

# Winterlaufserie Nürnberg

10km - Lauf - 24.01.2015 - Nürnberg



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	5km	Zeit
1	1	1012	Silke Bittel	LAC Quelle Fürth		1975	W35	00:20:29	00:41:00
2	1	1004	Clara Maria Bader	Post SV Nürnberg		1993	WU30	00:22:05	00:44:41
3	1	1084	Johanna König	TSG Ellingen		1982	W30	00:22:23	00:45:06
4	2	1146	Catharina Schmalfuß	Team Klinikum Nürnberg		1989	WU30	00:22:39	00:45:33
5	1	1048	Claudia Frohnhöfer	La Carrera TriTeam Rothsee		1973	W40	00:23:05	00:45:33
6	3	1158	Romina Siebentritt	VFL Nürnberg		1989	WU30	00:23:15	00:45:57
7	2	1007	Christine Beck	Laufen gegen Leiden		1980	W30	00:22:43	00:46:18
8	1	1125	Petra Pummer	LA Carrera TriTeam Rothsee		1959	W55	00:23:15	00:46:45
9	1	1164	Martina Wershofen			1968	W45	00:23:26	00:47:18
10	4	1011	Carolin Bertelmann			1987	WU30	00:23:55	00:47:46
11	2	1173	Sabine Vidaure			1969	W45	00:24:10	00:48:01
12	1	1027	Christa Ditterich			1964	W50	00:24:15	00:48:35
13	5	1005	Lisa Bayer			1990	WU30	00:24:25	00:48:41
14	6	1109	Katharina Meister			1994	WU30	00:24:58	00:49:09
15	2	1104	Karin Markert	Team Klinikum Nürnberg		1974	W40	00:24:40	00:49:15
16	7	1196	Frauke Pallacks			1988	WU30	00:24:12	00:49:29
17	3	1071	Karin Käferlein			1971	W40	00:24:42	00:49:34
18	3	1194	Gabriele Zips			1980	W30	00:25:09	00:50:51
19	8	1097	Stefanie Lenk			1990	WU30	00:25:56	00:51:29
20	2	1077	Hildegard Kaufmann-Bader	Post SV Nürnberg		1958	W55	00:25:24	00:51:31
21	9	1020	Marianne Brandt			1988	WU30	00:26:25	00:51:51
22	4	1185	Tina Wilfing			1982	W30	00:26:23	00:52:36
23	2	1138	Jessica Rupprecht			1976	W35	00:26:19	00:52:37
24	3	1151	Anita Schmidpeter	LG Heideck		1976	W35	00:27:32	00:54:14
25	10	1087	Sandra Krämer			1992	WU30	00:27:42	00:54:35
26		1067	Monika Holler	Muddy Fox Running Rocks e.V			W	00:27:44	00:55:17
27	11	1068	Daniela Holup			1988	WU30	00:27:24	00:55:55
28	4	1105	Marion Martin	Laufteam Fürth		1977	W35	00:27:37	00:56:08
29	5	1136	Silvia Roose	Radl Express Feucht		1979	W35	00:28:43	00:57:14
30	3	1174	Monika Völkel			1966	W45	00:28:54	00:58:09
31	12	1014	Christina Block	Post SV Nürnberg		1985	WU30	00:28:48	00:58:44
32		1091	Brigitta Kugler				W	00:31:02	01:00:06
33		1031	Svende Döring				W	00:31:00	01:01:13
34	13	1108	Sandra Meidenbauer			1985	WU30	00:30:18	01:01:40
35	14	1059	Henrike Heiser			1993	WU30	00:30:20	01:01:56
36	3	1093	Christine Langer			1959	W55	00:31:08	01:03:06
37		1028	Christine Dörfler	Team Klinikum Nürnberg			W	00:32:04	01:04:07
38	6	1186	Barbara Wilkesmann			1979	W35	00:34:06	01:09:33

