Julia Weber	Lebenshilfe Bamberg / Bertold-Scharfenberg-Schule		2002	W	00:16:22	00:35:45
60		875	Julia Dotterweich	DJK SC Vorra		1989	W	00:17:21	00:36:12
61		735	Pia Heiß			1994	W	00:17:39	00:36:20
62		794	Julia Lenz	Team Wieland Electric		1992	W	00:16:37	00:36:35
63		791	Tatjana Fischer	Heldsche Apotheken LaufHelden		1978	W	00:17:39	00:36:37
64		711	Isabel Reichel			1978	W	00:17:36	00:37:05
65		723	Ronja Gelbhardt			1997	W	00:17:43	00:37:26
66		703	Andrea Polzer	Gaustadt Mums go		1979	W	00:18:01	00:37:46
67		701	Annett Obstoy			1969	W	00:18:27	00:39:24
68		800	Selina Köppel			2000	W	00:17:35	00:44:16
69		832	Jasmin Bohun	FCC Team Seukendorf / FCC Team Seukendorf		1989	W	00:20:33	00:45:48
1		853	Sebastian Zundler	DJK Ellwangen-SG Virngrund		1988	M	00:08:26	00:17:53
2		868	Simon Ochmann	LG Bamberg / LG Bamberg		2002	M	00:09:06	00:18:57
3		877	Tim Frank	LG Bamberg / LG Bamberg		2002	M	00:09:16	00:19:12
4		837	Stefan Gemeiner	TSV 1860 Staffelstein		1981	M	00:10:00	00:19:24
5		887	Alexander Zink	LAZ Kreis Würzburg/TSV Güntersleben		1996	M	00:09:53	00:19:57
6		755	Marco Hutter	LT Starzach		1993	M	00:09:49	00:20:04
7		783	Lars Kaiser	SG Gaustadt		2003	M	00:09:46	00:20:11

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8		780	Christian Koch	DJK Adler Brakel		1993	M	00:09:43	00:20:37
9		779	Christian Knof	Marathongruppe*1984*Forcheim		1966	M	00:10:11	00:20:47
10		803	Alexander Hitzler	SSV Forchheim		1979	M	00:10:34	00:21:48
11		717	Marco Steppan	#fourlaeufer		1980	M	00:10:45	00:21:54
12		860	Sandro Pop	HUK-COBURG Run and Bike-Team		1980	M	00:10:35	00:22:37
13		752	Dominik Herrmann	SpVgg Lauter		2000	M	00:10:10	00:22:49
14		787	Christoph Neubauer			1971	M	00:11:24	00:23:12
15		737	Andreas Rebhan	Runterra		1981	M	00:11:37	00:23:58
16		751	Lukas Horn			2001	M	00:11:22	00:24:14
17		767	Dominic Dallas			1999	M	00:10:58	00:24:20
18		714	Daniel Neumeier	Gryffindors		1985	M	00:11:50	00:24:29
19		806	Uwe Bobreck	MOLL GmbH / MOLL Batterien		1964	M	00:11:51	00:24:35
20		782	Jens Gundermann	RunningBros Coburg		1976	M	00:11:29	00:24:36
21		892	Torsten Horn			1986	M	00:13:02	00:24:46
22		774	Jan Hofstätter			2003	M	00:11:42	00:25:03
23		705	Enrico Luft	Triathlon Jena / Triathlon Jena		1975	M	00:12:09	00:25:22
24		819	Volker Martin	Physiotherapie Martin & Martin		1973	M	00:12:14	00:25:23
25		721	Patrick Jäntschi			1987	M	00:12:13	00:25:53
26		786	Paul Neubauer			2005	M	00:11:42	00:25:56
27		744	Jozsef Toth			2004	M	00:11:51	00:26:14
28		827	Juliano Stumpf	Laufgemeinschaft Fassoldshof		2004	M	00:11:03	00:26:26
29		758	Robert Hofmann	DJK Teutonia Gaustadt / AH Mannschaft		1966	M	00:12:52	00:26:31
30		710	Florian Weidhaas	Die Muskebiere		1990	M	00:13:17	00:26:33
31		771	Fabian Ludwig			1993	M	00:13:35	00:26:35
32		766	Michael Baumann			1971	M	00:13:14	00:26:43
33		820	Georg Stähr			1961	M	00:12:42	00:26:57
34		732	Michael Müller			1983	M	00:13:08	00:27:00
