

Gemeinde-Lauf Postbauer-Heng 2013

10,4 km - Hauptlauf - 01.05.2013



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	5km	Brutto	Netto
1	1	364	Marianne Odörfer	Wasserwacht Weißenbrunn		1969	W40	00:20:51	00:42:27	00:42:26
2	1	430	Vanessa Meyer			1986	WU30	00:21:29	00:42:47	00:42:45
3	2	404	Birgit Schulz	Funrunners-Neumarkt		1969	W40	00:21:27	00:43:20	00:43:13
4	1	426	Ilona Rupp			1978	W35	00:24:14	00:48:18	00:47:59
5	1	405	Marianne Hummel	funrunners-neumarkt		1964	W45	00:23:52	00:48:33	00:48:29
6	3	386	Bettina Foitzik	SV Postbauer		1973	W40	00:24:57	00:50:25	00:50:18
7	4	333	Karin Ramsauer	Team Laufwunder		1970	W40	00:25:42	00:51:24	00:51:11
8	5	371	Elke Röhl	TWin Neumarkt		1971	W40	00:25:44	00:51:24	00:51:13
9	6	427	Heike Fischer			1972	W40	00:25:39	00:51:55	00:51:37
10	2	428	Petra Bierschneider	ASV Neumarkt		1974	W35	00:25:39	00:51:55	00:51:38
11	7	419	Heike Zander	Wolff Sports		1972	W40	00:26:24	00:52:38	00:52:32
12	2	402	Elisabeth Hollweck	ASV Neumarkt		1966	W45	00:26:48	00:53:24	00:53:15
13	3	417	Andreas Dauflinger	Wolff Sports		1966	W45	00:26:43	00:53:32	00:53:25
14	8	418	Lunel van der Merwe	Wolff Sports		1971	W40	00:26:44	00:53:32	00:53:26
15	3	420	Manuela Allaci	Wolff Sports		1974	W35	00:26:40	00:53:45	00:53:40
16	1	312	Anke Pfeifer	Goldhutläufer		1981	W30	00:26:11	00:54:17	00:54:11
17	4	393	Gabriele Scherer	Luxor		1965	W45	00:26:41	00:54:21	00:54:16
18	5	395	Monika Braun	Luxor		1967	W45	00:26:41	00:54:21	00:54:16
19	1	343	Irmgard Haderer	SV Postbauer		1959	W50	00:26:35	00:55:13	00:55:02
20	9	318	Barbara Kubiak	Goldhutläufer		1972	W40	00:27:40	00:55:54	00:55:46
21	2	317	Tamara-Lilian Pongratz	SV Postbauer		1993	WU30	00:28:18	00:55:56	00:55:47
22	3	322	Ines Lirzer			1990	WU30	00:26:44	00:56:01	00:55:56
23	2	313	Susanne Schmidt	Goldhutläufer		1982	W30	00:27:16	00:56:11	00:56:05
24	4	354	Kerstin Dotzer	Schnell kann jeder!		1988	WU30	00:28:21	00:57:39	00:57:34
25	10	327	Sylvana Kuhlemann	Rebhuhnrunners		1973	W40	00:29:01	00:58:19	00:58:06
26	11	361	Gaby Feldberger	TSV PAVELSBACH		1972	W40	00:29:07	00:58:40	00:58:22
27	4	362	Christine Fries	TSV Pavelsbach		1975	W35	00:29:07	00:58:41	00:58:23
28	2	345	Margit Sommer	Laufwunder		1962	W50	00:29:37	01:00:04	00:59:53
29	3	347	Karin Ludwig-Allen	FC-Ezelsdorf		1960	W50	00:29:39	01:00:04	00:59:53
30	1	326	Sigrid Fischer	SV Postbauer		1955	W55	00:29:43	01:01:26	01:01:22
31	3	321	Silke Nießlbeck	Goldhutläufer		1980	W30	00:29:50	01:01:34	01:01:27
32	12	329	Sandra Lee			1970	W40	00:30:54	01:02:17	01:02:11
33	6	316	Sabine Pongratz			1964	W45	00:30:19	01:02:33	01:02:22
34	13	392	Simone Schinkel	Luxor		1973	W40	00:30:36	01:02:42	01:02:30
35	7	336	Birgit Barth-Link	Team Laufwunder		1968	W45	00:31:40	01:03:01	01:02:47
36	5	338	Anja Knipfer	Team Laufwunder		1974	W35	00:31:06	01:03:01	01:02:47
37	6	339	Angelika Motica	Team Laufwunder		1974	W35	00:31:40	01:03:01	01:02:47
38	14	350	Doris Meyer	Team Laufwunder		1970	W40	00:31:37	01:03:10	01:02:54