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1	1	1124	Martin Pühler	Team Arndt		1982	M30	00:16:23	00:32:35
2	1	1135	Roland Rigotti	TSG 08 Roth		1976	M35	00:17:13	00:34:15
3	2	1176	Marc Wagner	Team Nico und John		1975	M35	00:17:13	00:35:02
4	1	1209	Felix Lermer	Team Klinikum Nürnberg		1990	MU30	00:17:49	00:35:49
5	2	1092	Micha Ladek	LAC Quelle Fürth		1986	MU30	00:17:55	00:35:51
6	1	1171	Marius Tymek	M.o.n		1969	M45	00:17:54	00:36:11
7	3	1208	David Ladek	LAC Quelle Fürth		1985	MU30	00:17:50	00:36:19
8	3	1165	Simon Sudler			1978	M35	00:18:07	00:36:53
9	4	1203	Roman Bösinger			1977	M35	00:18:44	00:38:14
10	1	1057	Johann Haas			1957	M55	00:19:07	00:38:26
11	2	1163	Ralph Stiegler	SC-Artelshofen		1980	M30	00:19:11	00:38:50
12	5	1169	Uwe Trendelenburg	TSV Scheßlitz		1979	M35	00:19:45	00:39:01
13	1	1198	Ingo Schneider			1973	M40	00:19:36	00:39:08
14	2	1130	Florian Rank			1974	M40	00:19:13	00:39:17
15	3	1115	Joachim Olszewski	TSV ALtenberg		1974	M40	00:19:21	00:39:35
16	4	1102	Roman Mally	MFG		1971	M40	00:20:07	00:40:14
17	4	1055	Magnus Göldner			1985	MU30	00:21:28	00:41:04
18	5	1072	Christian Karasek	Post SV Nürnberg		1972	M40	00:20:38	00:41:30
19	3	1090	Sebastian Kreser			1980	M30	00:20:45	00:41:34
20	6	1034	Sascha Dowidat			1976	M35	00:19:59	00:41:41
21	2	1119	Christian Pflieger	IFL Fichtelgebirge		1966	M45	00:20:33	00:41:58
22		1128	Tobias Pytlík				M	00:20:57	00:42:15
23	1	1161	John Stackmann	LG Erlangen		1953	M60	00:21:04	00:42:18
24	5	1172	Tino Vetter			1985	MU30	00:21:18	00:42:41
25	4	1117	David Parys			1984	M30	00:21:37	00:43:09
26	6	1199	Sven Schuster			1973	M40	00:21:50	00:43:12
27	3	1127	Thomas Puschner			1965	M45	00:21:36	00:43:16
28	2	1003	Heinz-Werner Bader	Post SV Nürnberg		1959	M55	00:21:38	00:43:28
29	7	1192	Frank Wolf	Post SV Nürnberg		1978	M35	00:21:28	00:43:33
30	4	1015	Christian Böhm	SKlclub Lauf		1967	M45	00:21:52	00:43:45
31	5	1111	Matthias Mühlhäuser	ASV Niederndorf		1967	M45	00:21:26	00:43:52
32	6	1030	Martin Döring			1988	MU30	00:22:51	00:44:01
33	8	1066	Dominik Hofmann			1978	M35	00:21:54	00:44:03
34	7	1202	Baldur Heil	TSV Muskeltier		1970	M40	00:21:59	00:44:06
35	7	1170	Max Tykvart	Gründlach Runner		1987	MU30	00:22:23	00:44:26
36	1	1182	Michael Wershofen	ASV Niederndorf		1964	M50	00:21:26	00:44:37
37	6	1155	Ralf Schuhmann	La Carrera triteam Rothsee		1966	M45	00:22:40	00:44:48
38	8	1195	Christoph Haas	Powerbärs Rednitzzembach		1988	MU30	00:21:04	00:44:50