35		725	Sven Moritz Fischer	Die Muskebiere		1988	M	00:13:28	00:27:23
36		707	Heinz Herold	Movefit Bamberg / Movefit Bamberg		1971	M	00:13:52	00:28:09
37		843	Heinrich Bauer			1960	M	00:13:40	00:28:14
38		831	Wendelin Fischer			1980	M	00:13:26	00:28:30
39		729	Mario Pederzoli	Löschgruppe 5 Gaustadt		1966	M	00:14:00	00:28:59
40		846	Oliver Franz	Lebenshilfe Bamberg / Bertold-Scharfenberg-Schule		2001	M	00:12:36	00:29:02
41		808	Pascal Bauch	Laufgemeinschaft Fassoldshof		2001	M	00:13:25	00:29:11
42		861	Benedict Gonnert	Zabelstein Runners		2005	M	00:13:25	00:29:30
43		870	Benjamin Klix	TTL Bamberg / U12-2		2008	M	00:14:08	00:29:32
44		733	Jürgen Wolf	Bosch		1966	M	00:13:46	00:29:42
45		826	Kornblum Daniel	Laufgemeinschaft Fassoldshof		2003	M	00:13:25	00:30:00

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46		881	Martin Hofmann			1964	M	00:15:07	00:30:01
47		834	Ben Fischer	Heldsche Apotheken LaufHelden		2008	M	00:16:04	00:30:12
48		885	Tobias Linhardt	Freaky Friday Runners Bamberg		1980	M	00:14:23	00:30:43
49		776	Wolfgang Blankenburg			1977	M	00:15:08	00:31:05
50		790	Eugen Fischer	Heldsche Apotheken LaufHelden		1977	M	00:16:07	00:31:15
51		731	Ingo Jacobsen			1952	M	00:15:12	00:31:19
52		829	Daniel Witzel			1976	M	00:14:33	00:31:26
53		859	Thomas Kaminski			1987	M	00:14:14	00:31:34
54		740	Manuel Ziedloo	Kramp bewegt		1991	M	00:15:01	00:31:41
55		742	Rene Knoblach	Kramp bewegt		1993	M	00:15:01	00:31:41
56		818	Dirk Rohde			1973	M	00:15:34	00:31:45
57		862	Stoppa Rainer	LG Veitenstein		1972	M	00:15:50	00:31:59
58		863	Wolfgang Weißberger	LG Veitenstein		1968	M	00:15:48	00:31:59
59		850	Dustin Barth	Lebenshilfe Bamberg / Bertold-Scharfenberg-Schule		2002	M	00:14:49	00:32:09
60		754	Elisabeth Stock			1995	M	00:15:21	00:32:17
61		879	Siegfried Gößwein	Kramp bewegt		1967	M	00:16:32	00:32:31
62		770	Riccardo Celani	DJK Teutonia Gaustadt		1974	M	00:16:01	00:32:40
63		876	Peter Nüßlein			1958	M	00:15:41	00:33:10
64		883	Jan Schaller			1995	M	00:15:59	00:33:13
65		823	Sascha Pfoertsch			1975	M	00:16:11	00:33:20
66		838	Antonio Josipovic	DJK Teutonia Gaustadt		2000	M	00:14:35	00:33:37
67		762	Thomas Gruber	SV TRICITY Darmstadt		1961	M	00:15:41	00:33:56
68		856	Sebastian Blaszyk			2003	M	00:16:30	00:34:01
69		785	Christian Stubenrauch			1985	M	00:15:39	00:34:11
70		833	Peter Schoefisch	FCC Team Seukendorf / FCC Team Seukendorf		1983	M	00:15:37	00:34:12
71		738	Dennis Slepnev	Kramp bewegt		1999	M	00:15:59	00:34:15
72		798	Christian Elling	Kieser Training Bamberg		1980	M	00:22:21	00:34:19
73		722	Markus Roth			1976	M	00:15:29	00:34:24
74		873	Tilo Herderich			1987	M	00:17:21	00:36:13
75		726	Markus Loch			1971	M	00:17:39	00:36:20
76		795	Lines Strehlow	Team Wieland Electric		1996	M	00:26:56	00:36:39
77		727	Christian Teufel			1973	M	00:17:35	00:37:05
78		844	Christian Kanis	FCC Team Seukendorf / FCC Team Seukendorf		1982	M	00:16:55	00:39:04
79		886	Jörg Bohun	FCC Team Seukendorf		1981	M	00:19:20	00:42:16