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39	2	335	Christine Lainer	Team Laufwunder		1957	W55	00:31:05	01:05:59	01:05:44
40	4	400	Elke Meier	Team Laufwunder		1963	W50	00:31:40	01:05:59	01:05:44
41	5	373	Barbara Frank	just for family		1988	WU30	00:33:30	01:06:24	01:06:11
42	15	374	Marga Lolis	just for family		1973	W40	00:33:33	01:06:24	01:06:12
1	1	425	Michael Lang	Team BOCK		1981	M30	00:16:58	00:34:21	00:34:21
2	1	352	Stefan Böllet	TSV PAVELSBACH		1984	MU30	00:18:40	00:38:20	00:38:16
3	2	366	Thomas Schmidt	TWIn Neumarkt		1987	MU30	00:19:25	00:39:07	00:39:05
4	3	381	Dominik Grünwald			1984	MU30	00:19:53	00:39:43	00:39:41
5	1	433	Helmut Schmidt	Speed Runners Neumarkt		1967	M45	00:20:04	00:40:42	00:40:40
6	2	422	Ralf Unterberg	Wolff Sports		1966	M45	00:20:20	00:41:26	00:41:24
7	1	421	Markus Schmidt	Wolff Sports		1977	M35	00:20:36	00:41:53	00:41:53
8	4	301	Johannes Spiegel	Lauftreff Altdorf		1984	MU30	00:21:03	00:42:56	00:42:52
9	1	372	Volker Grötzner	Team Kampfei		1969	M40	00:21:14	00:43:09	00:43:07
10	2	424	Matthias Wörner			1977	M35	00:21:54	00:44:26	00:44:22
11	1	305	Bernhard Honigmann	DATEV Marathonteam		1956	M55	00:21:57	00:44:55	00:44:52
12	3	431	Michael Plendl	TWIn Neumarkt		1978	M35	00:22:26	00:44:58	00:44:55
13	1	378	Franz Xaver Beer	Schachklub Neumarkt		1961	M50	00:23:10	00:45:29	00:45:24
14	4	355	Max Raab			1977	M35	00:23:51	00:45:31	00:45:26
15	5	429	Andrew Fairbairn			1985	MU30	00:22:38	00:45:32	00:45:27
16	5	363	Michael Gerner	Henger SV		1977	M35	00:22:26	00:45:38	00:45:35
17	2	414	Andreas Neu			1980	M30	00:22:26	00:45:38	00:45:35
18	2	376	Jürgen Bachmann	Dennert Poraver		1971	M40	00:22:33	00:46:08	00:45:59
19	3	323	Jürgen Bock			1967	M45	00:22:49	00:46:08	00:46:03
20	2	370	Michael Sturm	Feuerwehr Heng		1962	M50	00:22:51	00:46:44	00:46:41
21	4	412	Helmut Sonntag	SV Seligenporten		1967	M45	00:23:11	00:46:48	00:46:41
22	5	413	Josef Klein	Funrunners-Neumarkt		1964	M45	00:23:11	00:47:08	00:47:04
23	3	403	Michael Rubin	Team BOCK		1963	M50	00:23:25	00:47:10	00:47:08
24	6	308	KUNO Klötzer	SV Postbauer		1967	M45	00:23:17	00:47:24	00:47:24
25	1	351	Christian Herrmann			1998	MJU16	00:22:04	00:47:33	00:47:33
26	3	367	Bernd Ziwitza			1971	M40	00:24:16	00:47:55	00:47:50
27	6	358	Werner Kipfstuhl	LG Großalfalterbach		1977	M35	00:23:59	00:48:05	00:47:59
28	7	360	Klaus Zimmermann			1967	M45	00:23:59	00:48:05	00:47:59
29	2	324	Jan Ludwig	JFG Postbauer-Heng		1998	MJU16	00:23:26	00:48:10	00:48:10
30	7	410	Lehmeier Andreas	Lemmers		1978	M35	00:23:43	00:48:27	00:48:18
31	3	411	Karl Alexander	Lemmers		1980	M30	00:23:43	00:48:27	00:48:18
32	8	306	Christian Graf			1978	M35	00:24:35	00:48:38	00:48:24
33	1	302	Wolfgang Schumacher	TWIn Neumarkt		1949	M60	00:24:07	00:48:34	00:48:31
34	9	394	Kai Tauscher	Luxor		1974	M35	00:24:31	00:49:06	00:48:47