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39	8	1139	Helmut Rupprecht	Team Klinikum Nürnberg		1970	M40	00:22:26	00:45:01
40	2	1040	Josef Drach	Team Klinikum Nürnberg		1950	M60	00:22:23	00:45:13
41	9	1083	Florian Koemm			1978	M35	00:23:16	00:46:10
42	7	1134	Klaus Riedel			1966	M45	00:22:07	00:46:11
43	3	1022	Alexander Bübel	Team Klinikum Nürnberg		1958	M55	00:22:58	00:46:26
44	9	1204	Ingo Begemeier			1971	M40	00:23:33	00:46:33
45	9	1131	Tobias Rauh			1986	MU30	00:23:48	00:46:40
46	10	1079	Stefan Kern	ESV Nürnberg		1970	M40	00:23:15	00:47:02
47	5	1070	Sebastian Janeck			1982	M30	00:22:13	00:47:03
48	10	1088	Marcel Krebs	Team Klinikum Nürnberg		1989	MU30	00:23:48	00:47:23
49	2	1106	Reinhard Mäusbacher			1963	M50	00:23:37	00:47:27
50	10	1025	Uwe Dehinz			1978	M35	00:23:34	00:47:33
51		1113	Martin Nedbal				M	00:24:01	00:47:38
52	6	1085	Roland Korschelt	LizarD Running		1981	M30	00:25:01	00:47:44
53	11	1023	Jörg Burkhart			1991	MU30	00:23:33	00:47:45
54	3	1157	Hans Seglitz			1964	M50	00:24:43	00:47:49
55	8	1074	Lothar Kastel			1967	M45	00:24:23	00:47:53
56	9	1152	Markus Schmitz			1965	M45	00:24:10	00:47:57
57	4	1049	Thomas Gawehns			1959	M55	00:23:20	00:47:59
58	10	1058	Heinz Haubrich			1965	M45	00:24:01	00:48:00
59	4	1033	Günter Dötzer			1961	M50	00:24:09	00:48:02
60	11	1047	Dirk Franke			1977	M35	00:24:42	00:48:02
61	11	1060	Jens Hellfeier			1970	M40	00:24:55	00:48:04
62	11	1046	Andreas Fielitz	ERGO Direktversicherungen		1966	M45	00:23:56	00:48:12
63	5	1178	Joachim Wenzel	Team Klinikum Nürnberg		1958	M55	00:24:32	00:48:25
64	12	1118	Franz Leo Pepe			1975	M35	00:24:46	00:48:44
65	13	1153	Marcus Schneider			1976	M35	00:24:26	00:48:50
66	7	1013	Bastian Blank			1980	M30	00:24:41	00:48:55
67	5	1200	Andreas Meister	TSV Langenzenn		1962	M50	00:24:58	00:49:10
68	12	1043	Jan Dudziak			1969	M45	00:24:43	00:49:34
69	1	1126	Reinhold Pummer	La Carrera TriTeam Rothsee		1948	M65	00:24:20	00:49:53
70	13	1142	Christian Schaufier			1968	M45	00:25:06	00:51:01
71	14	1061	Mathias Helms			1977	M35	00:25:55	00:51:11
72	14	1183	Martin Werthner			1968	M45	00:24:56	00:51:12
73	8	1078	Roman Keller	Nero Bean Runners		1982	M30	00:25:58	00:51:17
74	9	1069	Herbert Hünlein			1984	M30	00:25:58	00:51:17
75		1114	Stefan Oesterlein				M	00:25:46	00:51:29
76	12	1095	Patrick Lehmann	Muddy Fox Running Rocks e.V.		1987	MU30	00:25:43	00:51:43

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77	12	1193	Sven Zettelmeier			1972	M40	00:25:55	00:51:45
78	13	1187	Ralph Winzinger			1973	M40	00:26:25	00:51:51
79	15	1050	Bertem Geck			1965	M45	00:25:30	00:51:52
80	10	1168	Markus Teller			1982	M30	00:26:24	00:52:35
81	16	1197	Steffen Strohbach			1968	M45	00:26:28	00:53:10
82	17	1036	Richard Mahlberg			1966	M45	00:27:10	00:54:16
83	13	1156	Daniel Schulz	Untrainierbar e.V.		1987	MU30	00:27:33	00:55:15
84	11	1075	Michael Kattoil	Untrainierbar e.V.		1980	M30	00:27:33	00:55:15
85	6	1181	Helmut Werner			1957	M55	00:27:11	00:55:16
86	14	1096	Markus Leng	Muddy Fox Running Rocks e.V		1973	M40	00:27:44	00:55:17
87	15	1160	Matthias Spruck	Laufteam SV Raika Kolsas-Weer		1979	M35	00:27:25	00:55:56
88	3	1159	Fritz Soldner			1954	M60	00:28:17	00:56:21
89	15	1205	Robert Meyer	V.Z.U.B.		1973	M40	00:28:44	00:57:56
90		1042	Alexander Drechsler				M	00:28:42	00:58:08
91	14	1140	Jens Saalmüller			1986	MU30	00:28:48	00:58:46
92	6	1006	Johann Königshofer			1962	M50	00:30:25	00:59:28
93		1123	Michael Puchta				M	00:30:19	01:00:11
94	18	1103	Rolf Malter			1965	M45	00:31:05	01:01:35
95	16	1002	Antonino Artista			1971	M40	00:30:18	01:01:41
96	12	1150	Christian Schmidt			1981	M30	00:29:59	01:01:47
97	17	1018	Günther Brand			1970	M40	00:33:38	01:08:08