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35	4	385	Rainer Foitzik	Lokomotive Köstlbach		1961	M50	00:24:42	00:48:58	00:48:51
36	10	307	Michael Bartsch			1974	M35	00:24:28	00:49:13	00:48:56
37	8	415	Josef Nagelstrasser			1965	M45	00:24:34	00:49:15	00:49:06
38	11	356	Andreas Spiegel	Lauftreff Altdorf		1978	M35	00:24:28	00:49:20	00:49:15
39	5	330	Siegfried Hirschmann	SV Postbauer		1962	M50	00:23:59	00:49:27	00:49:24
40	12	311	Karsten Pfeifer	Goldhutläufer		1976	M35	00:23:49	00:49:37	00:49:31
41	9	387	Eckhard Ludwig			1964	M45	00:24:14	00:49:42	00:49:38
42	10	377	Armin Egersdörfer	Dennert Poraver		1968	M45	00:24:49	00:49:49	00:49:41
43	2	344	Hans Haderer	SV Postbauer		1955	M55	00:25:22	00:49:55	00:49:44
44	13	409	Unterburger Peter	Lemmers		1975	M35	00:23:55	00:49:56	00:49:47
45	4	303	Bernhard Pürzer	Henger SV		1972	M40	00:25:40	00:50:11	00:49:54
46	14	399	David Egerland	Luxor		1974	M35	00:24:51	00:50:31	00:50:25
47	6	341	Franz Meyer	Team Laufwunder		1960	M50	00:25:07	00:50:51	00:50:39
48	4	340	Norbert Meyer	Team Laufwunder		1981	M30	00:25:39	00:51:00	00:50:45
49	2	416	Heinz Koch	TSV Burgthann		1953	M60	00:25:31	00:50:58	00:50:51
50	5	382	Stefan Link	FF Postbauer		1982	M30	00:25:50	00:51:26	00:51:16
51	6	384	Andreas Walter	FF Postbauer		1985	MU30	00:25:50	00:51:26	00:51:16
52	15	310	Jens Graul			1974	M35	00:25:57	00:51:44	00:51:36
53	11	383	Stefan Pfeiffer	FF Postbauer		1965	M45	00:25:50	00:51:53	00:51:43
54	16	357	Christian Weidinger	LG Großalfalterbach		1977	M35	00:25:11	00:51:52	00:51:46
55	17	334	Andreas Meyer	Team Laufwunder		1974	M35	00:26:10	00:52:35	00:52:16
56	3	379	Richard Mederer			1958	M55	00:26:19	00:52:38	00:52:25
57	3	325	Otto Fischer	SV Postbauer		1951	M60	00:26:08	00:53:38	00:53:36
58	5	391	Uli Leipold	Luxor		1973	M40	00:27:02	00:53:59	00:53:42
59	7	432	Uwe Link			1962	M50	00:26:13	00:53:51	00:53:47
60	6	390	David Buch	Luxor		1971	M40	00:26:59	00:54:12	00:54:02
61	7	434	Michael Kreißl	TV Pappenheim		1985	MU30	00:27:43	00:54:22	00:54:06
62	4	348	Steven Allen	FC-Ezelsdorf		1954	M55	00:26:32	00:54:21	00:54:10
63	7	423	Stefan H'Lawatschek	DJK Schwabach		1971	M40	00:26:59	00:54:34	00:54:28
64	4	304	Wolfgang Krott-Roiger	DATEV Marathon Team		1949	M60	00:26:46	00:55:52	00:55:49
65	12	365	Wolfgang Abraham	FSV Oberferrieden		1966	M45	00:28:11	00:57:44	00:57:29
66	18	346	Dominik Jaspers	FFW Seligenporten		1977	M35	00:28:18	00:57:39	00:57:30
67	8	389	Sven Sedlbauer	just for family		1987	MU30	00:29:32	00:58:06	00:57:54
68	13	375	Thilo Heerdegen	just for family		1965	M45	00:29:31	00:58:07	00:57:54
69	14	380	Jürgen Zunner			1965	M45	00:28:17	00:58:11	00:58:01
70	8	328	Jörg Kuhleemann	Rebhuhnrunners		1973	M40	00:28:44	00:58:39	00:58:26
71	9	320	Edwin Stöfel	Goldhutläufer		1970	M40	00:28:49	00:58:38	00:58:30
72	15	408	Schilling Arnd	Lemmers		1964	M45	00:28:44	00:59:32	00:59:22

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73	1	342	Thomas Strunz	Team Laufwunder		1996	MJU18	00:27:16	00:59:45	00:59:30
74	19	401	Michael Lehmann			1974	M35	00:31:14	01:00:21	01:00:02
75	16	319	Robert Amtmann	Goldhutläufer		1965	M45	00:29:50	01:01:33	01:01:26
76	10	332	Roland Ramsauer	Team Laufwunder		1970	M40	00:31:19	01:03:10	01:02:55
77	11	388	Tobias Lange			1973	M40	00:33:33	01:05:11	01:04:50
78	5	314	Erwin Hartel	Feldvorsichhtreiber		1957	M55	00:33:43	01:05:51	01:05:31
79	12	349	aldo kamper			1970	M40	00:33:33	01:07:04	01:06:43